

1 - 1ª jornada, 1ª sesión

15/12/2023

Prueba 1  
15/12/2023

400m Libre

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+, Masc.

1. CABRERA WINTER, Álvaro	01	Metropole	<b>4:31.96</b>	19,00
50m: 30.37 30.37 200m: 2:12.84 1:08.77 300m: 3:23.31 35.19				
100m: 1:04.07 33.70 250m: 2:48.12 35.28 400m: 4:31.96 1:08.65				
2. MENESES MEDERO, Alejandro	99	A.D. S.C.	<b>5:03.30</b>	16,00
50m: 33.10 33.10 150m: 1:46.46 37.64 250m: 3:04.46 38.87 350m: 4:23.67 39.80				
100m: 1:08.82 35.72 200m: 2:25.59 39.13 300m: 3:43.87 39.41 400m: 5:03.30 39.63				
3. ROSALES DIAZ, Nestor	01	Solventia	<b>5:23.14</b>	14,00
50m: 36.54 36.54 150m: 1:56.21 40.18 250m: 3:19.21 41.87 350m: 4:42.25 41.63				
100m: 1:16.03 39.49 200m: 2:37.34 41.13 300m: 4:00.62 41.41 400m: 5:23.14 40.89				

25+, Masc.

1. SUAREZ GARCIA, Adrian	96	LasPalmas	<b>4:56.69</b>	19,00
50m: 34.32 34.32 150m: 1:48.16 37.16 250m: 3:04.02 38.74 350m: 4:19.88 38.11				
100m: 1:11.00 36.68 200m: 2:25.28 37.12 300m: 3:41.77 37.75 400m: 4:56.69 36.81				

30+, Masc.

1. CASTRO TARAJANO, Pedro Juan	93	Faynagua	<b>4:39.81</b>	19,00
50m: 31.25 31.25 150m: 1:38.82 34.24 250m: 2:50.57 36.20 350m: 4:04.11 36.67				
100m: 1:04.58 33.33 200m: 2:14.37 35.55 300m: 3:27.44 36.87 400m: 4:39.81 35.70				
2. GONZALEZ GARCIA, Alvaro	93	Metropole	<b>4:50.03</b>	16,00
50m: 30.67 30.67 150m: 1:41.08 35.85 250m: 2:55.45 37.34 350m: 4:12.33 38.39				
100m: 1:05.23 34.56 200m: 2:18.11 37.03 300m: 3:33.94 38.49 400m: 4:50.03 37.70				
3. BRITO HERNANDEZ, Fernando Jose	92	Teimar	<b>5:18.82</b>	14,00
50m: 34.01 34.01 150m: 1:51.58 39.44 250m: 3:14.19 42.26 350m: 4:38.08 42.14				
100m: 1:12.14 38.13 200m: 2:31.93 40.35 300m: 3:55.94 41.75 400m: 5:18.82 40.74				
4. MORALES MARTINEZ, Adrian Luis	89	Teimar	<b>5:24.16</b>	13,00
50m: 33.32 33.32 150m: 1:48.82 38.42 250m: 3:09.64 41.54 350m: 4:38.99 45.95				
100m: 1:10.40 37.08 200m: 2:28.10 39.28 300m: 3:53.04 43.40 400m: 5:24.16 45.17				
5. LOPEZ DEL PINO, Miguel	89	Faynagua	<b>5:44.43</b>	12,00
50m: 40.42 40.42 150m: 2:07.49 44.40 250m: 3:35.01 43.60 350m: 5:01.59 43.32				
100m: 1:23.09 42.67 200m: 2:51.41 43.92 300m: 4:18.27 43.26 400m: 5:44.43 42.84				
6. LEON PINEDA, Aday	90	Teimar	<b>5:52.10</b>	11,00
50m: 39.22 39.22 150m: 2:07.14 44.81 250m: 3:35.97 43.65 350m: 5:07.08 46.12				
100m: 1:22.33 43.11 200m: 2:52.32 45.18 300m: 4:20.96 44.99 400m: 5:52.10 45.02				
7. DÍAZ JIMENEZ, Enrique	91	Swim&Train	<b>6:13.16</b>	10,00
50m: 40.62 40.62 150m: 2:15.44 47.65 250m: 3:53.65 50.08 350m: 5:28.75 44.67				
100m: 1:27.79 47.17 200m: 3:03.57 48.13 300m: 4:44.08 50.43 400m: 6:13.16 44.41				

NP MARTÍNEZ,PELLÓN, Gustavo 93 Metropole -

Prueba 1, 400m Libre

35+, Masc.

1.	HERNANDEZ ALONSO, Aitor	85	Vulcania	<b>4:47.37</b>	19,00
	50m: 30.50 30.50 150m: 1:40.72 36.23 250m: 2:55.27 37.66 350m: 4:11.49 38.26				
	100m: 1:04.49 33.99 200m: 2:17.61 36.89 300m: 3:33.23 37.96 400m: 4:47.37 35.88				
2.	GARCIA FIERRO, Victor Manuel	88	Metropole	<b>4:51.87</b>	16,00
	50m: 32.24 32.24 150m: 1:43.28 35.87 250m: 2:58.34 37.60 350m: 4:14.87 38.17				
	100m: 1:07.41 35.17 200m: 2:20.74 37.46 300m: 3:36.70 38.36 400m: 4:51.87 37.00				
3.	QUINTANA GARCIA, Daniel	85	LasPalmas	<b>5:46.75</b>	14,00
	50m: 38.38 38.38 150m: 2:03.26 43.08 250m: 3:32.85 45.21 350m: 5:03.27 45.08				
	100m: 1:20.18 41.80 200m: 2:47.64 44.38 300m: 4:18.19 45.34 400m: 5:46.75 43.48				
4.	JOVER CASTRO, Javier Alejandro	87	A.D. S.C.	<b>6:03.48</b>	13,00
	50m: 34.94 34.94 150m: 1:58.48 43.80 250m: 3:32.09 47.90 350m: 5:13.96 51.67				
	100m: 1:14.68 39.74 200m: 2:44.19 45.71 300m: 4:22.29 50.20 400m: 6:03.48 49.52				
5.	GONZALEZ RODRIGUEZ, Enrique	84	LasPalmas	<b>7:04.77</b>	12,00
	50m: 52.07 52.07 150m: 2:39.19 52.60 250m: 4:25.54 53.79 350m: 6:14.29 53.50				
	100m: 1:46.59 54.52 200m: 3:31.75 52.56 300m: 5:20.79 55.25 400m: 7:04.77 50.48				
Baja	HENRIQUEZ HERNANDEZ, Rafael	87	Aguacan	-	-

40+, Masc.

1.	SANTANA SARMIENTO, Miguel	83	Faynagua	<b>4:27.08</b>	19,00
	50m: 32.03 32.03 150m: 1:40.04 34.13 250m: 2:48.32 34.00 350m: 3:55.65 33.26				
	100m: 1:05.91 33.88 200m: 2:14.32 34.28 300m: 3:22.39 34.07 400m: 4:27.08 31.43				
2.	HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas	<b>4:51.16</b>	16,00
	50m: 32.03 32.03 150m: 1:44.07 36.64 250m: 2:58.53 37.46 350m: 4:14.41 38.19				
	100m: 1:07.43 35.40 200m: 2:21.07 37.00 300m: 3:36.22 37.69 400m: 4:51.16 36.75				
3.	GONZALEZ RODRÍGUEZ, Bernardo	80	Swim&Train	<b>4:58.71</b>	14,00
	50m: 36.75 36.75 150m: 1:54.38 38.69 250m: 3:10.75 37.32 350m: 4:22.59 36.06				
	100m: 1:15.69 38.94 200m: 2:33.43 39.05 300m: 3:46.53 35.78 400m: 4:58.71 36.12				
4.	NAVARRO FARIAS, Santiago	81	Faynagua	<b>5:14.84</b>	13,00
	50m: 35.42 35.42 150m: 1:52.47 39.11 250m: 3:13.19 40.53 350m: 4:35.34 40.97				
	100m: 1:13.36 37.94 200m: 2:32.66 40.19 300m: 3:54.37 41.18 400m: 5:14.84 39.50				
5.	RODRIGUEZ VIERA, Jose Javier	82	LasPalmas	<b>5:27.86</b>	12,00
	50m: 36.75 36.75 150m: 1:57.03 40.88 250m: 3:21.56 42.47 350m: 4:46.28 42.44				
	100m: 1:16.15 39.40 200m: 2:39.09 42.06 300m: 4:03.84 42.28 400m: 5:27.86 41.58				
6.	CHECA MERINO, Pablo	82	Metropole	<b>6:26.95</b>	11,00
	50m: 42.72 42.72 150m: 2:16.48 47.76 250m: 3:56.96 51.06 350m: 5:38.98 50.65				
	100m: 1:28.72 46.00 200m: 3:05.90 49.42 300m: 4:48.33 51.37 400m: 6:26.95 47.97				
Baja	IZQUIERDO MAYOR, Andres	81	Jescagua	-	-
Baja	HENRIQUEZ QUINTANA, Samuel	82	Swim&Train	-	-

45+, Masc.

1.	SANCHEZ LAZARO, Luis Acayro	76	TFMasters	<b>4:45.02</b>	19,00
	50m: 31.33 31.33 150m: 1:41.02 35.58 250m: 2:54.63 37.20 350m: 4:08.72 36.89				
	100m: 1:05.44 34.11 200m: 2:17.43 36.41 300m: 3:31.83 37.20 400m: 4:45.02 36.30				
2.	TERAN GUTIERREZ, Pablo	74	Teimar	<b>5:36.97</b>	16,00
	50m: 37.80 37.80 150m: 2:02.96 42.89 250m: 3:30.05 43.55 350m: 4:55.80 42.53				
	100m: 1:20.07 42.27 200m: 2:46.50 43.54 300m: 4:13.27 43.22 400m: 5:36.97 41.17				

Prueba 1, Masc., 400m Libre, 45+

Clasificación	AN	Tiempo
Baja SEGARRA CARRANZA, Isaac	74 Cn.Salinas	-

50+, Masc.

1. FERNANDEZ SOSA, Juan Carlos	73 LasPalmas	<b>5:21.04</b> 19,00
50m: 34.54 34.54 150m: 1:52.53 39.65 250m: 3:14.43 41.19 350m: 4:39.33 42.30		
100m: 1:12.88 38.34 200m: 2:33.24 40.71 300m: 3:57.03 42.60 400m: 5:21.04 41.71		
2. DEL ROSARIO RODRÍGUEZ, José Antc72	LasPalmas	<b>5:34.46</b> 16,00
50m: 37.38 37.38 150m: 2:01.82 42.55 250m: 3:27.29 42.81 350m: 4:53.48 42.65		
100m: 1:19.27 41.89 200m: 2:44.48 42.66 300m: 4:10.83 43.54 400m: 5:34.46 40.98		

55+, Masc.

1. LUZARDO RODRIGUEZ, Gustavo Adolfc66	Metropole	<b>5:32.60</b> 19,00
50m: 37.68 37.68 150m: 2:01.07 42.10 250m: 3:26.83 42.83 350m: 4:52.76 43.04		
100m: 1:18.97 41.29 200m: 2:44.00 42.93 300m: 4:09.72 42.89 400m: 5:32.60 39.84		
2. MARTINEZ LLISO, Claudio	66 Metropole	<b>5:42.86</b> 16,00
50m: 37.45 37.45 150m: 2:03.26 43.40 250m: 3:31.31 44.03 350m: 5:00.59 44.52		
100m: 1:19.86 42.41 200m: 2:47.28 44.02 300m: 4:16.07 44.76 400m: 5:42.86 42.27		
3. QUESADA RODRIGUEZ, Francisco	67 Cn.Salinas	<b>6:57.82</b> 14,00
50m: 44.84 44.84 150m: 2:27.76 51.15 250m: 4:15.79 53.88 350m: 6:03.75 52.37		
100m: 1:36.61 51.77 200m: 3:21.91 54.15 300m: 5:11.38 55.59 400m: 6:57.82 54.07		

Baja ARIAS FEBLES, Jose Manuel	64 Metropole	-
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60+, Masc.

1. MATA DÍAZ, Enrique	60 Swim&Train	<b>4:44.71</b> 19,00
50m: 33.63 33.63 150m: 1:45.46 35.64 250m: 2:57.42 35.79 350m: 4:09.52 36.21		
100m: 1:09.82 36.19 200m: 2:21.63 36.17 300m: 3:33.31 35.89 400m: 4:44.71 35.19		
2. CABRERA GONZALEZ, Marcos	60 TFMasters	<b>6:02.27</b> 16,00
50m: 43.32 43.32 150m: 2:12.70 45.24 250m: 3:44.38 45.75 350m: 5:16.79 46.41		
100m: 1:27.46 44.14 200m: 2:58.63 45.93 300m: 4:30.38 46.00 400m: 6:02.27 45.48		
3. MATEOS BATISTA, Francisco	62 LasPalmas	<b>6:42.78</b> 14,00
50m: 42.20 42.20 150m: 2:20.44 50.62 250m: 4:04.81 52.56 350m: 5:51.19 52.97		
100m: 1:29.82 47.62 200m: 3:12.25 51.81 300m: 4:58.22 53.41 400m: 6:42.78 51.59		

Baja SANTANA MILAN, Jose	60 Cn.Salinas	-
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65+, Masc.

1. MORENO PÉREZ, José Andrés	58 TFMasters	<b>6:56.11</b> 19,00
50m: 43.37 43.37 150m: 2:22.61 50.95 250m: 4:10.29 54.23 350m: 6:00.74 55.38		
100m: 1:31.66 48.29 200m: 3:16.06 53.45 300m: 5:05.36 55.07 400m: 6:56.11 55.37		
2. RIVERO SANCHEZ, Sergio	54 Cn.Salinas	<b>7:18.22</b> 16,00
50m: 43.67 43.67 150m: 2:26.87 53.28 250m: 4:21.43 58.02 350m: 6:20.71 58.83		
100m: 1:33.59 49.92 200m: 3:23.41 56.54 300m: 5:21.88 1:00.45 400m: 7:18.22 57.51		
3. DIAZ CASTRO, Jose Maria	57 TFMasters	<b>7:22.16</b> 14,00
50m: 49.36 49.36 150m: 2:40.88 57.02 250m: 4:32.83 56.22 350m: 6:25.88 57.17		
100m: 1:43.86 54.50 200m: 3:36.61 55.73 300m: 5:28.71 55.88 400m: 7:22.16 56.28		

## Prueba 1, 400m Libre

### 70+, Masc.

1. RIERA MONTAL, Agustin	49	TFMasters	<b>7:47.38</b>	19,00
50m: 46.02 46.02	150m: 2:38.99	59.35	250m: 4:42.28	1:01.18
100m: 1:39.64 53.62	200m: 3:41.10	1:02.11	300m: 5:43.50	1:01.22
			350m: 6:47.28	1:03.78
			400m: 7:47.38	1:00.10

### 75+, Masc.

1. LESTIDEAU, Jean Claude	46	TFMasters	<b>5:54.61</b>	19,00
50m: 38.93 38.93	150m: 2:08.68	45.38	250m: 3:39.44	45.74
100m: 1:23.30 44.37	200m: 2:53.70	45.02	300m: 4:25.65	46.21
			350m: 5:11.54	45.89
			400m: 5:54.61	43.07

### 25+, Fem.

1. RUIZ DOMINGUEZ, Marta	96	Chamartin	<b>5:28.41</b>	-
50m: 35.28 35.28	150m: 1:55.90	41.70	250m: 3:21.10	42.53
100m: 1:14.20 38.92	200m: 2:38.57	42.67	300m: 4:04.21	43.11
			350m: 4:46.48	42.27
			400m: 5:28.41	41.93
2. PERERA SUAREZ, Ylenia	96	LasPalmas	<b>6:44.02</b>	19,00
50m: 46.44 46.44	150m: 2:25.93	50.54	250m: 4:10.08	52.38
100m: 1:35.39 48.95	200m: 3:17.70	51.77	300m: 5:02.74	52.66
			350m: 5:54.87	52.13
			400m: 6:44.02	49.15
3. ESTUPIÑAN CABRERA, Paula	97	Cn.Salinas	<b>6:57.30</b>	16,00
50m: 42.70 42.70	150m: 2:21.37	49.86	250m: 4:09.97	55.05
100m: 1:31.51 48.81	200m: 3:14.92	53.55	300m: 5:06.66	56.69
			350m: 6:03.56	56.90
			400m: 6:57.30	53.74

Baja SUAREZ TABARES, Nayra	97	Playuki		-
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### 30+, Fem.

1. MUJICA GONZALEZ, Maria Tatiana	92	Swim&Train	<b>5:23.85</b>	19,00
50m: 34.59 34.59	150m: 1:54.70	41.34	250m: 3:17.77	41.51
100m: 1:13.36 38.77	200m: 2:36.26	41.56	300m: 4:00.23	42.46
			350m: 4:42.07	41.84
			400m: 5:23.85	41.78

### 40+, Fem.

1. RUIZ JIMENEZ, Ana Belen	82	Vulcania	<b>7:04.99</b>	19,00
50m: 44.38 44.38	150m: 2:28.98	54.21	250m: 4:20.26	56.21
100m: 1:34.77 50.39	200m: 3:24.05	55.07	300m: 5:15.29	55.03
			350m: 6:11.75	56.46
			400m: 7:04.99	53.24
2. LEON CAZORLA, Benayga	83	Cn.Salinas	<b>7:40.67</b>	16,00
50m: 44.13 44.13	150m: 2:29.48	55.58	250m: 4:30.11	1:01.73
100m: 1:33.90 49.77	200m: 3:28.38	58.90	300m: 5:33.56	1:03.45
			350m: 6:37.93	1:04.37
			400m: 7:40.67	1:02.74
3. CARBALLO RODRÍGUEZ, Eloína	81	Teimar	<b>8:16.79</b>	14,00
50m: 54.26 54.26	150m: 2:53.89	1:02.25	250m: 5:01.58	1:03.32
100m: 1:51.64 57.38	200m: 3:58.26	1:04.37	300m: 6:06.69	1:05.11
			350m: 7:12.72	1:06.03
			400m: 8:16.79	1:04.07

### 50+, Fem.

1. NEGRIN FIGUEROA, Elena	70	TFMasters	<b>5:46.69</b>	19,00
50m: 38.32 38.32	150m: 2:04.11	44.02	250m: 3:33.32	44.71
100m: 1:20.09 41.77	200m: 2:48.61	44.50	300m: 4:18.06	44.74
			350m: 5:02.86	44.80
			400m: 5:46.69	43.83
2. GLAUBITZ, Susanne	70	Nonadamos	<b>7:02.21</b>	16,00
50m: 45.77 45.77	150m: 2:30.90	54.04	250m: 4:19.58	54.25
100m: 1:36.86 51.09	200m: 3:25.33	54.43	300m: 5:14.42	54.84
			350m: 6:09.24	54.82
			400m: 7:02.21	52.97

Prueba 1, Fem., 400m Libre, 50+

Clasificación	AN	Tiempo
3. MORALES LOZANO, Gloria	72	Jescagua 7:21.32 14,00
50m: 48.97 48.97 150m: 2:39.76 56.36 250m: 4:32.52 56.20 350m: 6:26.43 56.60		
100m: 1:43.40 54.43 200m: 3:36.32 56.56 300m: 5:29.83 57.31 400m: 7:21.32 54.89		
4. UNGER, Caroline	72	Playuki 7:22.31 13,00
50m: 44.46 44.46 150m: 2:31.51 56.16 250m: 4:28.36 59.01 350m: 6:25.75 58.69		
100m: 1:35.35 50.89 200m: 3:29.35 57.84 300m: 5:27.06 58.70 400m: 7:22.31 56.56		
5. MARTIN CEDRES, Lidia Esther	69	Vulcania 7:47.95 12,00
50m: 51.02 51.02 150m: 2:47.92 59.48 250m: 4:46.89 59.14 400m: 7:47.95 2:00.15		
100m: 1:48.44 57.42 200m: 3:47.75 59.83 300m: 5:47.80 1:00.91		

60+, Fem.

1. CASTRO SANTANA, María José	63	A.D. S.C. 6:22.06 19,00
50m: 42.37 42.37 150m: 2:16.00 47.34 250m: 3:53.95 49.26 350m: 5:33.78 50.17		
100m: 1:28.66 46.29 200m: 3:04.69 48.69 300m: 4:43.61 49.66 400m: 6:22.06 48.28		
2. LARRODE GARCIA, Pilar	59	TFMasters 7:52.98 16,00
50m: 55.18 55.18 150m: 2:55.09 59.62 250m: 4:56.32 1:00.41 350m: 6:55.53 59.51		
100m: 1:55.47 1:00.29 200m: 3:55.91 1:00.82 300m: 5:56.02 59.70 400m: 7:52.98 57.45		

Prueba 2  
15/12/2023

200m Braza

20 años y mayores  
Resultados

Clasificación	AN	Tiempo
20+, Masc.		
1. CABALLERO PEÑATE, Ángel José	01	Jescagua 3:15.76 19,00
50m: 43.96 43.96 100m: 1:35.62 51.66 150m: 2:27.08 51.46 200m: 3:15.76 48.68		
25+, Masc.		
1. RODRIGUEZ MARTIN, Eric	98	TFMasters 2:35.31 19,00
50m: 32.80 32.80 100m: 1:10.36 37.56 150m: 1:51.92 41.56 200m: 2:35.31 43.39		
2. AYALA MAESTRE, Alejandro	97	Jerez 2:47.52 -
50m: 37.42 37.42 100m: 1:18.01 40.59 150m: 2:00.96 42.95 200m: 2:47.52 46.56		
3. ACOSTA PERDOMO, Gabriel	94	Nonadamos 3:19.36 16,00
50m: 44.41 44.41 100m: 1:33.10 48.69 150m: 2:24.65 51.55 200m: 3:19.36 54.71		
30+, Masc.		
1. CASTRO TARAJANO, Pedro Juan	93	Faynagua 2:44.59 19,00
50m: 37.42 37.42 100m: 1:18.89 41.47 150m: 2:01.89 43.00 200m: 2:44.59 42.70		
2. GARCIA DE LA HOZ, Adrian Cipriano	93	Nonadamos 3:26.86 16,00
50m: 46.17 46.17 100m: 1:37.09 50.92 150m: 2:31.69 54.60 200m: 3:26.86 55.17		
NP HERNANDEZ GONZALEZ, Enrique	89	Aguacan -
NP RODRIGUEZ PULIDO, Daniel	89	Valleverde -
NP CEBALLOS SANCHEZ, Martin	91	Vulcania -

Prueba 2, 200m Braza

35+, Masc.

1.	DE ARMAS PAGADOR, Javier	85	Jerez								<b>3:02.33</b>	-
	50m:	42.08	42.08	100m:	1:28.96	46.88	150m:	2:16.48	47.52	200m:	3:02.33	45.85
2.	GONZALEZ RODRIGUEZ, Enrique	84	LasPalmas								<b>4:09.83</b>	19,00
	50m:	1:00.98	1:00.98	100m:	2:04.25	1:03.27	150m:	3:07.15	1:02.90	200m:	4:09.83	1:02.68

40+, Masc.

1.	GONZALEZ GONZALEZ, Francisco Jos	83	Teimar								<b>2:49.43</b>	19,00
	50m:	39.12	39.12	100m:	1:22.99	43.87	150m:	2:06.87	43.88	200m:	2:49.43	42.56
2.	MEDINA PETRINI, Armando	83	LasPalmas								<b>3:12.98</b>	16,00
	50m:	43.95	43.95	100m:	1:34.24	50.29	150m:	2:25.37	51.13	200m:	3:12.98	47.61
3.	VAZQUEZ MORALES, Hector	82	LasPalmas								<b>3:16.47</b>	14,00
	50m:	44.99	44.99	100m:	1:33.91	48.92	150m:	2:24.89	50.98	200m:	3:16.47	51.58
4.	CHECA MERINO, Pablo	82	Metropole								<b>3:23.81</b>	13,00
	50m:	46.73	46.73	100m:	1:38.46	51.73	150m:	2:31.45	52.99	200m:	3:23.81	52.36
5.	ARENCIBIA DE LA CRUZ, Alejandro	81	Aguacan								<b>3:27.66</b>	12,00
	50m:	46.20	46.20	100m:	1:37.65	51.45	150m:	2:33.39	55.74	200m:	3:27.66	54.27
Baja	HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas									

45+, Masc.

1.	SANCHEZ LAZARO, Luis Acayro				76	TFMasters					<b>2:56.30</b>	19,00
	50m:	40.59	40.59	100m:	1:26.28	45.69	150m:	2:11.06	44.78	200m:	2:56.30	45.24
2.	MORENO YÁNEZ, Adán				77	TFMasters					<b>3:00.65</b>	16,00
	50m:	40.52	40.52	100m:	1:26.31	45.79	150m:	2:13.41	47.10	200m:	3:00.65	47.24

50+, Masc.

1.	ST. MARY, Francisco				70	LasPalmas				<b>2:54.91</b>	19,00	
	50m:	39.64	39.64	100m:	1:24.51	44.87	150m:	2:10.36	45.85	200m:	2:54.91	44.55
2.	GONZÁLEZ DÍAZ, Domingo				71	TFMasters				<b>3:53.31</b>	16,00	
	50m:	53.37	53.37	100m:	1:52.70	59.33	150m:	2:53.42	1:00.72	200m:	3:53.31	59.89

55+, Masc.

1.	VIÑUELA LLANOS, Antonio	68	TFMasters								<b>3:12.20</b>	19,00
	50m:	44.13	44.13	100m:	1:32.07	47.94	150m:	2:21.04	48.97	200m:	3:12.20	51.16
2.	AMOZA IRIGOYEN, Andres	67	Vulcania								<b>3:45.50</b>	16,00
	50m:	49.73	49.73	100m:	1:44.34	54.61	150m:	2:43.10	58.76	200m:	3:45.50	1:02.40
3.	RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas								<b>3:52.89</b>	14,00
	50m:	52.11	52.11	100m:	1:51.65	59.54	150m:	2:53.32	1:01.67	200m:	3:52.89	59.57
4.	SANTANA ALMEIDA, Gonzalo	66	Nonadamos								<b>4:05.01</b>	13,00
	50m:	54.11	54.11	100m:	1:54.92	1:00.81	150m:	2:58.99	1:04.07	200m:	4:05.01	1:06.02
5.	SUAREZ RODRIGUEZ, Manuel	66	Playuki								<b>4:41.06</b>	12,00
	50m:	1:05.55	1:05.55	100m:	2:19.53	1:13.98	150m:	3:33.58	1:14.05	200m:	4:41.06	1:07.48

## Prueba 2, 200m Braza

### 60+, Masc.

1.	SJOSTROM, Eric Halvar	59	Swim&Train	<b>2:56.00</b>	19,00	R. MASTE
	50m: 39.47 39.47 100m: 1:24.21	44.74	150m: 2:08.96 44.75	200m: 2:56.00	47.04	
2.	CABRERA GONZALEZ, Marcos	60	TFMasters	<b>3:49.14</b>	16,00	
	50m: 56.64 56.64 100m: 1:54.11	57.47	150m: 2:51.35 57.24	200m: 3:49.14	57.79	

### 20+, Fem.

1.	GIRALDEZ OSORIO, Marta	00	Solventia	<b>3:24.77</b>	19,00	
	50m: 46.40 46.40 100m: 1:37.40	51.00	150m: 2:30.64 53.24	200m: 3:24.77	54.13	

### 25+, Fem.

1.	HORTIGÜELA PINTADO, Marta	95	LasPalmas	<b>3:15.52</b>	19,00	
	50m: 44.45 44.45 100m: 1:34.34	49.89	150m: 2:23.83 49.49	200m: 3:15.52	51.69	
2.	ESTUPIÑAN CABRERA, Paula	97	Cn.Salinas	<b>4:03.80</b>	16,00	
	50m: 53.46 53.46 100m: 1:54.75	1:01.29	150m: 2:58.80 1:04.05	200m: 4:03.80	1:05.00	

### 30+, Fem.

1.	MARTINEZ DE LA CRUZ, Azahara	89	Vulcania	<b>3:04.70</b>	19,00	
	50m: 42.53 42.53 100m: 1:29.71	47.18	150m: 2:16.90 47.19	200m: 3:04.70	47.80	
2.	VALVERDE HERNANDEZ, Cristina	89	Vulcania	<b>4:05.08</b>	16,00	
	50m: 55.83 55.83 100m: 1:57.66	1:01.83	150m: 3:01.40 1:03.74	200m: 4:05.08	1:03.68	

### 35+, Fem.

1.	SANTANA MARTIN, Ylenia	85	LasPalmas	<b>4:00.03</b>	19,00	
	50m: 53.93 53.93 100m: 1:55.74	1:01.81	150m: 2:58.20 1:02.46	200m: 4:00.03	1:01.83	

### 40+, Fem.

1.	CIERNA, Zuzana	83	TFMasters	<b>3:05.40</b>	19,00	
	50m: 41.21 41.21 100m: 1:27.70	46.49	150m: 2:16.21 48.51	200m: 3:05.40	49.19	
2.	CORTES ALVAREZ, Elisa	82	Jescagua	<b>3:53.71</b>	16,00	
	50m: 54.61 54.61 100m: 1:53.25	58.64	150m: 2:54.33 1:01.08	200m: 3:53.71	59.38	
3.	CERVILLA PEREZ, Cristina	79	Nonadamos	<b>3:54.44</b>	14,00	
	50m: 54.92 54.92 100m: 1:53.17	58.25	150m: 2:55.29 1:02.12	200m: 3:54.44	59.15	
4.	GUILLEN VARGAS, Lourdes	83	Vulcania	<b>4:16.27</b>	13,00	
	50m: 59.01 59.01 100m: 2:05.48	1:06.47	150m: 3:11.64 1:06.16	200m: 4:16.27	1:04.63	
5.	GORDILLO CORONADO, Laura	81	Cn.Salinas	<b>5:16.51</b>	12,00	
	50m: 1:11.88 1:11.88 100m: 2:30.94	1:19.06	150m: 3:53.81 1:22.87	200m: 5:16.51	1:22.70	

### 45+, Fem.

1.	GUTIERREZ GARCIA, Noelia	78	TFMasters	<b>3:33.52</b>	19,00	
	50m: 50.06 50.06 100m: 1:43.95	53.89	150m: 2:38.45 54.50	200m: 3:33.52	55.07	

Prueba 2, Fem., 200m Braza, 45+

Clasificación	AN	Tiempo
2. CABRERA RUIZ, Luz Marina	75 Vulcania	<b>3:47.16</b> 16,00
50m: 52.62 52.62 100m: 1:50.56 57.94 150m: 2:49.28 58.72 200m: 3:47.16 57.88		

50+, Fem.

1. GUILLEN GARCIA, Maria Delia	71 LasPalmas	<b>4:12.32</b> 19,00
50m: 59.72 59.72 100m: 2:03.16 1:03.44 150m: 3:09.88 1:06.72 200m: 4:12.32 1:02.44		
2. MONTESDEOCA ZAMORA, Rosa Delia	71 Nonadamos	<b>4:27.21</b> 16,00
50m: 59.61 59.61 100m: 2:06.45 1:06.84 150m: 3:16.38 1:09.93 200m: 4:27.21 1:10.83		
3. NUDDS, Angela Louise	71 Vulcania	<b>4:48.94</b> 14,00
50m: 1:05.74 1:05.74 100m: 2:16.86 1:11.12 150m: 3:34.03 1:17.17 200m: 4:48.94 1:14.91		

60+, Fem.

1. BAEZ CEJAS, Maria Mercedes	60 TFMasters	<b>4:14.05</b> 19,00
50m: 58.14 58.14 100m: 2:02.84 1:04.70 150m: 3:10.12 1:07.28 200m: 4:14.05 1:03.93		
2. BRANF, Judith Sarah	60 Vulcania	<b>4:30.98</b> 16,00
50m: 1:02.37 1:02.37 100m: 2:10.31 1:07.94 150m: 3:21.67 1:11.36 200m: 4:30.98 1:09.31		

Prueba 3  
15/12/2023

200m Mariposa

20 años y mayores  
Resultados

Clasificación	AN	Tiempo
20+, Masc.		
1. CABRERA WINTER, Álvaro	01 Metropole	<b>2:30.39</b> 19,00
50m: 32.88 32.88 100m: 1:11.41 38.53 150m: 1:50.18 38.77 200m: 2:30.39 40.21		
35+, Masc.		
1. GONZALEZ RODRIGUEZ, Enrique	84 LasPalmas	<b>4:20.49</b> 19,00
50m: 58.78 58.78 100m: 2:06.05 1:07.27 150m: 3:13.80 1:07.75 200m: 4:20.49 1:06.69		
40+, Masc.		
1. GUEDES ALONSO, Francisco Yeray	80 Valleverde	<b>3:31.99</b> 19,00
50m: 45.49 45.49 100m: 1:39.17 53.68 150m: 2:37.21 58.04 200m: 3:31.99 54.78		
45+, Masc.		
1. SANCHEZ LAZARO, Luis Acayro	76 TFMasters	<b>2:34.61</b> 19,00
50m: 33.21 33.21 100m: 1:12.15 38.94 150m: 1:53.03 40.88 200m: 2:34.61 41.58		
2. RODRIGUEZ REYES, Miguel A	77 LasPalmas	<b>2:50.86</b> 16,00
50m: 38.74 38.74 100m: 1:21.50 42.76 150m: 2:06.97 45.47 200m: 2:50.86 43.89		



Prueba 3, 200m Mariposa

50+, Masc.

1.	BILBAO SIEYRO, German	73	Teimar						<b>3:25.37</b>	19,00
	50m: 44.70 44.70	100m: 1:38.41	53.71	150m: 2:30.93	52.52	200m: 3:25.37	54.44			
DSQ	GIL HENRIQUEZ, Jorge Juan	72	LasPalmas							-
	DNI - Desc Nado Irregular									

55+, Masc.

1.	CRESPO GARCIA, Alvaro	67	Valleverde						<b>4:19.07</b>	19,00
	50m: 54.00 54.00	100m: 1:59.75	1:05.75	150m: 3:11.52	1:11.77	200m: 4:19.07	1:07.55			
Baja	ARIAS FEBLES, Jose Manuel	64	Metropole							-

75+, Masc.

1.	BREMONT PEREZ, Carlos	47	TFMasters						<b>4:20.11</b>	19,00
	50m: 57.37 57.37	100m: 2:04.66	1:07.29	150m: 3:14.27	1:09.61	200m: 4:20.11	1:05.84			

40+, Fem.

1.	GARCIA ALARCOS, Sara	80	Vulcania						<b>3:20.72</b>	19,00	R. MASTE
	50m: 44.68 44.68	100m: 1:36.57	51.89	150m: 2:28.87	52.30	200m: 3:20.72	51.85				

50+, Fem.

1.	RUIZ GARCIA, Olga	73	Valleverde						<b>5:37.32</b>	19,00
	50m: 1:16.11 1:16.11	100m: 2:43.75	1:27.64	150m: 4:11.39	1:27.64	200m: 5:37.32	1:25.93			

70+, Fem.

1.	SEGARRA PEÑARROYA, Rosa	49	Vulcania						<b>4:10.91</b>	19,00	R. MASTE
	50m: 54.96 54.96	100m: 1:56.82	1:01.86	150m: 3:00.79	1:03.97	200m: 4:10.91	1:10.12				

2 - 2ª jornada, 1ª sesión

16/12/2023

Prueba 4  
16/12/2023

Fem., 50m Mariposa

20 años y mayores  
Resultados

Clasificación	AN		Tiempo
20+			
1. DIAZ RODRIGUEZ, Grisela	02	Faynagua	<b>32.27</b> 19,00
2. PEREZ SUAREZ, Laura	01	LasPalmas	<b>34.70</b> 16,00
3. MARTIN MELIAN, Raquel	99	Vulcania	<b>35.35</b> 14,00
4. GONZALEZ BORGES, Maria	01	Nonadamos	<b>36.55</b> 13,00
5. PAVIA SOSA, Maria Rosa	99	LasPalmas	<b>49.96</b> 12,00
25+			
1. PULIDO MAYOR, Sheila	98	Faynagua	<b>30.67</b> 19,00
2. VEGA SANTANA, Ana	97	Playuki	<b>34.93</b> 16,00
3. MEDINA SANTANA, Beatriz	95	Playuki	<b>35.74</b> 14,00
4. RAMIREZ O'SHANAHAN, magdala	95	Metropole	<b>35.81</b> 13,00
5. ZURITA LOZANO, Valle	94	Vulcania	<b>37.93</b> 12,00
6. RIVERO SANTANA, Sheila	96	LasPalmas	<b>42.07</b> 11,00
7. RAMOS SANTANA, Laura María	98	Nonadamos	<b>42.69</b> 10,00
8. GIL HERNANDEZ, Irene Mª	96	Playuki	<b>44.76</b> 9,00
9. SALAS NAVARRO, Marta	95	Faynagua	<b>47.03</b> 8,00
10. ARENCIBIA PERERA, Miriam	97	Valleverde	<b>51.85</b> 7,00
11. GONZALEZ RAMOS, Raquel	95	Playuki	<b>53.01</b> 6,00
30+			
1. GARCIA CERVANTES, Laura	89	Nonadamos	<b>35.09</b> 19,00
2. ABASCAL RIVERO, Itziar	89	Teimar	<b>36.27</b> 16,00
3. SANCHEZ SANTANA, Belmira	92	Metropole	<b>38.32</b> 14,00
4. AGUIAR AXPE, Irene	89	Cn.Salinas	<b>59.33</b> 13,00
35+			
1. QUINTERO QUINTERO, Katihusca	87	TFMasters	<b>37.47</b> 19,00
2. DIAZ CORUÑA, Elizabeth	86	LasPalmas	<b>39.60</b> 16,00
Baja BLANCO BETANCOR, Cristina	86	Cn.Salinas	-
40+			
1. GARCIA ALLO, Maria Victoria	79	Teimar	<b>44.93</b> 19,00
45+			
1. VALIDO CARREÑO, Isabel	74	LasPalmas	<b>33.98</b> 19,00
2. DIAZ SANTANA, Luz Marina	76	Playuki	<b>45.20</b> 16,00
3. ASECIO PEREZ, Mª Jose	74	Cristianos	<b>45.27</b> 14,00
NP CABAL ALVAREZ, Beatriz Mª	74	Metropole	-
Baja TOSO PASSOW, Carolina	78	San Blas	-

Prueba 4, Fem., 50m Mariposa

50+

1.	VALLE MUÑOZ, Maria Almudena	72	4K	<b>37.48</b>	-
2.	MORALES LOZANO, Gloria	72	Jescagua	<b>44.57</b>	19,00
3.	ASPAS PALACIOS, Rosa Maria	70	Metropole	<b>58.82</b>	16,00
DSQ	RUIZ GARCIA, Olga	73	Valleverde		-

60+

1.	MONTESDEOCA OJEDA, Maria Del Ca60en LasPalmas			<b>53.39</b>	19,00
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65+

1.	LOPEZ GONZALEZ, Esther	55	TFMasters	<b>45.05</b>	19,00
2.	AROCHA ISIDRO, Victoria	58	TFMasters	<b>1:03.79</b>	16,00

Prueba 5  
16/12/2023

Masc., 50m Mariposa

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	FABREGAS FLORES, Luis	99	LasPalmas	<b>28.91</b>	19,00
2.	QUESADA ROSARIO, Yoel	99	Playuki	<b>28.96</b>	16,00
3.	RIPPA, Francisco	00	TFMasters	<b>29.08</b>	14,00
4.	MEDINA DEL MORAL, Ignacio	00	LasPalmas	<b>29.54</b>	13,00
5.	PEREZ ALVAREZ, Ivan Carlo	99	LasPalmas	<b>38.14</b>	12,00
NP	RODRIGUEZ VEGA, Enrique	02	Metropole		-
Baja	CERPA CABALLERO, Jonay Salvador	99	Aguacan		-

25+

1.	RUIZ SEIJO, Brais	98	Vulcania	<b>27.33</b>	19,00
2.	RUBIALES CACERES, Daniel	97	LasPalmas	<b>30.25</b>	16,00
3.	DELGADO MELIAN, Carlos Javier	95	Cristianos	<b>30.66</b>	14,00
4.	ACOSTA PERDOMO, Gabriel	94	Nonadamos	<b>36.49</b>	13,00
5.	SÁNCHEZ ESTUPIÑÁN, Adriano León	96	Jescagua	<b>39.58</b>	12,00
6.	RODRIGUEZ GONZALEZ, sergio	94	Jescagua	<b>39.84</b>	11,00
7.	MACHIN VILCHES, Alexandre Gines	98	Vulcania	<b>41.77</b>	10,00
Baja	DIAZ CARMONA, Nestor	96	Solventia		-

30+

1.	HERNANDEZ HERNANDEZ, Pablo	89	TFMasters	<b>30.36</b>	19,00
2.	BRITO HERNANDEZ, Fernando Jose	92	Teimar	<b>30.40</b>	16,00
3.	NAVAS OJEDA, Angel luis	93	Metropole	<b>31.85</b>	14,00
4.	ORTIZ HERNANDEZ, Alvaro	92	LasPalmas	<b>34.60</b>	13,00
5.	SANTANA ALMEIDA, Sergio	91	Aguacan	<b>35.12</b>	12,00
6.	CAMPOS CUTILLAS, Eulogio Omar	93	Faynagua	<b>36.70</b>	11,00
7.	LEON PINEDA, Aday	90	Teimar	<b>37.41</b>	10,00
NP	MARTÍNEZ,PELLÓN, Gustavo	93	Metropole		-

Prueba 5, Masc., 50m Mariposa

35+

1.	ALONSO ALADRO, Juan	86	TFMasters	<b>27.78</b>	19,00
2.	GARCIA CASTILLO, Jose Victor	88	TFMasters	<b>28.81</b>	16,00
3.	HERNANDEZ ALONSO, Aitor	85	Vulcania	<b>30.79</b>	14,00
4.	BARRO, Mario	86	Jerez	<b>31.01</b>	-
5.	QUESADA PEREZ, Lorenzo	86	Teimar	<b>32.17</b>	13,00
6.	REBULL LOPEZ, Jorge Alberto	88	Playuki	<b>34.96</b>	12,00
7.	GARCIA CATALA, Josue	87	Metropole	<b>35.12</b>	11,00

40+

1.	ZEMIER, Karol	82	LasPalmas	<b>27.61</b>	19,00
2.	CAPELLA DE LAS HERAS, Daniel	80	Metropole	<b>28.63</b>	16,00
3.	JIMENEZ CASAS, Ignacio	79	Nonadamos	<b>30.17</b>	14,00
4.	ROJANO BROZ, Javier	79	Metropole	<b>30.40</b>	13,00
5.	ROJO ORTEGA, Daniel	80	LasPalmas	<b>31.01</b>	12,00
6.	GONZALEZ RODRÍGUEZ, Bernardo	80	Swim&Train	<b>32.35</b>	11,00
7.	GARCIA HERNANDEZ, Marcos	80	Playuki	<b>32.51</b>	10,00
8.	HERRERA QUEVEDO, Evaristo	79	Metropole	<b>32.58</b>	9,00
9.	VAZQUEZ MORALES, Hector	82	LasPalmas	<b>34.51</b>	8,00
10.	CABRERA PESTANA, Alejandro	80	LasPalmas	<b>35.93</b>	7,00
11.	MOSLER, Roman	81	LasPalmas	<b>42.23</b>	6,00
12.	SILVA ELVIRA, Aday	81	LasPalmas	<b>46.13</b>	5,00

45+

1.	ARANDA GALLEGU, Jose Juan	75	Vulcania	<b>26.86</b>	19,00	R. MASTE
2.	LECUMBERRI BERNARDOS, Juan Josi	77	TFMasters	<b>30.16</b>	16,00	
3.	AGUILAR MERINO, Roberto	77	4K	<b>32.94</b>	-	
4.	LAGO IGLESIAS, Manuel Antonio	76	Solventia	<b>37.31</b>	14,00	
5.	BOLEAS GUTIERREZ, David	78	Playuki	<b>41.94</b>	13,00	
NP	TONELLI, Marcello	75	Metropole		-	
Baja	RODRIGUEZ HERNANDEZ, Juan Manu	76	Cn.Salinas		-	

50+

1.	ESPINO MORILLAS, Juan Luis	72	Aguacan	<b>32.87</b>	19,00
2.	CURBELO FAIRLEY, Miguel	72	Teimar	<b>37.67</b>	16,00
3.	DEL ROSARIO RODRÍGUEZ, José Antc	72	LasPalmas	<b>39.17</b>	14,00
4.	RODRIGUEZ SANTANA, Ernesto	70	Valleverde	<b>40.24</b>	13,00
5.	PEREZ BARRAGAN, Victor Hugo	71	Vulcania	<b>1:09.41</b>	12,00
DSQ	MARTEL TOLEDO, Luis	71	TFMasters		-
Baja	GOMEZ PRIETO, David Carlos	73	LasPalmas		-

Prueba 5, Masc., 50m Mariposa

55+

1.	NUÑEZ NODA, Bernardo	65	TFMasters	<b>29.34</b>	19,00
2.	MAESO VERGARA, Miguel Benito	67	TFMasters	<b>34.03</b>	16,00
3.	RODRIGUEZ SUAREZ, Juan Pedro	67	Metropole	<b>36.31</b>	14,00
4.	RIVERA VIÑA, Francisco Manuel	66	Jescagua	<b>37.61</b>	13,00
5.	GUTIÉRREZ ROMERO, Ricardo	64	Faynagua	<b>42.96</b>	12,00
6.	RAMIREZ MARRERO, Javier	67	LasPalmas	<b>49.94</b>	11,00

60+

1.	CEJUDO DELGADO, Angel	63	Vulcania	<b>34.85</b>	19,00
Baja	TAVIO VENTURA, Juan Diego	60	Teimar		-

65+

1.	WINTER ALTHAUS, Gabriel	57	Metropole	<b>36.68</b>	19,00
2.	YURRITA DOMINGUEZ, Miguel Angel	57	Vulcania	<b>38.68</b>	16,00
3.	GOMEZ-GUILLAMON ARRABAL, Luis	57	LasPalmas	<b>51.65</b>	14,00
4.	TAVIO VENTURA, José Marcial	58	Teimar	<b>57.00</b>	13,00

75+

1.	BREMONT PEREZ, Carlos	47	TFMasters	<b>44.61</b>	19,00
2.	METZ, Michael Gustav	48	TFMasters	<b>1:03.00</b>	16,00

80+

1.	BOSSERT SCHWARZE, Ingolf	40	TFMasters	<b>1:01.32</b>	19,00
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Prueba 6  
16/12/2023

Fem., 50m Braza

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	CERPA CABALLERO, Xiomara M <sup>a</sup>	01	Aguacan	<b>37.86</b>	19,00
2.	AFONSO GONZALEZ, Diana	99	Playuki	<b>48.10</b>	16,00

25+

1.	ARTILES CARBALLO, Irene	96	LasPalmas	<b>40.00</b>	19,00
2.	HORTIGÜELA PINTADO, Marta	95	LasPalmas	<b>42.38</b>	16,00
3.	VEGA SANTANA, Ana	97	Playuki	<b>43.81</b>	14,00
4.	PICOS HERNÁNDEZ, Laura	97	Nonadamos	<b>48.10</b>	13,00
5.	GIL HERNANDEZ, Irene M <sup>a</sup>	96	Playuki	<b>51.41</b>	12,00
6.	GONZALEZ RAMOS, Raquel	95	Playuki	<b>53.96</b>	11,00
7.	ARENCIBIA PERERA, Miriam	97	Valleverde	<b>56.39</b>	10,00

Prueba 6, Fem., 50m Braza

30+

1.	ALONSO RAVELO, Beatriz	93	Faynagua	<b>45.40</b>	19,00
2.	GUTIERREZ CRUZ, Laura	93	Vulcania	<b>45.57</b>	16,00
3.	SANCHEZ SANTANA, Belmira	92	Metropole	<b>48.06</b>	14,00
4.	GRAU DE LOS REYES, Laura	91	Teimar	<b>50.07</b>	13,00
5.	VALVERDE HERNANDEZ, Cristina	89	Vulcania	<b>50.25</b>	12,00
6.	CASIMIRO SUAREZ, Maria Melania	89	LasPalmas	<b>51.70</b>	11,00
7.	MORALES SANTANA, Maria Isabel	92	LasPalmas	<b>1:04.88</b>	10,00
DSQ	HERNANDEZ HERNANDEZ, Elena	89	Jerez		-
<i>DVI - Desc Viraje Irregular</i>					

35+

1.	DIAZ AMORES, Jennifer	86	Swim&Train	<b>42.81</b>	19,00
2.	DÍAZ MAYORDOMO PECHARROMÁN,	86	Nonadamos	<b>55.41</b>	16,00
3.	POMAR SARASA, Almudena	85	Nonadamos	<b>55.88</b>	14,00
Baja	CAMPBELL ZEMIER, Veronica	86	LasPalmas		-

40+

1.	CIERNA, Zuzana	83	TFMasters	<b>39.18</b>	19,00
2.	FERNANDEZ MEJIAS, Tamara	81	Playuki	<b>42.21</b>	16,00
3.	CERVILLA PEREZ, Cristina	79	Nonadamos	<b>50.47</b>	14,00
4.	GUILLEN VARGAS, Lourdes	83	Vulcania	<b>51.74</b>	13,00
5.	FERNANDEZ MONROY, Nira	81	Playuki	<b>1:05.54</b>	12,00
6.	GORDILLO CORONADO, Laura	81	Cn.Salinas	<b>1:07.71</b>	11,00
Baja	LAZZARATO, Giorgia	81	Cn.Salinas		-

45+

1.	CABRERA RUIZ, Luz Marina	75	Vulcania	<b>46.19</b>	19,00
2.	CABRERA RIVERA, Elena	76	Nonadamos	<b>52.11</b>	16,00
3.	DIAZ SANTANA, Luz Marina	76	Playuki	<b>56.87</b>	14,00
4.	SEIJO PEREIRA, Patricia	74	Metropole	<b>1:13.80</b>	13,00
DSQ	GUERRA ALEMAN, Raquel	76	Valleverde		-
NP	CABAL ALVAREZ, Beatriz Mª	74	Metropole		-
Baja	ROMERA GARCIA, Elisa Isabel	76	Cn.Salinas		-

50+

1.	WINKLER, Nicole	71	Vulcania	<b>44.46</b>	19,00
2.	RAMIREZ PERDOMO, Mª Begoña	73	Nonadamos	<b>45.77</b>	16,00
3.	GUILLEN GARCIA, Maria Delia	71	LasPalmas	<b>53.45</b>	14,00
4.	ASPAS PALACIOS, Rosa Maria	70	Metropole	<b>54.24</b>	13,00
5.	RAMIREZ PERDOMO, Fatima	70	Nonadamos	<b>54.46</b>	12,00
6.	MONTESDEOCA ZAMORA, Rosa Delia	71	Nonadamos	<b>59.41</b>	11,00
7.	NUDDS, Angela Louise	71	Vulcania	<b>59.62</b>	10,00
8.	HAMPLOVA, Eva	72	Cn.Salinas	<b>1:01.06</b>	9,00
9.	DE LEÓN FDEZ.-OLIVA, María Adela	71	TFMasters	<b>1:05.17</b>	8,00
10.	PULIDO CASTELLANO, Agueda	69	Valleverde	<b>1:09.51</b>	7,00

Prueba 6, Fem., 50m Braza, 50+

Clasificación	AN		Tiempo
11. CANTO VALLE, Susana	71	Playuki	<b>1:26.36</b> 6,00
Baja GONZALEZ ALBUJAR, Maria Rosa	70	Metropole	-
55+			
1. MEDINA IBAÑEZ, Ana	68	TFMasters	<b>53.64</b> 19,00
2. SARACENI, Paola Maria	65	Vulcania	<b>53.84</b> 16,00
3. LLARENA LOPEZ, Teresa	66	TFMasters	<b>1:06.89</b> 14,00
60+			
1. BRANF, Judith Sarah	60	Vulcania	<b>56.74</b> 19,00
65+			
1. LOPEZ GONZALEZ, Esther	55	TFMasters	<b>50.39</b> 19,00
2. AROCHA ISIDRO, Victoria	58	TFMasters	<b>1:35.35</b> 16,00
70+			
1. SEGARRA PEÑARROYA, Rosa	49	Vulcania	<b>47.74</b> 19,00
80+			
1. OJEDA GARCIA, Mª Dolores	42	Playuki	<b>1:57.43</b> 19,00

Prueba 7 Masc., 50m Braza 20 años y mayores  
16/12/2023 Resultados

Clasificación	AN		Tiempo
20+			
1. RODRIGUEZ MORALES, Agoney	99	Cristianos	<b>35.37</b> 19,00
2. GHOSN ACOSTA, Mario	99	Playuki	<b>36.82</b> 16,00
25+			
1. AYALA MAESTRE, Alejandro	97	Jerez	<b>33.60</b> -
2. SANTANA HERNANDEZ, Adrian Manue	95	LasPalmas	<b>34.58</b> 19,00
3. GONZALEZ PEREZ, Javier	95	Aguacan	<b>34.69</b> 16,00
4. GARCIA HOFMANN, Miguel Angel	97	Playuki	<b>35.35</b> 14,00
5. URIO ECHEVERRIA, Iker	94	Metropole	<b>36.07</b> 13,00
6. CIRUGEDA LOPEZ, Aythami	97	Nonadamos	<b>37.00</b> 12,00
7. ACEITUNO MARTÍNEZ, Manuel Jesús	98	Nonadamos	<b>39.48</b> 11,00
8. YANEZ ROSALES, Pablo	97	Valleverde	<b>46.31</b> 10,00



Prueba 7, Masc., 50m Braza

30+

1.	RAMIREZ O'SHANAHAM, Leopoldo	91	Metropole	<b>32.05</b>	19,00
2.	MORALES MARTINEZ, Adrian Luis	89	Teimar	<b>35.00</b>	16,00
3.	FERNANDEZ PELAEZ, Unai	89	Teimar	<b>41.36</b>	14,00
4.	DE CASTRO MONTERO, Borja	89	LasPalmas	<b>43.64</b>	13,00
5.	MONTELONGO MANRIQUE DE LARA, 93	89	LasPalmas	<b>1:25.03</b>	12,00
Baja	ALEMAN AMADOR, Santiago	89	Faynagua		-

35+

1.	PALACIOS PEREZ, Daniel	87	San Blas	<b>35.11</b>	-
2.	MEZZANZANICA, Fabio	85	Cristianos	<b>36.24</b>	19,00
3.	GARCIA CATALA, Josue	87	Metropole	<b>39.54</b>	16,00
4.	PADILLA CARREÑO, Pedro Pablo	86	Vulcania	<b>39.99</b>	14,00
5.	SUAREZ LOPEZ, Alejandro	86	Playuki	<b>42.52</b>	13,00
6.	MARICHAL, Ivanosky	86	LasPalmas	<b>57.91</b>	12,00

40+

1.	BAS MARTINEZ, Francisco Javier	82	Jerez	<b>32.32</b>	-
2.	GONZALEZ GONZALEZ, Francisco Josi	83	Teimar	<b>34.63</b>	19,00
3.	NIETO ARIAS, Oscar	81	Cn.Salinas	<b>36.31</b>	16,00
4.	BONILLA AVILA, Zebensui	81	TFMasters	<b>36.38</b>	14,00
5.	TORNERO GOMEZ, Tomas	79	Vulcania	<b>37.03</b>	13,00
6.	MEDINA PETRINI, Armando	83	LasPalmas	<b>39.35</b>	12,00
7.	MOSLER, Roman	81	LasPalmas	<b>44.55</b>	11,00
8.	ABREU BENITO, Eugenio Manuel	79	TFMasters	<b>46.21</b>	10,00
NP	YAMAGUCHI PADILLA, Masahiro	83	LasPalmas		-
NP	NAVARRO FARIAS, Santiago	81	Faynagua		-

45+

1.	TONELLI, Marcello	75	Metropole	<b>32.47</b>	19,00
2.	BOADELLA, Emiliano	75	Metropole	<b>35.08</b>	16,00
3.	MORENO YÁNEZ, Adán	77	TFMasters	<b>38.37</b>	14,00
4.	LECUMBERRI BERNARDOS, Juan Josi	77	TFMasters	<b>38.74</b>	13,00
5.	MARTINEZ SANTOS, Ricardo Jose	76	LasPalmas	<b>39.45</b>	12,00
6.	BOLEAS GUTIERREZ, David	78	Playuki	<b>46.11</b>	11,00
DSQ	ARENCIBIA QUINTANA, Jose Luis	74	Valleverde		-
<i>DVI - Desc Viraje Irregular</i>					

50+

1.	ST. MARY, Francisco	70	LasPalmas	<b>35.41</b>	19,00
2.	GONZALEZ SANCHEZ, Marcial	73	Faynagua	<b>41.54</b>	16,00
3.	NUEZ SÁNCHEZ, Carlos Luis	69	Aguacan	<b>41.69</b>	14,00
4.	MEJIAS PITTI, Julian Oscar	70	Cn.Salinas	<b>44.96</b>	13,00
5.	GARCIA DIAZ, Cayetano	71	Nonadamos	<b>45.08</b>	12,00
DSQ	MARTINEZ IBORT, David	71	LasPalmas		-
NP	MELIAN VILLALOBOS, Jose	73	LasPalmas		-
Baja	FERNANDEZ SOSA, Juan Carlos	73	LasPalmas		-



Prueba 7, Masc., 50m Braza

55+

1.	HENDRIKUS VREEKAMP, Remko	67	Playuki	<b>40.12</b>	19,00
2.	RODRIGUEZ SUAREZ, Juan Pedro	67	Metropole	<b>42.59</b>	16,00
3.	QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas	<b>47.17</b>	14,00
4.	RODRIGUEZ HENRIQUEZ, Jose Manue	64	Playuki	<b>47.19</b>	13,00
5.	HERNANDEZ DE LA ROSA, Ignacio Ma	65	Teimar	<b>47.25</b>	12,00
6.	QUEVEDO HERNANDEZ, Rafael	64	Jescagua	<b>47.47</b>	11,00
7.	FRANCO QUINTANA, Pedro	64	Cn.Salinas	<b>53.27</b>	10,00
8.	RAMIREZ MARRERO, Javier	67	LasPalmas	<b>56.34</b>	9,00

60+

1.	SJOSTROM, Eric Halvar	59	Swim&Train	<b>35.71</b>	19,00	R. MASTE
2.	FERNANDEZ HERNANDEZ, Alonso	60	TFMasters	<b>38.22</b>	16,00	
3.	MORALES AYALA, Juanjo	63	Aguacan	<b>40.62</b>	14,00	
4.	GHOSN SANTANA, Mario	63	Playuki	<b>46.76</b>	13,00	
5.	MATEOS BATISTA, Francisco	62	LasPalmas	<b>55.79</b>	12,00	
6.	BRAVO DE LAGUNA SOCORRO, Albe	62	LasPalmas	<b>57.88</b>	11,00	

65+

1.	PERERA MOLINERO, Antonio	55	TFMasters	<b>41.80</b>	19,00
2.	DIAZ CASTRO, Jose Maria	57	TFMasters	<b>45.42</b>	16,00
3.	GOMEZ-GUILLAMON ARRABAL, Luis	57	LasPalmas	<b>47.47</b>	14,00
4.	CARBALLO CAMINO, Fco Javier	57	Playuki	<b>54.52</b>	13,00
5.	TAVIO VENTURA, José Marcial	58	Teimar	<b>58.34</b>	12,00

70+

1.	CASTRILLÓN GARCÍA-DELGADO, Jos	49	TFMasters	<b>55.05</b>	19,00
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75+

1.	CABRERA BARBUZANO, Fernando	48	Cn.Salinas	<b>52.48</b>	19,00
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80+

1.	BOSSERT SCHWARZE, Ingolf	40	TFMasters	<b>1:00.27</b>	19,00
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Prueba 8  
16/12/2023

Fem., 100m Espalda

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	HERNÁNDEZ CASTRILLO, Yessica	00	Aguacan	<b>1:12.61</b>	19,00
	50m: 34.39 34.39 100m: 1:12.61		38.22		
2.	GIL MUÑOZ, Esmeralda	99	Nonadamos	<b>1:26.01</b>	16,00
	50m: 42.79 42.79 100m: 1:26.01		43.22		
3.	ESPINEL ALEMÁN, Nerea	03	Playuki	<b>1:32.66</b>	14,00
	50m: 43.89 43.89 100m: 1:32.66		48.77		

Prueba 8, Fem., 100m Espalda, 20+

Clasificación	AN				Tiempo	
4. GUILLEN CARRION, Andrea	00	Playuki			<b>1:54.77</b>	13,00
50m: 52.87 52.87	100m: 1:54.77	1:01.90				
5. PAVIA SOSA, Maria Rosa	99	LasPalmas			<b>1:54.91</b>	12,00
50m: 57.14 57.14	100m: 1:54.91	57.77				
NP PEREZ SUAREZ, Laura	01	LasPalmas				-
25+						
1. RUIZ DOMINGUEZ, Marta	96	Chamartin			<b>1:18.71</b>	-
50m: 37.79 37.79	100m: 1:18.71	40.92				
2. RAMIREZ O'SHANAHAN, magdala	95	Metropole			<b>1:20.64</b>	19,00
50m: 39.52 39.52	100m: 1:20.64	41.12				
3. ZURITA LOZANO, Valle	94	Vulcania			<b>1:22.05</b>	16,00
50m: 40.35 40.35	100m: 1:22.05	41.70				
4. GONZALEZ BORGES, Davina	97	Nonadamos			<b>1:38.87</b>	14,00
50m: 48.50 48.50	100m: 1:38.87	50.37				
30+						
1. SANTANA ALMEIDA, Ester	92	Aguacan			<b>1:27.32</b>	19,00
50m: 41.90 41.90	100m: 1:27.32	45.42				
2. BOUCHET, Sybille	93	Vulcania			<b>1:29.37</b>	16,00
50m: 42.34 42.34	100m: 1:29.37	47.03				
3. MATOS MEJIAS, Sara	93	Faynagua			<b>1:34.88</b>	14,00
50m: 45.43 45.43	100m: 1:34.88	49.45				
4. BARRERO BERNAL, Laura	90	Nonadamos			<b>1:43.39</b>	13,00
50m: 51.80 51.80	100m: 1:43.39	51.59				
5. AVEDANO DIAZ, Pamela	92	Nonadamos			<b>2:00.98</b>	12,00
50m: 57.75 57.75	100m: 2:00.98	1:03.23				
35+						
1. QUINTERO QUINTERO, Katihusca	87	TFMasters			<b>1:27.23</b>	19,00
50m: 41.37 41.37	100m: 1:27.23	45.86				
Baja MENDOZA MARTIN, Maria Jose	87	Valleverde				-
40+						
1. ARANTZAMENDI LLULL, Jamila	81	TFMasters			<b>1:23.25</b>	19,00
50m: 39.43 39.43	100m: 1:23.25	43.82				
2. FERNANDEZ MONROY, Nira	81	Playuki			<b>2:11.58</b>	16,00
50m: 1:04.43 1:04.43	100m: 2:11.58	1:07.15				
3. GORDILLO CORONADO, Laura	81	Cn.Salinas			<b>2:17.41</b>	14,00
50m: 1:06.14 1:06.14	100m: 2:17.41	1:11.27				

Prueba 8, Fem., 100m Espalda

45+

1.	MONZON MEDINA, Gloria Maria	76	Cn.Salinas	<b>1:53.34</b>	19,00
2.	JIMENEZ JIMENEZ, Leticia	77	Valleverde	<b>2:04.20</b>	16,00
	50m: 58.35 58.35 100m: 2:04.20 1:05.85				
Baja	TOSO PASSOW, Carolina	78	San Blas		-
Baja	GUERRA ALEMAN, Raquel	76	Valleverde		-

50+

1.	WÄGNER FAHLLIN, Ana Maria	71	Metropole	<b>1:24.07</b>	19,00
	50m: 41.42 41.42 100m: 1:24.07 42.65				
2.	PEREZ GARCIA, Noemi	73	TFMasters	<b>1:35.11</b>	16,00
	50m: 45.53 45.53 100m: 1:35.11 49.58				
3.	TABARES DE NAVA, Nuria	69	TFMasters	<b>1:45.41</b>	14,00
	50m: 52.99 52.99 100m: 1:45.41 52.42				
4.	LLOYD, Heather Rowenne	71	Vulcania	<b>1:48.97</b>	13,00
	50m: 53.72 53.72 100m: 1:48.97 55.25				
5.	PULIDO CASTELLANO, Agueda	69	Valleverde	<b>3:25.53</b>	12,00
	50m: 1:35.54 1:35.54 100m: 3:25.53 1:49.99				
Baja	ROSALES AROCHA, Ana Esther	69	Cn.Salinas		-

55+

1.	CARAMES PEREZ, Carmen Dolores	68	Faynagua	<b>1:54.90</b>	19,00
	50m: 54.76 54.76 100m: 1:54.90 1:00.14				
2.	LLARENA LOPEZ, Teresa	66	TFMasters	<b>2:23.09</b>	16,00
	50m: 1:11.17 1:11.17 100m: 2:23.09 1:11.92				
DSQ	PEREZ SANTANA, Aranzazu	66	Valleverde		-
	<i>DVI - Desc Viraje Irregular</i>				

60+

1.	BAEZ CEJAS, Maria Mercedes	60	TFMasters	<b>1:49.71</b>	19,00
	50m: 54.15 54.15 100m: 1:49.71 55.56				
2.	MONTESDEOCA OJEDA, Maria Del Ca60en		LasPalmas	<b>1:54.37</b>	16,00
	50m: 53.55 53.55 100m: 1:54.37 1:00.82				
3.	GONZALEZ LOPEZ, Mª Del Carmen	63	LasPalmas	<b>2:08.17</b>	14,00
	50m: 1:03.52 1:03.52 100m: 2:08.17 1:04.65				
4.	ROMERO MANZANO, Ana Maria	62	TFMasters	<b>2:28.46</b>	13,00
	50m: 1:11.97 1:11.97 100m: 2:28.46 1:16.49				

70+

1.	ALONSO CARDENES, Maria Del Pino	49	Playuki	<b>3:13.65</b>	19,00
	50m: 1:33.06 1:33.06 100m: 3:13.65 1:40.59				

Prueba 8, Fem., 100m Espalda

80+

1. OJEDA GARCIA, M<sup>a</sup> Dolores 42 Playuki 3:01.03 19,00  
50m: 1:29.09 1:29.09 100m: 3:01.03 1:31.94

Prueba 9  
16/12/2023

Masc., 100m Espalda

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1. FABREGAS FLORES, Luis 99 LasPalmas 1:05.01 19,00  
50m: 31.41 31.41 100m: 1:05.01 33.60  
2. RAMIREZ MORALES, Sergio C. 03 Faynagua 1:06.04 16,00  
50m: 32.09 32.09 100m: 1:06.04 33.95  
3. PEREZ ALVAREZ, Ivan Carlo 99 LasPalmas 1:17.80 14,00  
50m: 37.53 37.53 100m: 1:17.80 40.27

25+

1. FALCON LORENZO, Javier 94 Faynagua 1:11.37 19,00  
50m: 35.10 35.10 100m: 1:11.37 36.27  
2. YANEZ ROSALES, Pablo 97 Valleverde 1:39.00 16,00  
50m: 45.90 45.90 100m: 1:39.00 53.10

Baja LOPEZ GARCIA, Andreas 98 Cn.Salinas -

30+

1. RAMIREZ O'SHANAHAN, Guillermo 93 Metropole 1:04.33 19,00  
50m: 32.29 32.29 100m: 1:04.33 32.04  
2. HERNANDEZ HERNANDEZ, Pablo 89 TFMasters 1:12.29 16,00  
50m: 34.94 34.94 100m: 1:12.29 37.35  
3. CHISVERT MATEU, Isidro 90 Vulcania 1:27.74 14,00  
50m: 43.32 43.32 100m: 1:27.74 44.42  
4. DIAZ VERA, Ivor Jose 93 Cn.Salinas 1:57.38 13,00  
50m: 56.11 56.11 100m: 1:57.38 1:01.27

DSQ MONTELONGO MANRIQUE DE LARA,93 LasPalmas -  
DNI - Desc Nado Irregular

Baja RODRIGUEZ PULIDO, Daniel 89 Valleverde -

Baja WATSON, Tom Mark 91 Vulcania -

35+

1. GARCIA CASTILLO, Jose Victor 88 TFMasters 1:08.70 19,00  
50m: 32.57 32.57 100m: 1:08.70 36.13  
2. DE CASTRO MONTERO, Adolfo 86 LasPalmas 1:42.31 16,00  
50m: 49.32 49.32 100m: 1:42.31 52.99

Prueba 9, Masc., 100m Espalda, 35+

Clasificación	AN	Tiempo
DSQ PEREZ LIRIA, Ancor <i>DVI - Desc Viraje Irregular</i>	84 Cn.Salinas	-
40+		
1. ZEMIER, Karol 50m: 29.51 29.51 100m: 1:01.51	82 LasPalmas 32.00	<b>1:01.51</b> 19,00
2. VAZQUEZ IGLESIAS, Jorge 50m: 33.96 33.96 100m: 1:10.62	81 Vulcania 36.66	<b>1:10.62</b> 16,00
3. GARCIA HERNANDEZ, Marcos 50m: 38.58 38.58 100m: 1:17.69	80 Playuki 39.11	<b>1:17.69</b> 14,00
4. RODRIGUEZ VIERA, Jose Javier 50m: 42.04 42.04 100m: 1:25.87	82 LasPalmas 43.83	<b>1:25.87</b> 13,00
5. SILVA ELVIRA, Aday 50m: 49.21 49.21 100m: 1:43.02	81 LasPalmas 53.81	<b>1:43.02</b> 12,00
45+		
1. TUYA, Ricardo 50m: 33.71 33.71 100m: 1:09.27	76 Metropole 35.56	<b>1:09.27</b> 19,00
2. AGUILAR MERINO, Roberto 50m: 34.03 34.03 100m: 1:09.96	77 4K 35.93	<b>1:09.96</b> -
3. ARENCIBIA QUINTANA, Jose Luis 50m: 59.48 59.48 100m: 2:05.40	74 Valleverde 1:05.92	<b>2:05.40</b> 16,00
Baja SEGARRA CARRANZA, Isaac	74 Cn.Salinas	-
50+		
1. LOPEZ ALVARADO, Javier 50m: 36.49 36.49 100m: 1:13.36	71 Metropole 36.87	<b>1:13.36</b> 19,00
2. ALAMO MARTINEZ, Fernando 50m: 48.48 48.48 100m: 1:41.06	69 Playuki 52.58	<b>1:41.06</b> 16,00
3. GONZÁLEZ DÍAZ, Domingo 50m: 53.60 53.60 100m: 1:53.72	71 TFMasters 1:00.12	<b>1:53.72</b> 14,00
4. PEREZ ARAÑA, Juan Manuel 50m: 58.53 58.53 100m: 1:59.78	72 Cn.Salinas 1:01.25	<b>1:59.78</b> 13,00
55+		
1. JIMENEZ DE LA GUARDIA, Miguel A 50m: 44.05 44.05 100m: 1:31.68	65 Playuki 47.63	<b>1:31.68</b> 19,00
2. FRANCO QUINTANA, Pedro 50m: 53.68 53.68 100m: 1:48.30	64 Cn.Salinas 54.62	<b>1:48.30</b> 16,00
3. SUAREZ RODRIGUEZ, Manuel 50m: 1:03.90 1:03.90 100m: 2:12.13	66 Playuki 1:08.23	<b>2:12.13</b> 14,00

Prueba 9, Masc., 100m Espalda

60+

1.	GONZALEZ PEREZ, Domingo	61	TFMasters	<b>1:17.54</b>	19,00
	50m: 38.55 38.55 100m: 1:17.54		38.99		
2.	BINI, Bruno	60	Vulcania	<b>1:25.78</b>	16,00
	50m: 41.92 41.92 100m: 1:25.78		43.86		
3.	MATEOS BATISTA, Francisco	62	LasPalmas	<b>1:44.58</b>	14,00
	50m: 50.38 50.38 100m: 1:44.58		54.20		
4.	GHOSN SANTANA, Mario	63	Playuki	<b>1:49.86</b>	13,00
	50m: 54.53 54.53 100m: 1:49.86		55.33		
Baja	SANTANA MILAN, Jose	60	Cn.Salinas		-

65+

1.	BARRIOS BORGES, Jose Ramon	54	TFMasters	<b>1:34.34</b>	19,00
	50m: 46.38 46.38 100m: 1:34.34		47.96		
2.	MORENO PÉREZ, José Andrés	58	TFMasters	<b>1:51.84</b>	16,00
	50m: 54.14 54.14 100m: 1:51.84		57.70		

Prueba 10  
16/12/2023

Fem., 100m Estilos

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	CERPA CABALLERO, Xiomara M <sup>a</sup>	01	Aguacan	<b>1:13.88</b>	19,00
	50m: 34.85 34.85 100m: 1:13.88		39.03		
2.	GONZALEZ BORGES, Maria	01	Nonadamos	<b>1:25.03</b>	16,00
	50m: 40.11 40.11 100m: 1:25.03		44.92		
3.	GIRALDEZ OSORIO, Marta	00	Solventia	<b>1:32.06</b>	14,00
	50m: 43.55 43.55 100m: 1:32.06		48.51		

25+

1.	RUIZ DOMINGUEZ, Marta	96	Chamartin	<b>1:19.19</b>	-
	50m: 35.77 35.77 100m: 1:19.19		43.42		
2.	MEDINA SANTANA, Beatriz	95	Playuki	<b>1:25.12</b>	19,00
	50m: 39.62 39.62 100m: 1:25.12		45.50		
3.	FRIAS ALVAREZ, Ariadna	95	Metropole	<b>1:26.65</b>	16,00
	50m: 39.58 39.58 100m: 1:26.65		47.07		
4.	RIVERO SANTANA, Sheila	96	LasPalmas	<b>1:34.02</b>	14,00
	50m: 43.31 43.31 100m: 1:34.02		50.71		
5.	PICOS HERNÁNDEZ, Laura	97	Nonadamos	<b>1:38.90</b>	13,00
	50m: 46.64 46.64 100m: 1:38.90		52.26		

Prueba 10, Fem., 100m Estilos

30+

1.	MARTINEZ DE LA CRUZ, Azahara	89	Vulcania	<b>1:18.09</b>	19,00
	50m: 37.29 37.29 100m: 1:18.09		40.80		
2.	BOUCHET, Sybille	93	Vulcania	<b>1:23.03</b>	16,00
	50m: 39.86 39.86 100m: 1:23.03		43.17		
3.	MUJICA GONZALEZ, Maria Tatiana	92	Swim&Train	<b>1:23.87</b>	14,00
	50m: 39.51 39.51 100m: 1:23.87		44.36		
4.	VELASCO PEREZ, Adriana	93	LasPalmas	<b>1:26.90</b>	13,00
	50m: 41.39 41.39 100m: 1:26.90		45.51		
5.	GUTIERREZ CRUZ, Laura	93	Vulcania	<b>1:29.81</b>	12,00
	50m: 42.33 42.33 100m: 1:29.81		47.48		
6.	ALONSO RAVELO, Beatriz	93	Faynagua	<b>1:32.75</b>	11,00
	50m: 42.87 42.87 100m: 1:32.75		49.88		
7.	MATOS MEJIAS, Sara	93	Faynagua	<b>1:35.18</b>	10,00
	50m: 45.47 45.47 100m: 1:35.18		49.71		
8.	AGUIAR AXPE, Irene	89	Cn.Salinas	<b>2:06.66</b>	9,00
	50m: 1:00.19 1:00.19 100m: 2:06.66		1:06.47		
DSQ	GARCIA CERVANTES, Laura	89	Nonadamos		-
	DSA - Desc Salida Anticipada				

35+

1.	QUINTERO QUINTERO, Katihusca	87	TFMasters	<b>1:26.42</b>	19,00
	50m: 38.51 38.51 100m: 1:26.42		47.91		
2.	DIAZ CORUÑA, Elizabeth	86	LasPalmas	<b>1:35.09</b>	16,00
	50m: 43.41 43.41 100m: 1:35.09		51.68		
3.	DIAZ AMORES, Jennifer	86	Swim&Train	<b>1:36.25</b>	14,00
	50m: 43.05 43.05 100m: 1:36.25		53.20		
Baja	CAMPBELL ZEMIER, Veronica	86	LasPalmas		-

40+

1.	GARCIA DENIZ, Zaida	83	LasPalmas	<b>1:24.78</b>	19,00
	50m: 39.53 39.53 100m: 1:24.78		45.25		
2.	FERNANDEZ MEJIAS, Tamara	81	Playuki	<b>1:25.44</b>	16,00
	50m: 40.37 40.37 100m: 1:25.44		45.07		
3.	GARCIA ALARCOS, Sara	80	Vulcania	<b>1:30.97</b>	14,00
	50m: 41.69 41.69 100m: 1:30.97		49.28		
4.	CORTES ALVAREZ, Elisa	82	Jescagua	<b>1:40.59</b>	13,00
	50m: 47.77 47.77 100m: 1:40.59		52.82		
5.	LEON CAZORLA, Benayga	83	Cn.Salinas	<b>1:45.38</b>	12,00
	50m: 53.11 53.11 100m: 1:45.38		52.27		
Baja	LAZZARATO, Giorgia	81	Cn.Salinas		-

Prueba 10, Fem., 100m Estilos

45+

1.	VALIDO CARREÑO, Isabel	74	LasPalmas	<b>1:19.91</b>	19,00
	50m: 37.15 37.15 100m: 1:19.91		42.76		
2.	GOMEZ TRIGUEROS, Margarita	74	Metropole	<b>1:36.80</b>	16,00
	50m: 49.44 49.44 100m: 1:36.80		47.36		
3.	DIAZ SANTANA, Luz Marina	76	Playuki	<b>1:45.59</b>	14,00
	50m: 51.68 51.68 100m: 1:45.59		53.91		
4.	MONZON MEDINA, Gloria Maria	76	Cn.Salinas	<b>1:47.30</b>	13,00
	50m: 50.23 50.23 100m: 1:47.30		57.07		
5.	CABRERA RIVERA, Elena	76	Nonadamos	<b>1:49.93</b>	12,00
	50m: 55.01 55.01 100m: 1:49.93		54.92		
6.	GONZALES RAMIRES, Silvia	76	Cn.Salinas	<b>1:54.79</b>	11,00
	50m: 52.69 52.69 100m: 1:54.79		1:02.10		
NP	CABAL ALVAREZ, Beatriz Mª	74	Metropole		-

50+

1.	WÄGNER FAHLIN, Ana Maria	71	Metropole	<b>1:22.13</b>	19,00	R. MASTE
	50m: 39.35 39.35 100m: 1:22.13		42.78			
2.	VALLE MUÑOZ, Maria Almudena	72	4K	<b>1:30.70</b>	-	
	50m: 41.01 41.01 100m: 1:30.70		49.69			
3.	RAMIREZ PERDOMO, Mª Begoña	73	Nonadamos	<b>1:33.36</b>	16,00	
	50m: 42.28 42.28 100m: 1:33.36		51.08			
4.	PEREZ GARCIA, Noemi	73	TFMasters	<b>1:34.87</b>	14,00	
	50m: 42.72 42.72 100m: 1:34.87		52.15			
5.	CANTO VALLE, Susana	71	Playuki	<b>2:33.90</b>	13,00	
	50m: 1:10.32 1:10.32 100m: 2:33.90		1:23.58			

55+

1.	ESCATLLAR FDEZ. DE MISA, Concepc66n	TFMasters	<b>1:21.68</b>	19,00	
	50m: 38.24 38.24 100m: 1:21.68		43.44		
2.	MEDINA IBÁÑEZ, Ana	68	TFMasters	<b>1:53.67</b>	16,00
	50m: 56.12 56.12 100m: 1:53.67		57.55		

60+

1.	LAIS, Cinzia	59	Vulcania	<b>1:33.82</b>	19,00	
	50m: 41.85 41.85 100m: 1:33.82		51.97			
2.	MONTESDEOCA OJEDA, Maria Del Ca60en	LasPalmas	<b>1:55.02</b>	16,00		
	50m: 53.96 53.96 100m: 1:55.02		1:01.06			
3.	LARRODE GARCIA, Pilar	59	TFMasters	<b>2:11.35</b>	14,00	
	50m: 1:05.50 1:05.50 100m: 2:11.35		1:05.85			
DSQ	ROMERO MANZANO, Ana Maria	62	TFMasters		-	
	DSA - Desc Salida Anticipada					



Prueba 10, Fem., 100m Estilos

65+

1. AROCHA ISIDRO, Victoria	58	TFMasters	<b>2:20.69</b>	19,00
50m: 1:14.06 1:14.06	100m: 2:20.69	1:06.63		

Prueba 11  
16/12/2023

Masc., 100m Estilos

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1. SANTANA REYES, Carmelo	03	Faynagua	<b>1:07.36</b>	19,00
50m: 31.75 31.75	100m: 1:07.36	35.61		
2. LEON TRUJILLO, Ernesto	01	Cn.Salinas	<b>1:08.15</b>	16,00
50m: 32.33 32.33	100m: 1:08.15	35.82		
3. FABREGAS FLORES, Luis	99	LasPalmas	<b>1:08.45</b>	14,00
50m: 30.75 30.75	100m: 1:08.45	37.70		
4. RODRIGUEZ MORALES, Agoney	99	Cristianos	<b>1:10.80</b>	13,00
50m: 32.20 32.20	100m: 1:10.80	38.60		
5. QUESADA ROSARIO, Yoel	99	Playuki	<b>1:10.89</b>	12,00
50m: 32.67 32.67	100m: 1:10.89	38.22		
6. GHOSN ACOSTA, Mario	99	Playuki	<b>1:17.03</b>	11,00
50m: 34.94 34.94	100m: 1:17.03	42.09		
7. ROSALES DIAZ, Nestor	01	Solventia	<b>1:18.87</b>	10,00
50m: 36.10 36.10	100m: 1:18.87	42.77		

25+

1. RODRIGUEZ MARTIN, Eric	98	TFMasters	<b>1:01.47</b>	19,00	R. MASTE
50m: 28.44 28.44	100m: 1:01.47	33.03			
2. RUIZ SEIJO, Brais	98	Vulcania	<b>1:01.72</b>	16,00	
50m: 28.39 28.39	100m: 1:01.72	33.33			
3. RUBIALES CACERES, Daniel	97	LasPalmas	<b>1:11.38</b>	14,00	
4. ACOSTA DE LEON, Santiago	96	Playuki	<b>1:30.22</b>	13,00	
50m: 41.51 41.51	100m: 1:30.22	48.71			
5. SÁNCHEZ ESTUPIÑÁN, Adriano León	96	Jescagua	<b>1:32.04</b>	12,00	
50m: 40.73 40.73	100m: 1:32.04	51.31			
6. RODRIGUEZ GONZALEZ, sergio	94	Jescagua	<b>1:32.87</b>	11,00	
50m: 43.51 43.51	100m: 1:32.87	49.36			

Baja LOPEZ GARCIA, Andreas 98 Cn.Salinas -

Prueba 11, Masc., 100m Estilos

30+

1.	HERNANDEZ HERNANDEZ, Pablo	89	TFMasters	<b>1:09.61</b>	19,00
	50m: 32.99 32.99 100m: 1:09.61		36.62		
2.	GONZALEZ GARCIA, Alvaro	93	Metropole	<b>1:12.11</b>	16,00
	50m: 32.90 32.90 100m: 1:12.11		39.21		
3.	NAVAS OJEDA, Angel luis	93	Metropole	<b>1:13.65</b>	14,00
	50m: 33.77 33.77 100m: 1:13.65		39.88		
4.	BRITO HERNANDEZ, Fernando Jose	92	Teimar	<b>1:14.47</b>	13,00
	50m: 33.11 33.11 100m: 1:14.47		41.36		
5.	ORTIZ HERNANDEZ, Alvaro	92	LasPalmas	<b>1:20.18</b>	12,00
	50m: 38.67 38.67 100m: 1:20.18		41.51		
6.	GARCIA DE LA HOZ, Adrian Cipriano	93	Nonadamos	<b>1:30.31</b>	11,00
	50m: 45.68 45.68 100m: 1:30.31		44.63		
NP	MARTÍNEZ,PELLÓN, Gustavo	93	Metropole		-

35+

1.	GARCIA CASTILLO, Jose Victor	88	TFMasters	<b>1:11.82</b>	19,00
	50m: 31.98 31.98 100m: 1:11.82		39.84		
2.	DE ARMAS PAGADOR, Javier	85	Jerez	<b>1:15.96</b>	-
	50m: 37.12 37.12 100m: 1:15.96		38.84		
3.	QUESADA PEREZ, Lorenzo	86	Teimar	<b>1:17.10</b>	16,00
	50m: 35.21 35.21 100m: 1:17.10		41.89		
4.	PADILLA CARREÑO, Pedro Pablo	86	Vulcania	<b>1:18.48</b>	14,00
	50m: 36.93 36.93 100m: 1:18.48		41.55		
5.	RODRIGO CAÑAS, Juan Miguel	87	Cn.Salinas	<b>1:21.32</b>	13,00
	50m: 38.18 38.18 100m: 1:21.32		43.14		
6.	REBULL LOPEZ, Jorge Alberto	88	Playuki	<b>1:22.22</b>	12,00
	50m: 36.80 36.80 100m: 1:22.22		45.42		
7.	SARMIENTO LEON, Dailos	88	Cn.Salinas	<b>1:22.50</b>	11,00
	50m: 40.36 40.36 100m: 1:22.50		42.14		
8.	QUINTANA GARCIA, Daniel	85	LasPalmas	<b>1:29.13</b>	10,00
	50m: 43.19 43.19 100m: 1:29.13		45.94		

40+

1.	SANTANA SARMIENTO, Miguel	83	Faynagua	<b>1:09.28</b>	19,00
	50m: 33.76 33.76 100m: 1:09.28		35.52		
2.	JIMENEZ CASAS, Ignacio	79	Nonadamos	<b>1:10.38</b>	16,00
	50m: 32.88 32.88 100m: 1:10.38		37.50		
3.	HERNANDEZ PEREZ, Jonathan	82	Cn.Salinas	<b>1:13.15</b>	14,00
	50m: 34.80 34.80 100m: 1:13.15		38.35		
4.	GARCIA HERNANDEZ, Marcos	80	Playuki	<b>1:16.04</b>	13,00
	50m: 34.55 34.55 100m: 1:16.04		41.49		

Prueba 11, Masc., 100m Estilos, 40+

Clasificación	AN		Tiempo
5. VAZQUEZ MORALES, Hector	82	LasPalmas	<b>1:19.61</b> 12,00
50m: 36.16 36.16 100m: 1:19.61		43.45	
6. GOMEZ GOMEZ DE CADIÑANOS, Alberto	80	Cn.Salinas	<b>1:22.49</b> 11,00
50m: 39.07 39.07 100m: 1:22.49		43.42	
7. MEDINA PETRINI, Armando	83	LasPalmas	<b>1:24.02</b> 10,00
50m: 41.22 41.22 100m: 1:24.02		42.80	
DSQ HERRERA QUEVEDO, Evaristo	79	Metropole	-
<i>DNI - Desc Nado Irregular</i>			
NP RUIZ PEREZ, Fernando	81	A.D. S.C.	-

45+

1. ARANDA GALLEGO, Jose Juan	75	Vulcania	<b>1:03.21</b> 19,00
50m: 28.92 28.92 100m: 1:03.21		34.29	
2. GARCIA BORJA, Raul	78	Swimfaster	<b>1:04.02</b> -
50m: 31.61 31.61 100m: 1:04.02		32.41	
3. REINO ASCANIO, Abian	77	Metropole	<b>1:07.92</b> 16,00
50m: 31.85 31.85 100m: 1:07.92		36.07	
4. LECUMBERRI BERNARDOS, Juan Jos	77	TFMasters	<b>1:10.63</b> 14,00
50m: 32.65 32.65 100m: 1:10.63		37.98	
5. BOADELLA, Emiliano	75	Metropole	<b>1:11.98</b> 13,00
50m: 34.58 34.58 100m: 1:11.98		37.40	
6. RODRIGUEZ REYES, Miguel A	77	LasPalmas	<b>1:17.04</b> 12,00
50m: 36.49 36.49 100m: 1:17.04		40.55	
7. BOLEAS GUTIERREZ, David	78	Playuki	<b>1:37.81</b> 11,00
50m: 49.38 49.38 100m: 1:37.81		48.43	
8. GARCÍA OJEDA, Justo Manuel	78	Jescagua	<b>1:46.00</b> 10,00
50m: 48.89 48.89 100m: 1:46.00		57.11	
DSQ LAGO IGLESIAS, Manuel Antonio	76	Solventia	-
<i>DNI - Desc Nado Irregular</i>			
Baja PEREZ RODRIGUEZ, David C	77	Playuki	-

50+

1. ESPINO MORILLAS, Juan Luis	72	Aguacan	<b>1:18.70</b> 19,00
50m: 35.98 35.98 100m: 1:18.70		42.72	
2. GONZALEZ SANCHEZ, Marcial	73	Faynagua	<b>1:27.87</b> 16,00
50m: 42.88 42.88 100m: 1:27.87		44.99	
3. GARCIA DIAZ, Cayetano	71	Nonadamos	<b>1:43.81</b> 14,00
50m: 49.83 49.83 100m: 1:43.81		53.98	
Baja FERNANDEZ SOSA, Juan Carlos	73	LasPalmas	-

Prueba 11, Masc., 100m Estilos

55+

1.	NUÑEZ NODA, Bernardo	65	TFMasters	<b>1:10.06</b>	19,00
	50m: 32.13 32.13	100m: 1:10.06	37.93		
2.	MAESO VERGARA, Miguel Benito	67	TFMasters	<b>1:19.52</b>	16,00
	50m: 37.86 37.86	100m: 1:19.52	41.66		
3.	RODRIGUEZ SUAREZ, Juan Pedro	67	Metropole	<b>1:23.05</b>	14,00
	50m: 39.75 39.75	100m: 1:23.05	43.30		
4.	RIVERA VIÑA, Francisco Manuel	66	Jescagua	<b>1:28.87</b>	13,00
	50m: 40.44 40.44	100m: 1:28.87	48.43		
5.	RODRIGUEZ HENRIQUEZ, Jose Manue	64	Playuki	<b>1:40.82</b>	12,00
	50m: 48.74 48.74	100m: 1:40.82	52.08		
6.	SANTANA ALMEIDA, Gonzalo	66	Nonadamos	<b>1:44.71</b>	11,00
	50m: 48.76 48.76	100m: 1:44.71	55.95		

60+

1.	VALLEJO ARROYO, Juan Carlos	63	Vulcania	<b>1:10.53</b>	19,00	R. MASTE
2.	GONZALEZ PEREZ, Domingo	61	TFMasters	<b>1:21.39</b>	16,00	
	50m: 37.31 37.31	100m: 1:21.39	44.08			
3.	DIAZ DIAZ, Celso Julio	59	Teimar	<b>1:47.90</b>	14,00	
	50m: 49.72 49.72	100m: 1:47.90	58.18			

Baja TAVIO VENTURA, Juan Diego 60 Teimar -

65+

1.	LUNA GIL, Antonio	55	TFMasters	<b>1:23.44</b>	19,00
	50m: 38.34 38.34	100m: 1:23.44	45.10		
2.	YURRITA DOMINGUEZ, Miguel Angel	57	Vulcania	<b>1:35.85</b>	16,00
	50m: 43.83 43.83	100m: 1:35.85	52.02		
3.	RIVERO SANCHEZ, Sergio	54	Cn.Salinas	<b>1:58.31</b>	14,00

70+

1.	RIERA MONTAL, Agustin	49	TFMasters	<b>1:54.30</b>	19,00
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75+

1.	METZ, Michael Gustav	48	TFMasters	<b>1:54.53</b>	19,00
	50m: 56.64 56.64	100m: 1:54.53	57.89		

Prueba 12  
16/12/2023

Fem., 4 x 50m Libre

AG 80 - 399  
Resultados

Clasificación

Tiempo

**+80 (PRE-MASTER)**

1. Nonadamos 80			Nonadamos		<b>2:18.08</b>	38,00
GIL MUÑOZ, Esmeralda	99		PICOS HERNÁNDEZ, Laura	97	0.00	36.63
GONZALEZ BORGES, Maria	01	0.00	RAMOS SANTANA, Laura María	98	0.00	34.07
2. Playuki 80			Playuki		<b>2:27.51</b>	32,00
GUILLÉN CARRION, Andrea	00		ESPINEL ALEMÁN, Nerea	03	0.00	35.36
AFONSO GONZALEZ, Diana	99	0.00	JIMENEZ QUINTANA, Esther	01	0.00	30.24

**+100**

1. LasPalmas 100			LasPalmas		<b>2:17.64</b>	38,00
HORTIGÜELA PINTADO, Marta	95		PERERA SUAREZ, Ylenia	96	0.00	
RIVERO SANTANA, Sheila	96	0.00	ARTILES CARBALLO, Irene	96	0.00	30.45

Baja Vulcania 100

Vulcania

-

**+120**

1. Vulcania 120			Vulcania		<b>2:10.91</b>	38,00
MARTINEZ DE LA CRUZ, Azahara	89		GUERRER CRUZ, Laura	93	0.00	33.83
ZURITA LOZANO, Valle	94	0.00	BOUCHET, Sybille	93	0.00	31.53
2. Playuki 120			Playuki		<b>2:22.67</b>	32,00
MEDINA SANTANA, Beatriz	95		FERNANDEZ MEJIAS, Tamara	81	0.00	34.28
GONZALEZ RAMOS, Raquel	95	0.00	VEGA SANTANA, Ana	97	0.00	31.29
3. LasPalmas 120			LasPalmas		<b>2:22.89</b>	28,00
SANTANA MARTIN, Ylenia	85		VELASCO PEREZ, Adriana	93	0.00	33.62
DIAZ CORUÑA, Elizabeth	86	0.00	GARCIA DENIZ, Zaida	83	0.00	31.32
4. Nonadamos 120			Nonadamos		<b>2:43.44</b>	26,00
POMAR SARASA, Almudena	85		AVEDANO DIAZ, Pamela	92	0.00	39.66
DÍAZ MAYORDOMO PECHARROM, Raquel	86	0.00	GONZALEZ BORGES, Davina	97	0.00	36.28

DSQ Cn.Salinas 120

Cn.Salinas

-

BLANCO BETANCOR, Cristina, SANTANA DENIZ, Sonia Del Carmen, AGUIAR AXPE, Irene, ESTUPIÑAN CABRERA, Paula

**+160**

1. TFMasters 160			TFMasters		<b>2:11.41</b>	38,00
NEGRIN FIGUEROA, Elena	70		QUINTERO QUINTERO, Katihusca	87	0.00	32.49
CIERNA, Zuzana	83	0.00	ARANTZAMENDI LLULL, Jamila	81	0.00	31.44
2. Teimar 160			Teimar		<b>2:21.92</b>	32,00
GARCIA ALLO, Maria Victoria	79		BENAVENTE VELASCO, Sandra	73	0.00	38.60
GRAU DE LOS REYES, Laura	91	0.00	ABASCAL RIVERO, Itziar	89	0.00	31.42
3. Nonadamos 160			Nonadamos		<b>2:24.92</b>	28,00
CABRERA RIVERA, Elena	76		BARRERO BERNAL, Laura	90	0.00	38.08
RAMIREZ PERDOMO, M <sup>a</sup> Begoña	73	0.00	GARCIA CERVANTES, Laura	89	0.00	31.57
4. Vulcania 160			Vulcania		<b>2:26.76</b>	26,00
GARCIA ALARCOS, Sara	80		CABRERA RUIZ, Luz Marina	75	0.00	36.42
RUIZ JIMENEZ, Ana Belen	82	0.00	VALVERDE HERNANDEZ, Cristina	89	0.00	34.41

Prueba 12, Fem., 4 x 50m Libre, +160

Clasificación

Tiempo

DSQ Cn.Salinas 160 Cn.Salinas -  
LAZZARATO, Giorgia, GONZALES RAMIRES, Silvia, GORDILLO CORONADO, Laura, LEON CAZORLA, Benayga

+200

1.	TFMasters 200				TFMasters		<b>2:25.10</b>	38,00
	TABARES DE NAVA, Nuria	69			37.99	MORENO ALOY, Rosa Ana	65	0.00 36.56
	PEREZ GARCIA, Noemi	73	0.00		38.35	ESCATLLAR FDEZ. DE MISA, Conc66cion	0.00	32.20
2.	LasPalmas 200				LasPalmas		<b>2:41.72</b>	32,00
	GUILLEN GARCIA, Maria Delia	71			41.12	MONTESDEOCA OJEDA, Maria Del 60rmen	0.00	
	GONZALEZ LOPEZ, Mª Del Carmer63	63	0.00			VALIDO CARREÑO, Isabel	74	0.00 33.22
3.	Nonadamos 200				Nonadamos		<b>2:53.49</b>	28,00
	GLAUBITZ, Susanne	70			42.23	MONTESDEOCA ZAMORA, Rosa D71a	0.00	49.78
	RAMIREZ PERDOMO, Fatima	70	0.00		40.55	CERVILLA PEREZ, Cristina	79	0.00 40.93
4.	Vulcania 200				Vulcania		<b>3:14.33</b>	26,00
	MARTIN CEDRES, Lidia Esther	69			46.27	NUDDS, Angela Louise	71	0.00
	LLOYD, Heather Rowenne	71	0.00		45.05	BRANF, Judith Sarah	60	0.00
5.	Valleverde 200				Valleverde		<b>3:14.99</b>	24,00
	JIMENEZ JIMENEZ, Leticia	77			42.90	RUIZ GARCIA, Olga	73	0.00 48.93
	GUERRA ALEMAN, Raquel	76	0.00		59.20	PEREZ SANTANA, Aranzazu	66	0.00 43.96
6.	Cn.Salinas 200				Cn.Salinas		<b>3:31.40</b>	22,00
	BENITEZ GONZALEZ, Maria Dolore66	66			56.01	HAMPLOVA, Eva	72	0.00 53.15
	GALBAN BENITEZ, Teresa Ana	52	0.00		59.68	MONZON MEDINA, Gloria Maria	76	0.00 42.56

Baja Metropole 200 Metropole -

+240

1.	Vulcania 240				Vulcania		<b>2:34.09</b>	38,00
	LAIS, Cinzia	59			36.78	SARACENI, Paola Maria	65	0.00 43.81
	SEGARRA PEÑARROYA, Rosa	49	0.00		38.72	WINKLER, Nicole	71	0.00 34.78
2.	TFMasters 240				TFMasters		<b>2:54.47</b>	32,00
	BAEZ CEJAS, Maria Mercedes	60			42.91	MEDINA IBAÑEZ, Ana	68	0.00
	LLARENA LOPEZ, Teresa	66	0.00		46.40	LOPEZ GONZALEZ, Esther	55	0.00
3.	Playuki 240				Playuki		<b>4:29.78</b>	28,00
	ALONSO CARDENES, Maria Del Pir49	49			1:22.69	FERNANDEZ MONROY, Nira	81	0.00 53.16
	OJEDA GARCIA, Mª Dolores	42	0.00		1:25.12	CANTO VALLE, Susana	71	0.00 48.81

Baja Cn.Salinas 240 Cn.Salinas -

Prueba 13  
16/12/2023

Masc., 4 x 50m Libre

AG 80 - 399  
Resultados

Clasificación

Tiempo

**+80 (PRE-MASTER)**

1.	Playuki 80			Playuki		<b>1:53.19</b>	38,00
	QUESADA ROSARIO, Yoel	99		26.26	GHOSN ACOSTA, Mario	99	0.00 28.71
	PORTALES JULIÀ, Pedro	03	0.00	31.11	GARCIA HOFMANN, Miguel Angel	97	0.00 27.11
2.	LasPalmas 80			LasPalmas		<b>1:55.00</b>	32,00
	PEREZ ALVAREZ, Ivan Carlo	99		33.73	RUBIALES CACERES, Daniel	97	0.00 28.14
	MEDINA DEL MORAL, Ignacio	00	0.00	26.41	FABREGAS FLORES, Luis	99	0.00 26.72

**+100**

1.	Vulcania 100			Vulcania		<b>1:55.47</b>	38,00
	CEBALLOS SANCHEZ, Martin	91		26.34	MACHIN VILCHES, Alexandre Gine	98	0.00 32.49
	CHISVERT MATEU, Isidro	90	0.00	31.20	RUIZ SEIJO, Brais	98	0.00 25.44
2.	LasPalmas 100			LasPalmas		<b>1:58.79</b>	32,00
	DE CASTRO MONTERO, Borja	89		33.58	SANTANA LOPEZ, Yoel	96	0.00 27.76
	SUAREZ GARCIA, Adrian	96	0.00	30.08	SANTANA HERNANDEZ, Adrian M	95	+0,24 27.37

**+120**

1.	TFMasters 120			TFMasters		<b>1:43.19</b>	38,00
	ALONSO ALADRO, Juan	86		25.57	HERNANDEZ HERNANDEZ, Pablo	89	0.00 26.95
	RODRIGUEZ MARTIN, Eric	98	0.00	24.56	GARCIA CASTILLO, Jose Victor	88	0.00 26.11
2.	Nonadamos 120			Nonadamos		<b>1:56.16</b>	32,00
	ACOSTA PERDOMO, Gabriel	94		29.50	ACEITUNO MARTÍNEZ, Manuel Jes	98	0.00 32.42
	CIRUGEDA LOPEZ, Aythami	97	0.00	28.00	JIMENEZ CASAS, Ignacio	79	0.00 26.24
3.	Metropole 120			Metropole		<b>1:56.33</b>	28,00
	GARCIA CATALA, Josue	87		30.23	GARCIA FIERRO, Victor Manuel	88	0.00 28.24
	ARENCIBIA HERNANDEZ, Pedro	91	0.00	29.71	TUYA, Ricardo	76	-0,30 28.15
4.	Teimar 120			Teimar		<b>1:57.27</b>	26,00
	FERNANDEZ PELAEZ, Unai	89		31.70	MORALES MARTINEZ, Adrian Luis	89	0.00 28.48
	BRITO HERNANDEZ, Fernando Jos	92	0.00	27.56	QUESADA PEREZ, Lorenzo	86	0.00 29.53
5.	Cn.Salinas 120			Cn.Salinas		<b>1:58.36</b>	24,00
	PEREZ LIRIA, Ancor	84		32.76	RODRIGO CAÑAS, Juan Miguel	87	0.00 30.16
	SARMIENTO LEON, Dailos	88	0.00	29.94	LOPEZ GARCIA, Andreas	98	0.00 25.50
6.	Jerez 120			Jerez		<b>1:58.87</b>	22,00
	BAS MARTINEZ, Francisco Javier	82		27.26	AYALA MAESTRE, Alejandro	97	0.00 26.79
	DE ARMAS PAGADOR, Javier	85	0.00	29.05	MURESAN, Paul Antonio	96	0.00 35.77
7.	LasPalmas 120			LasPalmas		<b>2:13.51</b>	20,00
	DE CASTRO MONTERO, Adolfo	86		37.28	RODRIGUEZ VIERA, Jose Javier	82	0.00 32.54
	QUINTANA GARCIA, Daniel	85	0.00	32.02	VAZQUEZ MORALES, Hector	82	0.00 31.67
8.	Jescagua 120			Jescagua		<b>2:20.72</b>	18,00
	SÁNCHEZ ESTUPIÑÁN, Adriano Le	96		35.55	RODRIGUEZ GONZALEZ, sergio	94	0.00 34.12
	GARCÍA OJEDA, Justo Manuel	78	0.00	38.51	RIVERA VIÑA, Francisco Manuel	66	0.00 32.54

Baja Cristianos 120

Cristianos

-



Prueba 13, Masc., 4 x 50m Libre, +120

Clasificación

Tiempo

Baja Vulcania 120  
Baja Faynagua 120

Vulcania  
Faynagua

-  
-

+160

1.	Metropole 160				Metropole		<b>1:45.79</b>	38,00	R. MASTE
	CAPELLA DE LAS HERAS, Daniel	80			25.76	REINO ASCANIO, Abian	77	0.00	26.92
	ROJANO BROZ, Javier	79	0.00		26.74	GUTIERREZ ASCANIO, Ciro	70	0.00	26.37
2.	Vulcania 160				Vulcania		<b>1:49.40</b>	32,00	
	ARANDA GALLEGO, Jose Juan	75			25.29	VAZQUEZ IGLESIAS, Jorge	81	0.00	27.39
	PADILLA CARREÑO, Pedro Pablo	86	0.00		29.15	HERNANDEZ ALONSO, Aitor	85	0.00	27.57
3.	Swim&Train 160				Swim&Train		<b>1:50.77</b>	28,00	
	RODRIGUEZ RIVERO, Alejandro	99			26.12	GARCIA JIMENEZ, Wilian	85	0.00	28.23
	SJOSTROM, Eric Halvar	59	0.00		28.70	GONZALEZ RODRÍGUEZ, Bernard	80	0.00	27.72
4.	TFMasters 160				TFMasters		<b>1:55.87</b>	26,00	
	LECUMBERRI BERNARDOS, Juan J	77			27.60	MORENO YÁNEZ, Adán	77	0.00	30.29
	BONILLA AVILA, Zebensui	81	0.00		28.12	MARTEL TOLEDO, Luis	71	0.00	29.86
5.	LasPalmas 160				LasPalmas		<b>1:58.64</b>	24,00	
	ROJO ORTEGA, Daniel	80			26.83	RODRIGUEZ REYES, Miguel A	77	0.00	30.27
	MARTINEZ SANTOS, Ricardo Jose	76	0.00		30.34	DEL ROSARIO RODRÍGUEZ, José	72	0.00	31.20
6.	Aguacan 160				Aguacan		<b>1:59.85</b>	22,00	
	GONZALEZ PEREZ, Javier	95			26.00	ARENCIBIA DE LA CRUZ, Alejandro	81	0.00	31.43
	MONZÓN VAN DER LOO, Guillermo	82	0.00		33.04	ESPINO MORILLAS, Juan Luis	72	0.00	29.38
7.	Teimar 160				Teimar		<b>2:06.79</b>	20,00	
	GONZALEZ GONZALEZ, Francisco	83			29.62	TERAN GUTIERREZ, Pablo	74	0.00	30.97
	BILBAO SIEYRO, German	73	0.00		33.75	CURBELO FAIRLEY, Miguel	72	0.00	32.45
8.	Cn.Salinas 160				Cn.Salinas		<b>2:09.70</b>	18,00	
	RODRIGUEZ HERNANDEZ, Juan M	76			36.22	HERNANDEZ PEREZ, Jonathan	82	0.00	28.61
	NIETO ARIAS, Oscar	81	0.00		28.44	SÁNCHEZ JIMÉNEZ, Sergio	76	0.00	36.43
9.	Playuki 160				Playuki		<b>2:10.55</b>	16,00	
	SUAREZ LOPEZ, Alejandro	86			32.25	REBULL LOPEZ, Jorge Alberto	88	0.00	30.32
	BOLEAS GUTIERREZ, David	78	0.00		36.98	GARCIA HERNANDEZ, Marcos	80	0.00	31.00
10.	Valleverde 160				Valleverde		<b>2:19.74</b>	14,00	
	GUEDES ALONSO, Francisco Yere	80			32.90	RODRIGUEZ SANTANA, Ernesto	70	0.00	37.04
	YANEZ ROSALES, Pablo	97	0.00		34.03	CRESPO GARCIA, Alvaro	67	0.00	35.77
11.	Nonadamos 160				Nonadamos		<b>2:24.64</b>	12,00	
	SANTANA GUTIERREZ, Francisco	88			37.68	SANTANA ALMEIDA, Gonzalo	66	0.00	36.55
	GARCIA DE LA HOZ, Adrian Cipria	93	0.00		33.45	GARCIA DIAZ, Cayetano	71	0.00	36.96
Baja	Cristianos 160				Cristianos				-



Prueba 13, Masc., 4 x 50m Libre

+200

1.	TFMasters 200				TFMasters			<b>2:01.99</b>	38,00
	MAESO VERGARA, Miguel Benito	67			30.99	VIÑUELA LLANOS, Antonio	68	0.00	31.30
	NUÑEZ NODA, Bernardo	65	0.00		27.56	SALAS SABINA, Juan Manuel	63	0.00	32.14
2.	LasPalmas 200				LasPalmas			<b>2:09.34</b>	32,00
	ST. MARY, Francisco	70			30.37	GIL HENRIQUEZ, Jorge Juan	72	0.00	31.52
	RAMIREZ MARRERO, Javier	67	0.00		35.24	MARTINEZ IBORT, David	71	0.00	32.21
3.	Faynagua 200				Faynagua			<b>2:13.76</b>	28,00
	FARÍAS OROPESA, Juan Jesús	70			32.15	SANTANA CABALLERO, José	69	0.00	34.12
	GONZALEZ SANCHEZ, Marcial	73	0.00		32.58	GUTIÉRREZ ROMERO, Ricardo	64	0.00	34.91
4.	Cn.Salinas 200				Cn.Salinas			<b>2:23.38</b>	26,00
	PEREZ ARAÑA, Juan Manuel	72			39.43	MEJIAS PITTI, Julian Oscar	70	0.00	36.96
	QUESADA RODRIGUEZ, Francisco	67	0.00		35.65	GOMEZ GOMEZ DE CADIÑANOS, Roberto	80	0.00	31.34
5.	Vulcania 200				Vulcania			<b>2:26.04</b>	24,00
	TORNERO GOMEZ, Tomas	79			31.29	PEREZ BARRAGAN, Victor Hugo	71	0.00	41.36
	ALONSO ALONSO, Luis Alberto	61	0.00		41.94	AMOZA IRIGOYEN, Andres	67	0.00	31.45
6.	Playuki 200				Playuki			<b>2:28.99</b>	22,00
	BOLEAS GUTIERREZ, David	78			37.88	ALAMO MARTINEZ, Fernando	69	0.00	37.49
	SUAREZ RODRIGUEZ, Manuel	66	0.00		42.74	HENDRIKUS VREEKAMP, Remko	67	0.00	30.88
7.	Teimar 200				Teimar			<b>2:32.36</b>	20,00
	DIAZ DIAZ, Celso Julio	59			32.52	TAVIO VENTURA, José Marcial	58	0.00	44.69
	HERNANDEZ DE LA ROSA, Ignacio	65	0.00		35.46	LEON PINEDA, Aday	90	0.00	39.69

DSQ Aguacan 200  
DSA - Desc Salida Anticipada  
ELGUE GRANDI, Juan Carlos, MORALES AYALA, Juanjo, NUEZ SÁNCHEZ, Carlos Luis, SANTANA ALMEIDA, Sergio

Baja Metropole 200  
Metropole -

+240

1.	Vulcania 240				Vulcania			<b>2:06.77</b>	38,00
	CEJUDO DELGADO, Angel	63			30.86	YURRITA DOMINGUEZ, Miguel Angel	57	0.00	32.87
	BINI, Bruno	60	0.00		34.64	VALLEJO ARROYO, Juan Carlos	63	0.00	28.40
2.	TFMasters 240				TFMasters			<b>2:10.26</b>	32,00
	LUNA GIL, Antonio	55			32.03	FERNANDEZ HERNANDEZ, Alonso	60	0.00	33.23
	GONZALEZ PEREZ, Domingo	61	0.00		32.13	TORRES MARZO, Jose Luis	57	0.00	32.87
3.	Metropole 240				Metropole			<b>2:10.77</b>	28,00
	WINTER ALTHAUS, Gabriel	57			30.34	LUZARDO RODRIGUEZ, Gustavo	66	0.00	31.42
	MARTINEZ LLISO, Claudio	66	0.00		32.16	AROCHA, SEBASTIAN	54	-0,41	36.85
4.	Playuki 240				Playuki			<b>2:34.16</b>	26,00
	JIMENEZ DE LA GUARDIA, Miguel	65			34.69	GHOSN SANTANA, Mario	63	0.00	37.71
	CARBALLO CAMINO, Fco Javier	57	0.00		44.47	RODRIGUEZ HENRIQUEZ, Jose Maria	64	0.00	37.29
5.	Cn.Salinas 240				Cn.Salinas			<b>2:35.93</b>	24,00
	RIVERO SANCHEZ, Sergio	54			39.16	CABRERA BARBUZANO, Fernando	48	0.00	38.38
	SANTANA MILAN, Jose	60	0.00		40.71	FRANCO QUINTANA, Pedro	64	0.00	37.68

Prueba 13, Masc., 4 x 50m Libre

+280

1. TFMasters 280			TFMasters			<b>2:41.04</b>	38,00
BARRIOS BORGES, Jose Ramon	54		36.65	MORENO PÉREZ, José Andrés	58	0.00	
METZ, Michael Gustav	48	0.00		TAPIA REYES, Alvaro	46	0.00	40.91
NP Metropole 280			Metropole				-

+320

DSQ TFMasters 320			TFMasters				-
<i>DND - Desc no realiar toda la distancia</i>							
BREMON PEREZ, Carlos, BOSSERT SCHWARZE, Ingolf, ROEDER, Peter, LESTIDEAU, Jean Claude							

Prueba 14  
16/12/2023

Mixto, 4 x 50m Libre

AG 80 - 399  
Resultados

Clasificación

Tiempo

+80 (PRE MASTER)

1. Faynagua 80			Faynagua			<b>1:49.40</b>	38,00
RAMIREZ MORALES, Sergio C.	03		25.87	DIAZ RODRIGUEZ, Grisela	02	0.00	29.12
SANTANA REYES, Carmelo	03	0.00	26.19	PULIDO MAYOR, Sheila	98	0.00	28.22
2. Playuki 80			Playuki			<b>2:06.39</b>	32,00
PORTALES JULIÀ, Pedro	03		32.13	GHOSN ACOSTA, Mario	99	0.00	29.28
AFONSO GONZALEZ, Diana	99	0.00	35.70	JIMENEZ QUINTANA, Esther	01	0.00	29.28
3. Cn.Salinas 80			Cn.Salinas			<b>2:08.89</b>	28,00
LEON TRUJILLO, Ernesto	01		26.00	SANTANA DENIZ, Sonia Del Carme	97	0.00	
ESTUPIÑAN CABRERA, Paula	97	0.00		LOPEZ GARCIA, Andreas	98	0.00	
NP Aguacan 80			Aguacan				-

+100

1. Metropole 100			Metropole			<b>1:55.19</b>	38,00
RAMIREZ O'SHANAHAM, Leopoldc91			25.29	FRIAS ALVAREZ, Ariadna	95	0.00	32.92
RAMIREZ O'SHANAHAN, magdala	95	0.00	32.76	RAMIREZ O'SHANAHAN, Guillermc93		0.00	24.22
2. Faynagua 100			Faynagua			<b>2:13.13</b>	32,00
CAMPOS CUTILLAS, Eulogio Omar	93		31.54	GARCIA CURBELO, Carlos	95	0.00	28.56
SALAS NAVARRO, Marta	95	0.00	40.85	SANTANA REYES, Raquel	97	0.00	32.18
3. Playuki 100			Playuki			<b>2:30.21</b>	28,00
ACOSTA DE LEON, Santiago	96		35.01	GIL HERNANDEZ, Irene Mª	96	0.00	41.36
GONZALEZ RAMOS, Raquel	95	0.00	43.65	REBULL LOPEZ, Jorge Alberto	88	0.00	30.19
Baja Vulcania 100			Vulcania				-

Prueba 14, Mixto, 4 x 50m Libre

+120

1.	TFMasters 120				TFMasters			<b>1:56.66</b>	38,00
	HERNANDEZ HERNANDEZ, Pablo	89			26.80	QUINTERO QUINTERO, Katihusca	87	0.00	32.08
	GARCIA CASTILLO, Jose Victor	88	0.00		26.05	ARANTZAMENDI LLULL, Jamila	81	0.00	31.73
2.	Vulcania 120				Vulcania			<b>1:57.69</b>	32,00
	HERNANDEZ ALONSO, Aitor	85			27.69	ZURITA LOZANO, Valle	94	0.00	33.93
	BOUCHET, Sybille	93	0.00		31.03	RUIZ SEJO, Brais	98	0.00	25.04
3.	Teimar 120				Teimar			<b>2:03.59</b>	28,00
	BRITO HERNANDEZ, Fernando Jos	92			27.67	MORALES MARTINEZ, Adrian Luis	89	0.00	28.13
	ABASCAL RIVERO, Itziar	89	0.00		31.51	GRAU DE LOS REYES, Laura	91	0.00	36.28
4.	Aguacan 120				Aguacan			<b>2:07.68</b>	26,00
	GONZALEZ PEREZ, Javier	95			26.39	DE NICASSIO RUIZ DE TEMIÑO, Án	73a	0.00	34.23
	SANTANA ALMEIDA, Ester	92	0.00		35.77	SANTANA ALMEIDA, Sergio	91	0.00	31.29
5.	Cn.Salinas 120				Cn.Salinas			<b>2:24.41</b>	24,00
	AGUIAR AXPE, Irene	89			40.55	BLANCO BETANCOR, Cristina	86	0.00	38.43
	SARMIENTO LEON, Dailos	88	0.00		30.65	RODRIGO CAÑAS, Juan Miguel	87	0.00	34.78
NP	Metropole 120				Metropole				-
Baja	San Blas 120				San Blas				-
Baja	Cristianos 120				Cristianos				-
Baja	Swim&Train 120				Swim&Train				-
Baja	Valleverde 120				Valleverde				-
Baja	Faynagua 120				Faynagua				-

+160

1.	TFMasters 160				TFMasters			<b>2:05.72</b>	38,00
	LECUMBERRI BERNARDOS, Juan J77e				27.63	IZQUIERDO RODRIGUEZ, Cristina	74	0.00	36.66
	BONILLA AVILA, Zebensui	81	0.00		27.86	NEGRIN FIGUEROA, Elena	70	0.00	33.57
2.	Metropole 160				Metropole			<b>2:06.35</b>	32,00
	EHRHARDT, Thomas	77			26.93	WÄGNER FAHLLIN, Ana Maria	71	0.00	31.92
	HERRERA QUEVEDO, Evaristo	79	0.00		29.73	GOMEZ TRIGUEROS, Margarita	74	0.00	37.77
3.	Teimar 160				Teimar			<b>2:12.15</b>	28,00
	QUESADA PEREZ, Lorenzo	86			29.40	GONZALEZ GONZALEZ, Francisco	83ose	0.00	29.00
	GARCIA ALLO, Maria Victoria	79	0.00		35.70	BENAVENTE VELASCO, Sandra	73	0.00	38.05
4.	Vulcania 160				Vulcania			<b>2:24.52</b>	26,00
	GARCIA ALARCOS, Sara	80			35.52	CABRERA RUIZ, Luz Marina	75	0.00	35.84
	PEREZ BARRAGAN, Victor Hugo	71	0.00		42.18	MACHIN VILCHES, Alexandre Gine	98	0.00	30.98
5.	Cn.Salinas 160				Cn.Salinas			<b>2:25.62</b>	24,00
	GORDILLO CORONADO, Laura	81			49.54	LAZZARATO, Giorgia	81	0.00	39.20
	NIETO ARIAS, Oscar	81	0.00		28.14	HERNANDEZ PEREZ, Jonathan	82	0.00	28.74
6.	Jescagua 160				Jescagua			<b>2:27.13</b>	22,00
	GARCIA OJEDA, Justo Manuel	78			36.26	MORALES LOZANO, Gloria	72	0.00	38.11
	CORTES ALVAREZ, Elisa	82	0.00		39.79	RODRIGUEZ GONZALEZ, sergio	94	0.00	32.97
7.	Nonadamos 160				Nonadamos			<b>2:28.21</b>	20,00
	SANTANA GUTIERREZ, Francisco 88se				38.90	RAMIREZ PERDOMO, Mª Begoña	73	0.00	34.21
	CABRERA RIVERA, Elena	76	0.00		42.04	GARCIA DE LA HOZ, Adrian Cipria	93	0.00	33.06
8.	Playuki 160				Playuki			<b>2:55.95</b>	18,00
	BOLEAS GUTIERREZ, David	78			35.90	FERNANDEZ MONROY, Nira	81	0.00	51.74
	CANTO VALLE, Susana	71	0.00		53.40	JIMENEZ DE LA GUARDIA, Miguel	165	0.00	34.91

Prueba 14, Mixto, 4 x 50m Libre, +160

Clasificación

Tiempo

Baja Cristianos 160

Cristianos

-

+200

1.	Vulcania 200				Vulcania		<b>2:19.58</b>	38,00
	WINKLER, Nicole	71			35.29 VALVERDE HERNANDEZ, Cristina	89	0.00	38.28
	BINI, Bruno	60	0.00		35.68 CEJUDO DELGADO, Angel	63	0.00	30.33
2.	TFMasters 200				TFMasters		<b>2:23.90</b>	32,00
	MARTEL TOLEDO, Luis	71			30.44 LLARENA LOPEZ, Teresa	66	0.00	45.55
	VIÑUELA LLANOS, Antonio	68	0.00		31.71 MORENO ALOY, Rosa Ana	65	-0,51	36.20
3.	Nonadamos 200				Nonadamos		<b>2:36.78</b>	28,00
	SANTANA ALMEIDA, Gonzalo	66			36.48 RAMIREZ PERDOMO, Fatima	70	0.00	
	CERVILLA PEREZ, Cristina	79	0.00		42.56 GARCIA DIAZ, Cayetano	71	0.00	
4.	Playuki 200				Playuki		<b>2:44.98</b>	26,00
	DIAZ SANTANA, Luz Marina	76			40.85 UNGER, Caroline	72	0.00	42.13
	SUAREZ RODRIGUEZ, Manuel	66	0.00		44.51 RODRIGUEZ HENRIQUEZ, Jose Ma	64	0.00	37.49
5.	Cn.Salinas 200				Cn.Salinas		<b>2:48.42</b>	24,00
	PEREZ ARAÑA, Juan Manuel	72			38.50 MONZON MEDINA, Gloria Maria	76	0.00	42.15
	HAMPLOVA, Eva	72	0.00		52.64 QUESADA RODRIGUEZ, Francisco	67	0.00	35.13
6.	Valleverde 200				Valleverde		<b>3:03.91</b>	22,00
	RODRIGUEZ SANTANA, Ernesto	70			35.96 CRESPO GARCIA, Alvaro	67	0.00	37.05
	RUIZ GARCIA, Olga	73	0.00		48.25 GUERRA ALEMAN, Raquel	76	0.00	1:02.65

NP Metropole 200

Metropole

-

+240

1.	Vulcania 240				Vulcania		<b>2:41.63</b>	38,00
	AMOZA IRIGOYEN, Andres	67			32.78 BRANF, Judith Sarah	60	0.00	51.08
	SARACENI, Paola Maria	65	0.00		44.89 YURRITA DOMINGUEZ, Miguel Ang	57	0.00	32.88
2.	TFMasters 240				TFMasters		<b>2:46.10</b>	32,00
	GONZALEZ PEREZ, Domingo	61			33.29 DE LEÓN FDEZ.-OLIVA, María Adel	71	0.00	48.38
	BARRIOS BORGES, Jose Ramon	54	0.00		36.00 LARRODE GARCIA, Pilar	59	0.00	48.43
3.	Cn.Salinas 240				Cn.Salinas		<b>3:14.82</b>	28,00
	GALBAN BENITEZ, Teresa Ana	52			BENITEZ GONZALEZ, Maria Dolore	66	0.00	1:30.91
	RIVERO SANCHEZ, Sergio	54	0.00		RODRIGUEZ SANTANA, Jose Jesu	65	+0,25	

+280

1.	TFMasters 280				TFMasters		<b>2:59.67</b>	38,00
	LESTIDEAU, Jean Claude	46			33.88 ROMERO MANZANO, Ana Maria	62	0.00	
	TAPIA REYES, Alvaro	46	0.00		44.25 AROCHA ISIDRO, Victoria	58	0.00	

DSQ Playuki 280

Playuki

-

ALONSO CARDENES, Maria Del Pino, OJEDA GARCIA, Mª Dolores, CARBALLO CAMINO, Fco Javier, GHOSN SANTANA, Mario

3 - 2ª jornada, 2ª sesión

16/12/2023

Prueba 15  
16/12/2023

Fem., 100m Libre

20 años y mayores  
Resultados

Clasificación	AN					Tiempo	
20+							
1.	JIMENEZ QUINTANA, Esther	01	Playuki	1:07.08	19,00		
	50m: 30.59 30.59 100m:		36.49				
2.	SANTANA ALLES, Yurena	02	Teimar	1:26.74	16,00		
	50m: 38.83 38.83 100m:		47.91				
3.	AFONSO GONZALEZ, Diana	99	Playuki	1:26.91	14,00		
	50m: 40.85 40.85 100m:		46.06				
4.	GUILLEN CARRION, Andrea	00	Playuki	1:43.86	13,00		
	50m: 48.74 48.74 100m:		55.12				
25+							
1.	PULIDO MAYOR, Sheila	98	Faynagua	1:03.66	19,00		
	50m: 29.97 29.97 100m:		33.69				
2.	VEGA SANTANA, Ana	97	Playuki	1:13.35	16,00		
	50m: 35.07 35.07 100m:		38.28				
3.	FRIAS ALVAREZ, Ariadna	95	Metropole	1:13.86	14,00		
	50m: 35.47 35.47 100m:		38.39				
4.	SANTANA REYES, Raquel	97	Faynagua	1:15.14	13,00		
	50m: 34.80 34.80 100m:		40.34				
5.	GONZALEZ BORGES, Davina	97	Nonadamos	1:22.27	12,00		
	50m: 39.96 39.96 100m:		42.31				
30+							
1.	BOUCHET, Sybille	93	Vulcania	1:09.09	19,00		
	50m: 33.07 33.07 100m:		36.02				
2.	VELASCO PEREZ, Adriana	93	LasPalmas	1:16.51	16,00		
	50m: 37.95 37.95 100m:		38.56				
3.	GRAU DE LOS REYES, Laura	91	Teimar	1:20.65	14,00		
	50m: 38.93 38.93 100m:		41.72				
4.	VALVERDE HERNANDEZ, Cristina	89	Vulcania	1:20.67	13,00		
	50m: 38.64 38.64 100m:		42.03				
5.	BARRERO BERNAL, Laura	90	Nonadamos	1:25.68	12,00		
	50m: 42.57 42.57 100m:		43.11				
6.	MORALES SANTANA, Maria Isabel	92	LasPalmas	1:29.40	11,00		
	50m: 42.88 42.88 100m:		46.52				
7.	AVEDANO DIAZ, Pamela	92	Nonadamos	1:34.76	10,00		
	50m: 43.91 43.91 100m:		50.85				

Prueba 15, Fem., 100m Libre, 30+

Clasificación	AN	Tiempo
8. FEIJOO CASAGAYA, veronica	90 Teimar	<b>1:43.51</b> 9,00
50m: 48.43 48.43 100m: 1:43.51	55.08	
9. BAEZ PULIDO, Laura	92 LasPalmas	<b>1:45.92</b> 8,00
50m: 50.14 50.14 100m: 1:45.92	55.78	
10. QUISHPE ALMEIDA, Josselin Kassandri	93 Vulcania	<b>1:47.92</b> 7,00
50m: 50.28 50.28 100m: 1:47.92	57.64	
11. AGUIAR AXPE, Irene	89 Cn.Salinas	<b>1:55.86</b> 6,00
50m: 53.39 53.39 100m: 1:55.86	1:02.47	

35+

1. DÍAZ MAYORDOMO PECHARROMÁN,	86 Nonadamos	<b>1:35.85</b> 19,00
50m: 46.99 46.99 100m: 1:35.85	48.86	
2. SANTANA MARTIN, Ylenia	85 LasPalmas	<b>1:35.89</b> 16,00
50m: 45.34 45.34 100m: 1:35.89	50.55	
3. POMAR SARASA, Almudena	85 Nonadamos	<b>1:40.04</b> 14,00
50m: 47.95 47.95 100m: 1:40.04	52.09	
Baja ALONSO MILLAN, Lourdes Del Carmen	85 Cn.Salinas	-

40+

1. GARCIA DENIZ, Zaida	83 LasPalmas	<b>1:11.45</b> 19,00
50m: 34.09 34.09 100m: 1:11.45	37.36	
2. GARCIA ALLO, Maria Victoria	79 Teimar	<b>1:20.73</b> 16,00
50m: 38.49 38.49 100m: 1:20.73	42.24	
3. RUIZ JIMENEZ, Ana Belen	82 Vulcania	<b>1:30.16</b> 14,00
50m: 41.77 41.77 100m: 1:30.16	48.39	
4. CARBALLO RODRÍGUEZ, Eloína	81 Teimar	<b>1:36.55</b> 13,00
50m: 46.52 46.52 100m: 1:36.55	50.03	

45+

1. VALIDO CARREÑO, Isabel	74 LasPalmas	<b>1:07.76</b> 19,00
50m: 32.68 32.68 100m: 1:07.76	35.08	
2. IZQUIERDO RODRIGUEZ, Cristina	74 TFMasters	<b>1:23.72</b> 16,00
50m: 41.52 41.52 100m: 1:23.72	42.20	
3. ASECIO PEREZ, Mª Jose	74 Cristianos	<b>1:24.48</b> 14,00
50m: 40.55 40.55 100m: 1:24.48	43.93	
4. GOMEZ TRIGUEROS, Margarita	74 Metropole	<b>1:27.01</b> 13,00
50m: 40.19 40.19 100m: 1:27.01	46.82	
5. MONZON MEDINA, Gloria Maria	76 Cn.Salinas	<b>1:29.68</b> 12,00
50m: 43.32 43.32 100m: 1:29.68	46.36	
6. JIMENEZ JIMENEZ, Leticia	77 Valleverde	<b>1:38.08</b> 11,00
50m: 46.28 46.28 100m: 1:38.08	51.80	

Prueba 15, Fem., 100m Libre, 45+

Clasificación	AN	Tiempo
7. GONZALES RAMIRES, Silvia	76 Cn.Salinas	<b>1:40.38</b> 10,00
50m: 47.64 47.64 100m: 1:40.38	52.74	
8. MARTÍN HERNÁNDEZ, Cecilia	77 Solventia	<b>1:59.02</b> 9,00
50m: 55.17 55.17 100m: 1:59.02	1:03.85	
9. GUERRA ALEMAN, Raquel	76 Valleverde	<b>2:21.94</b> 8,00
50m: 1:02.76 1:02.76 100m: 2:21.94	1:19.18	
Baja ROMERA GARCIA, Elisa Isabel	76 Cn.Salinas	-

50+

1. WÄGNER FAHLLIN, Ana Maria	71 Metropole	<b>1:10.59</b> 19,00
50m: 33.85 33.85 100m: 1:10.59	36.74	
2. WINKLER, Nicole	71 Vulcania	<b>1:18.54</b> 16,00
50m: 37.95 37.95 100m: 1:18.54	40.59	
3. BENAVENTE VELASCO, Sandra	73 Teimar	<b>1:25.81</b> 14,00
50m: 41.37 41.37 100m: 1:25.81	44.44	
4. TABARES DE NAVA, Nuria	69 TFMasters	<b>1:32.34</b> 13,00
50m: 42.33 42.33 100m: 1:32.34	50.01	
5. RAMIREZ PERDOMO, Fatima	70 Nonadamos	<b>1:35.85</b> 12,00
50m: 44.39 44.39 100m: 1:35.85	51.46	
6. LLOYD, Heather Rowenne	71 Vulcania	<b>1:37.79</b> 11,00
50m: 46.84 46.84 100m: 1:37.79	50.95	
7. HAMPLOVA, Eva	72 Cn.Salinas	<b>2:01.48</b> 10,00
50m: 57.90 57.90 100m: 2:01.48	1:03.58	
DSQ UNGER, Caroline	72 Playuki	-
DSA - Desc Salida Anticipada		
NP ROSALES AROCHA, Ana Esther	69 Cn.Salinas	-

55+

1. MORENO ALOY, Rosa Ana	65 TFMasters	<b>1:24.23</b> 19,00
50m: 41.00 41.00 100m: 1:24.23	43.23	
2. CARAMES PEREZ, Carmen Dolores	68 Faynagua	<b>1:26.31</b> 16,00
50m: 41.12 41.12 100m: 1:26.31	45.19	
3. MEDINA IBAÑEZ, Ana	68 TFMasters	<b>1:39.43</b> 14,00
50m: 47.58 47.58 100m: 1:39.43	51.85	
4. LLARENA LOPEZ, Teresa	66 TFMasters	<b>1:48.59</b> 13,00
50m: 50.76 50.76 100m: 1:48.59	57.83	
5. BENITEZ GONZALEZ, Maria Dolores	66 Cn.Salinas	<b>1:57.61</b> 12,00
50m: 55.99 55.99 100m: 1:57.61	1:01.62	



Prueba 15, Fem., 100m Libre

60+

1.	LAIS, Cinzia	59	Vulcania	<b>1:21.24</b>	19,00	R. MASTE
	50m: 37.94 37.94	100m: 1:21.24	43.30			
2.	CASTRO SANTANA, María José	63	A.D. S.C.	<b>1:22.88</b>	16,00	
	50m: 39.74 39.74	100m: 1:22.88	43.14			
3.	BAEZ CEJAS, Maria Mercedes	60	TFMasters	<b>1:34.61</b>	14,00	
	50m: 46.26 46.26	100m: 1:34.61	48.35			
4.	MARRERO CASERES, Sonia Rosa	61	Cn.Salinas	<b>2:17.64</b>	13,00	
	50m: 1:02.32 1:02.32	100m: 2:17.64	1:15.32			

70+

1.	GALBAN BENITEZ, Teresa Ana	52	Cn.Salinas	<b>2:11.69</b>	19,00	
	50m: 1:02.41 1:02.41	100m: 2:11.69	1:09.28			
2.	ALONSO CARDENES, Maria Del Pino	49	Playuki	<b>3:09.10</b>	16,00	
	50m: 1:33.28 1:33.28	100m: 3:09.10	1:35.82			

Baja GONZÁLEZ MARTEL, Andrea 51 Jescagua -

80+

1.	OJEDA GARCIA, M <sup>a</sup> Dolores	42	Playuki	<b>2:38.07</b>	19,00	
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Prueba 16  
16/12/2023

Masc., 100m Libre

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	RAMIREZ MORALES, Sergio C.	03	Faynagua	<b>57.00</b>	19,00	
	50m: 27.12 27.12	100m: 57.00	29.88			
2.	RODRIGUEZ RIVERO, Alejandro	99	Swim&Train	<b>57.18</b>	16,00	
	50m: 27.42 27.42	100m: 57.18	29.76			
3.	RIPPA, Francisco	00	TFMasters	<b>57.81</b>	14,00	
	50m: 27.69 27.69	100m: 57.81	30.12			
4.	MEDINA DEL MORAL, Ignacio	00	LasPalmas	<b>58.94</b>	13,00	
	50m: 27.99 27.99	100m: 58.94	30.95			
5.	PORTALES JULIÀ, Pedro	03	Playuki	<b>1:13.67</b>	12,00	
	50m: 35.33 35.33	100m: 1:13.67	38.34			

Baja RODRIGUEZ VEGA, Enrique 02 Metropole -



Prueba 16, Masc., 100m Libre

25+

1.	URIO ECHEVERRIA, Iker	94	Metropole	<b>1:00.77</b>	19,00
	50m: 30.94 30.94 100m: 1:00.77		29.83		
2.	CIRUGEDA LOPEZ, Aythami	97	Nonadamos	<b>1:02.21</b>	16,00
	50m: 30.08 30.08 100m: 1:02.21		32.13		
3.	DELGADO MELIAN, Carlos Javier	95	Cristianos	<b>1:02.62</b>	14,00
	50m: 29.73 29.73 100m: 1:02.62		32.89		
4.	RUBIALES CACERES, Daniel	97	LasPalmas	<b>1:04.20</b>	13,00
	50m: 30.44 30.44 100m: 1:04.20		33.76		
5.	GARCIA CURBELO, Carlos	95	Faynagua	<b>1:05.45</b>	12,00
	50m: 32.03 32.03 100m: 1:05.45		33.42		
6.	SUAREZ GARCIA, Adrian	96	LasPalmas	<b>1:05.55</b>	11,00
	50m: 31.19 31.19 100m: 1:05.55		34.36		
7.	ACOSTA PERDOMO, Gabriel	94	Nonadamos	<b>1:06.44</b>	10,00
	50m: 31.53 31.53 100m: 1:06.44		34.91		
8.	MACHIN VILCHES, Alexandre Gines	98	Vulcania	<b>1:13.57</b>	9,00
	50m: 34.93 34.93 100m: 1:13.57		38.64		
9.	RODRIGUEZ GONZALEZ, sergio	94	Jescagua	<b>1:17.66</b>	8,00
	50m: 37.98 37.98 100m: 1:17.66		39.68		
10.	MURESAN, Paul Antonio	96	Jerez	<b>1:21.53</b>	-
	50m: 39.57 39.57 100m: 1:21.53		41.96		
NP	ACOSTA DE LEON, Santiago	96	Playuki		-
Baja	DIAZ CARMONA, Nestor	96	Solventia		-
Baja	YANEZ ROSALES, Pablo	97	Valleverde		-

30+

1.	RAMIREZ O'SHANAHAN, Guillermo	93	Metropole	<b>55.43</b>	19,00
	50m: 26.97 26.97 100m: 55.43		28.46		
2.	SOLIS CRUZ, Alejandro	91	LasPalmas	<b>56.16</b>	16,00
	50m: 27.45 27.45 100m: 56.16		28.71		
3.	RAMIREZ O'SHANAHAM, Leopoldo	91	Metropole	<b>58.83</b>	14,00
	50m: 27.44 27.44 100m: 58.83		31.39		
4.	NAVAS OJEDA, Angel luis	93	Metropole	<b>1:02.73</b>	13,00
	50m: 30.67 30.67 100m: 1:02.73		32.06		
5.	LOPEZ MENTADO, Marco A.	91	Metropole	<b>1:02.85</b>	12,00
	50m: 29.86 29.86 100m: 1:02.85		32.99		
6.	ORTEGA RINCÓN, Emilio José	92	Solventia	<b>1:09.43</b>	11,00
	50m: 31.52 31.52 100m: 1:09.43		37.91		
7.	SANTANA ALMEIDA, Sergio	91	Aguacan	<b>1:10.32</b>	10,00
	50m: 33.49 33.49 100m: 1:10.32		36.83		
8.	FERNANDEZ PELAEZ, Unai	89	Teimar	<b>1:11.40</b>	9,00
	50m: 35.18 35.18 100m: 1:11.40		36.22		
9.	CAMPOS CUTILLAS, Eulogio Omar	93	Faynagua	<b>1:12.92</b>	8,00
	50m: 34.90 34.90 100m: 1:12.92		38.02		

Prueba 16, Masc., 100m Libre, 30+

Clasificación	AN	Tiempo
10. LOPEZ DEL PINO, Miguel	89	Faynagua
50m: 35.76 35.76 100m: 1:12.93		37.17
11. DÍAZ JIMENEZ, Enrique	91	Swim&Train
50m: 33.65 33.65 100m: 1:13.24		39.59
12. ARENCIBIA HERNANDEZ, Pedro	91	Metropole
50m: 35.58 35.58 100m: 1:13.31		37.73
13. MONTELONGO MANRIQUE DE LARA, 93		LasPalmas
50m: 52.35 52.35 100m: 1:52.80		1:00.45
Baja WATSON, Tom Mark	91	Vulcania
		-

35+

1. HERNANDEZ ALONSO, Aitor	85	Vulcania	1:01.10	19,00
50m: 28.89 28.89 100m: 1:01.10		32.21		
2. GARCIA JIMENEZ, Wilian	85	Swim&Train	1:01.96	16,00
50m: 29.54 29.54 100m: 1:01.96		32.42		
3. BARRO, Mario	86	Jerez	1:03.87	-
50m: 30.49 30.49 100m: 1:03.87		33.38		
4. JOVER CASTRO, Javier Alejandro	87	A.D. S.C.	1:07.91	14,00
50m: 32.84 32.84 100m: 1:07.91		35.07		
5. SUAREZ LOPEZ, Alejandro	86	Playuki	1:12.16	13,00
50m: 35.18 35.18 100m: 1:12.16		36.98		
6. RODRIGO CAÑAS, Juan Miguel	87	Cn.Salinas	1:15.00	12,00
50m: 35.99 35.99 100m: 1:15.00		39.01		
7. MARICHAL, Ivanosky	86	LasPalmas	1:23.58	11,00
50m: 40.00 40.00 100m: 1:23.58		43.58		
8. NAVARRO PEREZ, Josymar	86	Valleverde	1:25.65	10,00
50m: 41.11 41.11 100m: 1:25.65		44.54		
9. SANTANA GUTIERREZ, Francisco José	88	Nonadamos	1:29.33	9,00
50m: 40.54 40.54 100m: 1:29.33		48.79		
NP RODRIGUEZ PEREZ, Angel	84	Teimar		-

40+

1. ZEMIER, Karol	82	LasPalmas	55.53	19,00
50m: 26.48 26.48 100m: 55.53		29.05		
2. JIMENEZ CASAS, Ignacio	79	Nonadamos	59.45	16,00
50m: 28.80 28.80 100m: 59.45		30.65		
3. ROJO ORTEGA, Daniel	80	LasPalmas	1:00.83	14,00
50m: 29.37 29.37 100m: 1:00.83		31.46		
4. ROJANO BROZ, Javier	79	Metropole	1:01.09	13,00
50m: 28.93 28.93 100m: 1:01.09		32.16		
5. HERRERA QUEVEDO, Evaristo	79	Metropole	1:08.43	12,00
50m: 32.82 32.82 100m: 1:08.43		35.61		

Prueba 16, Masc., 100m Libre, 40+

Clasificación	AN		Tiempo
6. CABRERA PESTANA, Alejandro	80	LasPalmas	<b>1:09.66</b> 11,00
50m: 34.37 34.37	100m: 1:09.66	35.29	
7. GOMEZ GOMEZ DE CADIÑANOS, Alberto	80	Cn.Salinas	<b>1:10.96</b> 10,00
50m: 34.32 34.32	100m: 1:10.96	36.64	
8. ABREU BENITO, Eugenio Manuel	79	TFMasters	<b>1:15.12</b> 9,00
50m: 36.13 36.13	100m: 1:15.12	38.99	
9. MONZÓN VAN DER LOO, Guillermo	82	Aguacan	<b>1:17.68</b> 8,00
50m: 36.35 36.35	100m: 1:17.68	41.33	
10. SILVA ELVIRA, Aday	81	LasPalmas	<b>1:18.02</b> 7,00
50m: 36.50 36.50	100m: 1:18.02	41.52	
11. JIMENEZ LOPEZ, Angel	82	San Blas	<b>1:18.08</b> -
50m: 35.76 35.76	100m: 1:18.08	42.32	
NP HENRIQUEZ QUINTANA, Samuel	82	Swim&Train	-
Baja YAMAGUCHI PADILLA, Masahiro	83	LasPalmas	-

45+

1. GARCIA BORJA, Raul	78	Swimfaster	<b>54.32</b> -
50m: 26.40 26.40	100m: 54.32	27.92	
2. TERAN GUTIERREZ, Pablo	74	Teimar	<b>1:07.33</b> 19,00
50m: 33.41 33.41	100m: 1:07.33	33.92	
3. LAGO IGLESIAS, Manuel Antonio	76	Solventia	<b>1:12.73</b> 16,00
50m: 35.95 35.95	100m: 1:12.73	36.78	
4. CURBELO PAZ, Himar	78	Metropole	<b>1:13.08</b> 14,00
50m: 33.05 33.05	100m: 1:13.08	40.03	
5. PAPPALARDO, luca	76	Cristianos	<b>1:14.57</b> 13,00
50m: 35.80 35.80	100m: 1:14.57	38.77	
NP SÁNCHEZ JIMÉNEZ, Sergio	76	Cn.Salinas	-
Baja SEGARRA CARRANZA, Isaac	74	Cn.Salinas	-
Baja RODRIGUEZ HERNANDEZ, Juan Manu	76	Cn.Salinas	-

50+

1. GUTIERREZ ASCANIO, Ciro	70	Metropole	<b>57.85</b> 19,00 R. MASTE
50m: 28.10 28.10	100m: 57.85	29.75	
2. COLINA GIRALDA, Raul	71	LasPalmas	<b>1:08.17</b> 16,00
50m: 33.24 33.24	100m: 1:08.17	34.93	
3. ESPINO MORILLAS, Juan Luis	72	Aguacan	<b>1:08.53</b> 14,00
50m: 33.21 33.21	100m: 1:08.53	35.32	
4. DEL ROSARIO RODRÍGUEZ, José Ant	72	LasPalmas	<b>1:09.73</b> 13,00
50m: 34.15 34.15	100m: 1:09.73	35.58	
5. MARTEL TOLEDO, Luis	71	TFMasters	<b>1:10.22</b> 12,00
50m: 33.97 33.97	100m: 1:10.22	36.25	
6. CURBELO FAIRLEY, Miguel	72	Teimar	<b>1:13.86</b> 11,00
50m: 35.51 35.51	100m: 1:13.86	38.35	

Prueba 16, Masc., 100m Libre, 50+

Clasificación	AN		Tiempo
7. FARIAS OROPESA, Juan Jesús	70	Faynagua	<b>1:14.66</b> 10,00
50m: 34.69 34.69 100m: 1:14.66		39.97	
8. SANTANA CABALLERO, José	69	Faynagua	<b>1:16.97</b> 9,00
50m: 35.03 35.03 100m: 1:16.97		41.94	
9. MEJIAS PITTI, Julian Oscar	70	Cn.Salinas	<b>1:23.99</b> 8,00
50m: 39.48 39.48 100m: 1:23.99		44.51	
10. PEREZ BARRAGAN, Victor Hugo	71	Vulcania	<b>1:39.53</b> 7,00
50m: 46.30 46.30 100m: 1:39.53		53.23	
11. TORRES BETANCOR, Francisco Javier	71	Playuki	<b>1:41.18</b> 6,00
50m: 48.17 48.17 100m: 1:41.18		53.01	
Baja MELIAN VILLALOBOS, Jose	73	LasPalmas	-
Baja GOMEZ PRIETO, David Carlos	73	LasPalmas	-
Baja ALZOLA MEDINA, Victor	69	Faynagua	-

55+

1. HENDRIKUS VREEKAMP, Remko	67	Playuki	<b>1:09.10</b> 19,00
50m: 35.04 35.04 100m: 1:09.10		34.06	
2. AMOZA IRIGOYEN, Andres	67	Vulcania	<b>1:12.73</b> 16,00
50m: 35.65 35.65 100m: 1:12.73		37.08	
3. FRANCO QUINTANA, Pedro	64	Cn.Salinas	<b>1:20.07</b> 14,00
50m: 37.80 37.80 100m: 1:20.07		42.27	
4. QUESADA RODRIGUEZ, Francisco	67	Cn.Salinas	<b>1:29.86</b> 13,00
50m: 40.17 40.17 100m: 1:29.86		49.69	
5. QUEVEDO HERNANDEZ, Rafael	64	Jescagua	<b>1:38.62</b> 12,00
50m: 43.22 43.22 100m: 1:38.62		55.40	

60+

1. VALLEJO ARROYO, Juan Carlos	63	Vulcania	<b>1:02.02</b> 19,00
50m: 29.96 29.96 100m: 1:02.02		32.06	
2. CEJUDO DELGADO, Angel	63	Vulcania	<b>1:14.10</b> 16,00
50m: 35.53 35.53 100m: 1:14.10		38.57	
3. SALAS SABINA, Juan Manuel	63	TFMasters	<b>1:16.10</b> 14,00
50m: 37.79 37.79 100m: 1:16.10		38.31	
4. DIAZ DIAZ, Celso Julio	59	Teimar	<b>1:20.60</b> 13,00
50m: 38.01 38.01 100m: 1:20.60		42.59	
5. ALONSO ALONSO, Luis Alberto	61	Vulcania	<b>1:28.78</b> 12,00
50m: 42.09 42.09 100m: 1:28.78		46.69	
6. BRAVO DE LAGUNA SOCORRO, Albe	62	LasPalmas	<b>1:43.76</b> 11,00
50m: 50.63 50.63 100m: 1:43.76		53.13	
Baja MORALES AYALA, Juanjo	63	Aguacan	-

Prueba 16, Masc., 100m Libre

65+

1.	TORRES MARZO, Jose Luis	57	TFMasters	<b>1:13.55</b>	19,00
	50m: 35.10 35.10	100m: 1:13.55	38.45		
2.	BARRIOS BORGES, Jose Ramon	54	TFMasters	<b>1:21.95</b>	16,00
	50m: 40.17 40.17	100m: 1:21.95	41.78		
3.	RIVERO SANCHEZ, Sergio	54	Cn.Salinas	<b>1:28.35</b>	14,00
	50m: 41.18 41.18	100m: 1:28.35	47.17		

70+

1.	ELGUE GRANDI, Juan Carlos	52	Aguacan	<b>1:11.91</b>	19,00	R. MASTE
	50m: 34.91 34.91	100m: 1:11.91	37.00			

75+

1.	CABRERA BARBUZANO, Fernando	48	Cn.Salinas	<b>1:31.44</b>	19,00
	50m: 41.78 41.78	100m: 1:31.44	49.66		
2.	TAPIA REYES, Alvaro	46	TFMasters	<b>1:47.03</b>	16,00
	50m: 48.75 48.75	100m: 1:47.03	58.28		

85+

1.	ROEDER, Peter	37	TFMasters	<b>2:49.65</b>	19,00
	50m: 1:21.29 1:21.29	100m: 2:49.65	1:28.36		

Prueba 17  
16/12/2023

Fem., 200m Estilos

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	MARTIN MELIAN, Raquel	99	Vulcania	<b>2:41.19</b>	19,00
	50m: 34.18 34.18	100m: 1:17.82	43.64 150m: 2:04.41 46.59	200m: 2:41.19	36.78
2.	GIL MUÑOZ, Esmeralda	99	Nonadamos	<b>3:05.62</b>	16,00
	50m: 42.36 42.36	100m: 1:30.82	48.46 150m: 2:24.33 53.51	200m: 3:05.62	41.29
DSQ	PEREZ SUAREZ, Laura	01	LasPalmas		-
	<i>DNI - Desc Nado Irregular</i>				

25+

1.	ARTILES CARBALLO, Irene	96	LasPalmas	<b>2:43.60</b>	19,00
	50m: 36.36 36.36	100m: 1:21.20	44.84 150m: 2:07.34 46.14	200m: 2:43.60	36.26
2.	RAMOS SANTANA, Laura María	98	Nonadamos	<b>3:29.54</b>	16,00
	50m: 44.08 44.08	100m: 1:43.59	59.51 150m: 2:44.38 1:00.79	200m: 3:29.54	45.16
3.	ESTUPIÑAN CABRERA, Paula	97	Cn.Salinas	<b>3:39.84</b>	14,00
	50m: 46.63 46.63	100m: 1:43.94	57.31 150m: 2:48.57 1:04.63	200m: 3:39.84	51.27

Prueba 17, Fem., 200m Estilos

30+

1.	ABASCAL RIVERO, Itziar	89	Teimar						<b>2:46.92</b>	19,00
	50m: 34.98 34.98	100m: 1:17.75	42.77	150m: 2:06.94	49.19	200m: 2:46.92	39.98			
2.	MARTINEZ DE LA CRUZ, Azahara	89	Vulcania						<b>2:49.39</b>	16,00
	50m: 36.29 36.29	100m: 1:21.65	45.36	150m: 2:09.19	47.54	200m: 2:49.39	40.20			
3.	MUJICA GONZALEZ, Maria Tatiana	92	Swim&Train						<b>3:00.52</b>	14,00
	50m: 37.41 37.41	100m: 1:24.34	46.93	150m: 2:17.31	52.97	200m: 3:00.52	43.21			
4.	CASIMIRO SUAREZ, Maria Melania	89	LasPalmas						<b>3:30.07</b>	13,00
	50m: 48.29 48.29	100m: 1:43.58	55.29	150m: 2:44.98	1:01.40	200m: 3:30.07	45.09			
5.	MORALES SANTANA, Maria Isabel	92	LasPalmas						<b>4:05.13</b>	12,00
	50m: 57.18 57.18	100m: 2:00.38	1:03.20	150m: 3:15.07	1:14.69	200m: 4:05.13	50.06			

35+

1.	SANTANA MEDINA, Mirian	84	Playuki						<b>3:12.09</b>	19,00
	50m: 40.47 40.47	100m: 1:27.52	47.05	150m: 2:26.77	59.25	200m: 3:12.09	45.32			
2.	DIAZ CORUÑA, Elizabeth	86	LasPalmas						<b>3:26.41</b>	16,00
	50m: 42.39 42.39	100m: 1:35.86	53.47	150m: 2:40.50	1:04.64	200m: 3:26.41	45.91			

Baja BLANCO BETANCOR, Cristina 86 Cn.Salinas -

45+

1.	GUTIERREZ GARCIA, Noelia	78	TFMasters						<b>3:17.73</b>	19,00
	50m: 43.92 43.92	100m: 1:37.60	53.68	150m: 2:31.00	53.40	200m: 3:17.73	46.73			

50+

1.	DE NICASSIO RUIZ DE TEMIÑO, Ángel	73	Aguacan						<b>3:26.41</b>	19,00
	50m: 47.23 47.23	100m: 1:43.20	55.97	150m: 2:42.45	59.25	200m: 3:26.41	43.96			
2.	GLAUBITZ, Susanne	70	Nonadamos						<b>3:49.39</b>	16,00
	50m: 52.48 52.48	100m: 1:56.66	1:04.18	150m: 2:57.57	1:00.91	200m: 3:49.39	51.82			
3.	UNGER, Caroline	72	Playuki						<b>3:52.22</b>	14,00
	50m: 54.64 54.64	100m: 1:53.25	58.61	150m: 2:58.44	1:05.19	200m: 3:52.22	53.78			

55+

1.	BENITEZ GONZALEZ, Maria Dolores	66	Cn.Salinas						<b>4:53.74</b>	19,00
	50m: 1:10.60 1:10.60	100m: 2:30.74	1:20.14	150m: 3:50.10	1:19.36	200m: 4:53.74	1:03.64			

Prueba 18  
16/12/2023

Masc., 200m Estilos

20 años y mayores  
Resultados

Clasificación	AN										Tiempo	
20+												
1.	ROSALES DIAZ, Nestor				01	Solventia					<b>2:49.56</b>	19,00
	50m:	35.79	35.79	100m:	1:18.23	42.44	150m:	2:09.86	51.63	200m:	2:49.56	39.70
2.	MENESES MEDERO, Alejandro				99	A.D. S.C.					<b>2:50.90</b>	16,00
	50m:	37.88	37.88	100m:	1:19.80	41.92	150m:	2:11.40	51.60	200m:	2:50.90	39.50
25+												
1.	RODRIGUEZ MARTIN, Eric				98	TFMasters					<b>2:18.51</b>	19,00
	50m:	29.49	29.49	100m:	1:05.52	36.03	150m:	1:45.96	40.44	200m:	2:18.51	32.55
2.	SANTANA HERNANDEZ, Adrian Manue				95	LasPalmas					<b>2:29.79</b>	16,00
	50m:	32.53	32.53	100m:	1:11.02	38.49	150m:	1:55.11	44.09	200m:	2:29.79	34.68
3.	SANTANA LOPEZ, Yoel				96	LasPalmas					<b>2:53.72</b>	14,00
	50m:	32.88	32.88	100m:	1:14.50	41.62	150m:	2:08.64	54.14	200m:	2:53.72	45.08
4.	SÁNCHEZ ESTUPIÑÁN, Adriano León				96	Jescagua					<b>3:26.51</b>	13,00
	50m:	41.99	41.99	100m:	1:34.00	52.01	150m:	2:35.70	1:01.70	200m:	3:26.51	50.81
Baja	ACOSTA DE LEON, Santiago				96	Playuki						-
30+												
1.	CEBALLOS SANCHEZ, Martin				91	Vulcania					<b>2:23.27</b>	19,00
	50m:	29.32	29.32	100m:	1:06.32	37.00	150m:	1:48.76	42.44	200m:	2:23.27	34.51
2.	BAENAS NAVARRO, Pedro Angel				89	TFMasters					<b>2:34.94</b>	16,00
	50m:	30.40	30.40	100m:	1:09.91	39.51	150m:	1:57.03	47.12	200m:	2:34.94	37.91
3.	CASTRO TARAJANO, Pedro Juan				93	Faynagua					<b>2:36.31</b>	14,00
	50m:	31.07	31.07	100m:	1:13.34	42.27	150m:	1:58.55	45.21	200m:	2:36.31	37.76
4.	GONZALEZ GARCIA, Alvaro				93	Metropole					<b>2:39.73</b>	13,00
	50m:	32.30	32.30	100m:	1:13.10	40.80	150m:	2:04.03	50.93	200m:	2:39.73	35.70
5.	ORTIZ HERNANDEZ, Alvaro				92	LasPalmas					<b>3:05.06</b>	12,00
	50m:	36.79	36.79	100m:	1:26.91	50.12	150m:	2:21.19	54.28	200m:	3:05.06	43.87
DSQ	DE CASTRO MONTERO, Borja				89	LasPalmas						-
	DNI - Desc Nado Irregular											
35+												
1.	SARMIENTO LEON, Dailos				88	Cn.Salinas					<b>3:02.33</b>	19,00
	50m:	39.15	39.15	100m:	1:30.25	51.10	150m:	2:23.54	53.29	200m:	3:02.33	38.79
2.	RODRIGO CAÑAS, Juan Miguel				87	Cn.Salinas					<b>3:18.28</b>	16,00
	50m:	41.86	41.86	100m:	1:35.15	53.29	150m:	2:33.93	58.78	200m:	3:18.28	44.35
DSQ	MARICHAL, Ivanosky				86	LasPalmas						-
	DNI - Desc Nado Irregular											

Prueba 18, Masc., 200m Estilos, 35+

Clasificación	AN	Tiempo
DSQ DE CASTRO MONTERO, Adolfo DSA - Desc Salida Anticipada	86 LasPalmas	-
Baja HENRIQUEZ HERNANDEZ, Rafael	87 Aguacan	-
40+		
1. GUEDES ALONSO, Francisco Yeray	80 Valleverde	3:09.88 19,00
50m: 42.36 42.36 100m: 1:34.51	52.15 150m: 2:28.88 54.37	200m: 3:09.88 41.00
NP RUIZ PEREZ, Fernando	81 A.D. S.C.	-
45+		
1. TONELLI, Marcello	75 Metropole	2:18.56 19,00
50m: 29.82 29.82 100m: 1:07.21	37.39 150m: 1:47.01 39.80	200m: 2:18.56 31.55
2. TUYA, Ricardo	76 Metropole	2:33.45 16,00
50m: 33.29 33.29 100m: 1:10.57	37.28 150m: 1:57.15 46.58	200m: 2:33.45 36.30
3. BOADELLA, Emiliano	75 Metropole	2:40.64 14,00
50m: 33.35 33.35 100m: 1:15.81	42.46 150m: 2:03.76 47.95	200m: 2:40.64 36.88
Baja PEREZ RODRIGUEZ, David C	77 Playuki	-
Baja RODRIGUEZ HERNANDEZ, Juan Manu	76 Cn.Salinas	-
50+		
1. COLINA GIRALDA, Raul	71 LasPalmas	3:06.02 19,00
50m: 39.51 39.51 100m: 1:27.81	48.30 150m: 2:24.71 56.90	200m: 3:06.02 41.31
2. GIL HENRIQUEZ, Jorge Juan	72 LasPalmas	3:33.36 16,00
50m: 46.05 46.05 100m: 1:39.82	53.77 150m: 2:53.06 1:13.24	200m: 3:33.36 40.30
3. RODRIGUEZ SANTANA, Ernesto	70 Valleverde	3:40.11 14,00
50m: 45.08 45.08 100m: 1:42.33	57.25 150m: 2:51.55 1:09.22	200m: 3:40.11 48.56
55+		
1. VIÑUELA LLANOS, Antonio	68 TFMasters	2:56.12 19,00
50m: 36.50 36.50 100m: 1:24.13	47.63 150m: 2:14.36 50.23	200m: 2:56.12 41.76
2. LUZARDO RODRIGUEZ, Gustavo Adolfo	66 Metropole	3:11.02 16,00
50m: 39.49 39.49 100m: 1:32.05	52.56 150m: 2:29.37 57.32	200m: 3:11.02 41.65
3. MARTINEZ LLISO, Claudio	66 Metropole	3:27.31 14,00
50m: 43.87 43.87 100m: 1:43.99	1:00.12 150m: 2:45.96 1:01.97	200m: 3:27.31 41.35
4. CRESPO GARCIA, Alvaro	67 Valleverde	3:42.45 13,00
50m: 52.23 52.23 100m: 1:52.22	59.99 150m: 2:56.24 1:04.02	200m: 3:42.45 46.21
5. SANTANA ALMEIDA, Gonzalo	66 Nonadamos	3:59.68 12,00
50m: 50.64 50.64 100m: 1:59.41	1:08.77 150m: 3:08.46 1:09.05	200m: 3:59.68 51.22



Prueba 18, Masc., 200m Estilos

60+

1.	GONZALEZ PEREZ, Domingo	61	TFMasters							<b>3:01.25</b>	19,00
	50m:	38.90	38.90	100m:	1:23.24	44.34	150m:	2:17.95	54.71	200m:	3:01.25 43.30
2.	TAVIO VENTURA, Juan Diego	60	Teimar							<b>5:14.36</b>	16,00
	50m:	1:01.72	1:01.72	100m:	2:42.91	1:41.19	150m:	4:11.72	1:28.81	200m:	5:14.36 1:02.64

65+

1.	GOMEZ-GUILLAMON ARRABAL, Luis	57	LasPalmas							<b>3:38.84</b>	19,00
	50m:	53.62	53.62	100m:	1:50.50	56.88	150m:	2:48.15	57.65	200m:	3:38.84 50.69

75+

1.	LESTIDEAU, Jean Claude	46	TFMasters							<b>3:18.23</b>	19,00	R. MASTE
	50m:	47.60	47.60	100m:	1:36.63	49.03	150m:	2:37.83	1:01.20	200m:	3:18.23 40.40	

Prueba 19  
16/12/2023

Fem., 100m Braza

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	CERPA CABALLERO, Xiomara M <sup>a</sup>	01	Aguacan							<b>1:21.86</b>	19,00
	50m:	38.39	38.39	100m:	1:21.86	43.47					
2.	GIRALDEZ OSORIO, Marta	00	Solventia							<b>1:35.21</b>	16,00
	50m:	44.46	44.46	100m:	1:35.21	50.75					
3.	AFONSO GONZALEZ, Diana	99	Playuki							<b>1:45.60</b>	14,00
	50m:	49.05	49.05	100m:	1:45.60	56.55					
4.	SANTANA ALLES, Yurena	02	Teimar							<b>1:48.49</b>	13,00
	50m:	49.88	49.88	100m:	1:48.49	58.61					

25+

1.	ARTILES CARBALLO, Irene	96	LasPalmas							<b>1:26.91</b>	19,00
	50m:	41.64	41.64	100m:	1:26.91	45.27					
2.	HORTIGÜELA PINTADO, Marta	95	LasPalmas							<b>1:31.24</b>	16,00
	50m:	42.87	42.87	100m:	1:31.24	48.37					
3.	SALAS NAVARRO, Marta	95	Faynagua							<b>1:56.34</b>	14,00
	50m:	53.54	53.54	100m:	1:56.34	1:02.80					
4.	ARENCIBIA PERERA, Miriam	97	Valleverde							<b>2:02.71</b>	13,00
	50m:	56.22	56.22	100m:	2:02.71	1:06.49					

Prueba 19, Fem., 100m Braza

30+

1.	GUTIERREZ CRUZ, Laura	93	Vulcania	<b>1:37.74</b>	19,00
	50m: 46.58 46.58	100m: 1:37.74	51.16		
2.	ALONSO RAVELO, Beatriz	93	Faynagua	<b>1:41.00</b>	16,00
	50m: 45.36 45.36	100m: 1:41.00	55.64		
3.	CASIMIRO SUAREZ, Maria Melania	89	LasPalmas	<b>1:51.30</b>	14,00
	50m: 53.69 53.69	100m: 1:51.30	57.61		
4.	HERNANDEZ HERNANDEZ, Elena	89	Jerez	<b>1:55.63</b>	-
	50m: 55.53 55.53	100m: 1:55.63	1:00.10		

35+

1.	DIAZ AMORES, Jennifer	86	Swim&Train	<b>1:38.20</b>	19,00
	50m: 46.20 46.20	100m: 1:38.20	52.00		
2.	SANTANA MEDINA, Mirian	84	Playuki	<b>1:41.05</b>	16,00
	50m: 47.66 47.66	100m: 1:41.05	53.39		
3.	SANTANA MARTIN, Ylenia	85	LasPalmas	<b>1:49.81</b>	14,00
	50m: 51.99 51.99	100m: 1:49.81	57.82		

Baja CAMPBELL ZEMIER, Veronica 86 LasPalmas -

40+

1.	CIERNA, Zuzana	83	TFMasters	<b>1:24.56</b>	19,00	R. MASTE
	50m: 39.58 39.58	100m: 1:24.56	44.98			
2.	FERNANDEZ MEJIAS, Tamara	81	Playuki	<b>1:33.21</b>	16,00	
	50m: 43.23 43.23	100m: 1:33.21	49.98			
3.	CERVILLA PEREZ, Cristina	79	Nonadamos	<b>1:51.67</b>	14,00	
	50m: 54.07 54.07	100m: 1:51.67	57.60			
4.	LEON CAZORLA, Benayga	83	Cn.Salinas	<b>1:55.89</b>	13,00	
	50m: 54.76 54.76	100m: 1:55.89	1:01.13			
5.	GUILLEN VARGAS, Lourdes	83	Vulcania	<b>1:59.27</b>	12,00	
	50m: 58.02 58.02	100m: 1:59.27	1:01.25			

45+

1.	GOMEZ TRIGUEROS, Margarita	74	Metropole	<b>1:36.54</b>	19,00
	50m: 46.62 46.62	100m: 1:36.54	49.92		
2.	GUTIERREZ GARCIA, Noelia	78	TFMasters	<b>1:36.56</b>	16,00
	50m: 46.78 46.78	100m: 1:36.56	49.78		
3.	IZQUIERDO RODRIGUEZ, Cristina	74	TFMasters	<b>1:50.09</b>	14,00
	50m: 53.17 53.17	100m: 1:50.09	56.92		

Baja ROMERA GARCIA, Elisa Isabel 76 Cn.Salinas -

Prueba 19, Fem., 100m Braza

50+

1.	DE NICASSIO RUIZ DE TEMIÑO, Ángel	73	Aguacan	<b>1:45.33</b>	19,00
	50m: 51.36 51.36	100m: 1:45.33	53.97		
2.	GUILLEN GARCIA, Maria Delia	71	LasPalmas	<b>1:56.92</b>	16,00
	50m: 57.35 57.35	100m: 1:56.92	59.57		
3.	ASPAS PALACIOS, Rosa Maria	70	Metropole	<b>1:58.95</b>	14,00
	50m: 56.58 56.58	100m: 1:58.95	1:02.37		
4.	MONTESDEOCA ZAMORA, Rosa Delia	71	Nonadamos	<b>2:07.01</b>	13,00
	50m: 1:00.97 1:00.97	100m: 2:07.01	1:06.04		
5.	NUDDS, Angela Louise	71	Vulcania	<b>2:13.84</b>	12,00
	50m: 1:04.01 1:04.01	100m: 2:13.84	1:09.83		
6.	HAMPLOVA, Eva	72	Cn.Salinas	<b>2:17.15</b>	11,00
	50m: 1:03.35 1:03.35	100m: 2:17.15	1:13.80		
7.	PULIDO CASTELLANO, Agueda	69	Valleverde	<b>2:48.23</b>	10,00
	50m: 1:22.07 1:22.07	100m: 2:48.23	1:26.16		
Baja	GONZALEZ ALBUJAR, Maria Rosa	70	Metropole		-

55+

1.	ESCATLLAR FDEZ. DE MISA, Concepc	66	TFMasters	<b>1:30.13</b>	19,00
	50m: 42.37 42.37	100m: 1:30.13	47.76		
2.	PEREZ SANTANA, Aranzazu	66	Valleverde	<b>2:05.48</b>	16,00
	50m: 1:00.51 1:00.51	100m: 2:05.48	1:04.97		

60+

1.	BRANF, Judith Sarah	60	Vulcania	<b>2:06.78</b>	19,00
	50m: 1:02.24 1:02.24	100m: 2:06.78	1:04.54		
2.	MARRERO CASERES, Sonia Rosa	61	Cn.Salinas	<b>3:16.50</b>	16,00
	50m: 1:26.77 1:26.77	100m: 3:16.50	1:49.73		

65+

1.	LOPEZ GONZALEZ, Esther	55	TFMasters	<b>1:50.49</b>	19,00
	50m: 53.92 53.92	100m: 1:50.49	56.57		

Prueba 20  
16/12/2023

Masc., 100m Braza

20 años y mayores  
Resultados

Clasificación	AN		Tiempo
<b>20+</b>			
1. RODRIGUEZ RIVERO, Alejandro	99	Swim&Train	<b>1:14.73</b> 19,00
50m: 34.80 34.80 100m: 1:14.73		39.93	
2. SANTANA REYES, Carmelo	03	Faynagua	<b>1:17.74</b> 16,00
50m: 36.78 36.78 100m: 1:17.74		40.96	
3. LEON TRUJILLO, Ernesto	01	Cn.Salinas	<b>1:17.89</b> 14,00
50m: 36.14 36.14 100m: 1:17.89		41.75	
4. PORTALES JULIÀ, Pedro	03	Playuki	<b>1:40.77</b> 13,00
50m: 48.00 48.00 100m: 1:40.77		52.77	
Baja CERPA CABALLERO, Jonay Salvador	99	Aguacan	-
<b>25+</b>			
1. AYALA MAESTRE, Alejandro	97	Jerez	<b>1:14.26</b> -
50m: 34.25 34.25 100m: 1:14.26		40.01	
2. SANTANA HERNANDEZ, Adrian Manue	95	LasPalmas	<b>1:17.82</b> 19,00
50m: 36.21 36.21 100m: 1:17.82		41.61	
3. CIRUGEDA LOPEZ, Aythami	97	Nonadamos	<b>1:23.67</b> 16,00
50m: 40.12 40.12 100m: 1:23.67		43.55	
4. ACEITUNO MARTÍNEZ, Manuel Jesús	98	Nonadamos	<b>1:27.60</b> 14,00
50m: 40.92 40.92 100m: 1:27.60		46.68	
<b>30+</b>			
1. MORALES MARTINEZ, Adrian Luis	89	Teimar	<b>1:23.85</b> 19,00
50m: 38.57 38.57 100m: 1:23.85		45.28	
2. DE CASTRO MONTERO, Borja	89	LasPalmas	<b>1:39.34</b> 16,00
50m: 46.19 46.19 100m: 1:39.34		53.15	
Baja HERNANDEZ GONZALEZ, Enrique	89	Aguacan	-
Baja SANTANA LOPEZ, Yosias	89	LasPalmas	-
Baja RODRIGUEZ PULIDO, Daniel	89	Valleverde	-
<b>35+</b>			
1. PALACIOS PEREZ, Daniel	87	San Blas	<b>1:16.51</b> -
50m: 35.60 35.60 100m: 1:16.51		40.91	
2. GARCIA FIERRO, Victor Manuel	88	Metropole	<b>1:17.24</b> 19,00
50m: 36.55 36.55 100m: 1:17.24		40.69	
3. MEZZANZANICA, Fabio	85	Cristianos	<b>1:18.02</b> 16,00
50m: 36.44 36.44 100m: 1:18.02		41.58	
4. DE ARMAS PAGADOR, Javier	85	Jerez	<b>1:20.08</b> -
50m: 37.35 37.35 100m: 1:20.08		42.73	
5. PADILLA CARREÑO, Pedro Pablo	86	Vulcania	<b>1:31.78</b> 14,00
50m: 43.01 43.01 100m: 1:31.78		48.77	

Prueba 20, Masc., 100m Braza, 35+

Clasificación	AN		Tiempo	
6. QUINTANA GARCIA, Daniel	85	LasPalmas	<b>1:38.97</b>	13,00
50m: 47.74 47.74 100m: 1:38.97		51.23		
40+				
1. BAS MARTINEZ, Francisco Javier	82	Jerez	<b>1:10.88</b>	-
50m: 33.41 33.41 100m: 1:10.88		37.47		
2. CAPELLA DE LAS HERAS, Daniel	80	Metropole	<b>1:14.38</b>	19,00
50m: 35.14 35.14 100m: 1:14.38		39.24		
3. GONZALEZ GONZALEZ, Francisco Jos	83	Teimar	<b>1:16.10</b>	16,00
50m: 36.54 36.54 100m: 1:16.10		39.56		
4. TORNERO GOMEZ, Tomas	79	Vulcania	<b>1:23.34</b>	14,00
50m: 38.93 38.93 100m: 1:23.34		44.41		
5. ARENCIBIA DE LA CRUZ, Alejandro	81	Aguacan	<b>1:33.89</b>	13,00
50m: 44.47 44.47 100m: 1:33.89		49.42		
6. ABREU BENITO, Eugenio Manuel	79	TFMasters	<b>1:38.81</b>	12,00
50m: 46.19 46.19 100m: 1:38.81		52.62		
7. MOSLER, Roman	81	LasPalmas	<b>1:40.73</b>	11,00
50m: 47.36 47.36 100m: 1:40.73		53.37		
Baja NIETO ARIAS, Oscar	81	Cn.Salinas		-
45+				
1. MORENO YÁÑEZ, Adán	77	TFMasters	<b>1:23.99</b>	19,00
50m: 39.61 39.61 100m: 1:23.99		44.38		
2. MARTINEZ SANTOS, Ricardo Jose	76	LasPalmas	<b>1:25.26</b>	16,00
50m: 39.56 39.56 100m: 1:25.26		45.70		
Baja PEREZ RODRIGUEZ, David C	77	Playuki		-
50+				
1. ST. MARY, Francisco	70	LasPalmas	<b>1:15.90</b>	19,00
50m: 35.81 35.81 100m: 1:15.90		40.09		
2. NUEZ SÁNCHEZ, Carlos Luis	69	Aguacan	<b>1:35.24</b>	16,00
50m: 44.27 44.27 100m: 1:35.24		50.97		
3. COLINA GIRALDA, Raul	71	LasPalmas	<b>1:35.44</b>	14,00
50m: 46.48 46.48 100m: 1:35.44		48.96		
4. MEJIAS PITTI, Julian Oscar	70	Cn.Salinas	<b>1:44.41</b>	13,00
50m: 49.83 49.83 100m: 1:44.41		54.58		
5. MARTINEZ IBORT, David	71	LasPalmas	<b>1:44.46</b>	12,00
50m: 48.92 48.92 100m: 1:44.46		55.54		
6. TORRES BETANCOR, Francisco Javier	71	Playuki	<b>2:00.74</b>	11,00
50m: 55.82 55.82 100m: 2:00.74		1:04.92		

Prueba 20, Masc., 100m Braza

55+

1.	HENDRIKUS VREEKAMP, Remko	67	Playuki	<b>1:33.06</b>	19,00
	50m: 45.08 45.08	100m: 1:33.06	47.98		
2.	RIVERA VIÑA, Francisco Manuel	66	Jescagua	<b>1:41.18</b>	16,00
	50m: 48.34 48.34	100m: 1:41.18	52.84		
3.	QUEVEDO HERNANDEZ, Rafael	64	Jescagua	<b>1:49.59</b>	14,00
	50m: 48.97 48.97	100m: 1:49.59	1:00.62		
4.	RODRIGUEZ HENRIQUEZ, Jose Manue	64	Playuki	<b>1:51.40</b>	13,00
	50m: 51.92 51.92	100m: 1:51.40	59.48		
5.	HERNANDEZ DE LA ROSA, Ignacio Ma	65	Teimar	<b>1:52.01</b>	12,00
	50m: 52.29 52.29	100m: 1:52.01	59.72		

60+

1.	SJOSTROM, Eric Halvar	59	Swim&Train	<b>1:18.37</b>	19,00	R. MASTE
	50m: 36.77 36.77	100m: 1:18.37	41.60			
2.	FERNANDEZ HERNANDEZ, Alonso	60	TFMasters	<b>1:28.00</b>	16,00	
	50m: 41.21 41.21	100m: 1:28.00	46.79			
3.	BRAVO DE LAGUNA SOCORRO, Albe	62	LasPalmas	<b>2:15.04</b>	14,00	
	50m: 1:04.15 1:04.15	100m: 2:15.04	1:10.89			
DSQ	ALONSO ALONSO, Luis Alberto	61	Vulcania		-	
	<i>DVI - Desc Viraje Irregular</i>					
Baja	MORALES AYALA, Juanjo	63	Aguacan		-	

65+

1.	PERERA MOLINERO, Antonio	55	TFMasters	<b>1:39.04</b>	19,00
	50m: 45.82 45.82	100m: 1:39.04	53.22		
2.	DIAZ CASTRO, Jose Maria	57	TFMasters	<b>1:45.58</b>	16,00
	50m: 50.49 50.49	100m: 1:45.58	55.09		
3.	CARBALLO CAMINO, Fco Javier	57	Playuki	<b>2:06.98</b>	14,00
	50m: 59.54 59.54	100m: 2:06.98	1:07.44		

Prueba 21  
16/12/2023

200m Espalda

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+, Masc.

1.	PEREZ ALVAREZ, Ivan Carlo	99	LasPalmas	<b>2:42.33</b>	19,00
	50m: 36.98 36.98	100m: 1:17.81	40.83 150m: 1:59.82 42.01	200m: 2:42.33 42.51	
2.	CABALLERO PEÑATE, Ángel José	01	Jescagua	<b>3:16.03</b>	16,00
	50m: 46.87 46.87	100m: 1:35.88	49.01 150m: 2:26.59 50.71	200m: 3:16.03 49.44	

Prueba 21, 200m Espalda

25+, Masc.

1.	SANTANA LOPEZ, Yoel	96	LasPalmas						<b>2:44.08</b>	19,00
	50m: 36.10 36.10	100m: 1:16.69	40.59	150m: 2:00.17	43.48	200m: 2:44.08	43.91			

30+, Masc.

1.	CHISVERT MATEU, Isidro	90	Vulcania						<b>3:13.16</b>	19,00
	50m: 44.83 44.83	100m: 1:33.74	48.91	150m: 2:23.87	50.13	200m: 3:13.16	49.29			
2.	GONZALEZ HERNANDEZ, Eduardo	91	Teimar						<b>3:24.93</b>	16,00
	50m: 47.18 47.18	100m: 1:38.37	51.19	150m: 2:30.90	52.53	200m: 3:24.93	54.03			

35+, Masc.

1.	SARMIENTO LEON, Dailos	88	Cn.Salinas						<b>3:18.36</b>	19,00
	50m: 46.80 46.80	100m: 1:37.08	50.28	150m: 2:28.98	51.90	200m: 3:18.36	49.38			
2.	DE CASTRO MONTERO, Adolfo	86	LasPalmas						<b>3:27.96</b>	16,00
	50m: 46.72 46.72	100m: 1:43.81	57.09	150m: 2:36.60	52.79	200m: 3:27.96	51.36			
DSQ	PEREZ LIRIA, Ancor	84	Cn.Salinas							-
	DNI - Desc Nado Irregular									

40+, Masc.

1.	VAZQUEZ IGLESIAS, Jorge	81	Vulcania						<b>2:34.03</b>	19,00
	50m: 36.20 36.20	100m: 1:15.87	39.67	150m: 1:55.18	39.31	200m: 2:34.03	38.85			
2.	RODRIGUEZ VIERA, Jose Javier	82	LasPalmas						<b>2:55.05</b>	16,00
	50m: 42.01 42.01	100m: 1:25.84	43.83	150m: 2:10.28	44.44	200m: 2:55.05	44.77			

45+, Masc.

1.	ARANDA GALLEGO, Jose Juan	75	Vulcania						<b>2:23.56</b>	19,00
	50m: 33.50 33.50	100m: 1:10.22	36.72	150m: 1:47.20	36.98	200m: 2:23.56	36.36			
2.	TUYA, Ricardo	76	Metropole						<b>2:28.27</b>	16,00
	50m: 35.03 35.03	100m: 1:12.63	37.60	150m: 1:50.76	38.13	200m: 2:28.27	37.51			
3.	REINO ASCANIO, Abian	77	Metropole						<b>2:28.38</b>	14,00
	50m: 35.89 35.89	100m: 1:15.35	39.46	150m: 1:52.89	37.54	200m: 2:28.38	35.49			

50+, Masc.

1.	ALAMO MARTINEZ, Fernando	69	Playuki						<b>4:10.25</b>	19,00
	50m: 57.24 57.24	100m: 2:00.02	1:02.78	150m: 3:07.26	1:07.24	200m: 4:10.25	1:02.99			
2.	GONZÁLEZ DÍAZ, Domingo	71	TFMasters						<b>4:12.20</b>	16,00
	50m: 59.09 59.09	100m: 2:02.95	1:03.86	150m: 3:09.38	1:06.43	200m: 4:12.20	1:02.82			
3.	PEREZ ARAÑA, Juan Manuel	72	Cn.Salinas						<b>4:25.43</b>	14,00
	50m: 58.23 58.23	100m: 2:03.52	1:05.29	150m: 3:15.30	1:11.78	200m: 4:25.43	1:10.13			
Baja	BILBAO SIEYRO, German	73	Teimar							-

Prueba 21, 200m Espalda

55+, Masc.

1.	JIMENEZ DE LA GUARDIA, Miguel A	65	Playuki								<b>3:20.73</b>	19,00
	50m:	44.79	44.79	100m:	1:33.14	48.35	150m:	2:25.70	52.56	200m:	3:20.73	55.03
2.	RODRIGUEZ SANTANA, Jose Jesus	65	Cn.Salinas								<b>3:43.86</b>	16,00
	50m:	52.83	52.83	100m:	1:48.50	55.67	150m:	2:46.28	57.78	200m:	3:43.86	57.58
3.	SUAREZ RODRIGUEZ, Manuel	66	Playuki								<b>4:46.70</b>	14,00
	50m:	1:06.42	1:06.42	100m:	2:18.69	1:12.27	150m:	3:35.50	1:16.81	200m:	4:46.70	1:11.20

60+, Masc.

1.	BINI, Bruno	60	Vulcania							<b>3:12.85</b>	19,00
	50m:	44.63	44.63	100m:	1:33.82	49.19	150m:	2:24.17	50.35	200m:	3:12.85 48.68
Baja	SANTANA MILAN, Jose	60	Cn.Salinas								-

65+, Masc.

1.	LUNA GIL, Antonio			55	TFMasters					<b>3:09.05</b>	19,00
	50m:	42.86	42.86	100m:	1:29.32	46.46	150m:	2:19.37	50.05	200m:	3:09.05 49.68

70+, Masc.

1.	LAJUS, Martti	52	SimmisWanda						<b>3:01.10</b>	-	R. MASTE
	50m:	42.33	42.33	100m:	1:27.85	45.52	150m:	2:14.58	46.73	200m:	3:01.10 46.52
2.	RIERA MONTAL, Agustin	49	TFMasters						<b>4:34.64</b>	19,00	
	50m:	1:01.54	1:01.54	100m:	2:10.45	1:08.91	150m:	3:24.78	1:14.33	200m:	4:34.64 1:09.86

20+, Fem.

1.	HERNÁNDEZ CASTRILLO, Yessica	00	Aguacan							<b>2:40.39</b>	19,00
	50m:	37.07	37.07	100m:	1:17.44	40.37	150m:	1:58.72	41.28	200m:	2:40.39 41.67
2.	PAVIA SOSA, Maria Rosa	99	LasPalmas							<b>4:07.04</b>	16,00
	50m:	58.69	58.69	100m:	2:04.98	1:06.29	150m:	3:09.33	1:04.35	200m:	4:07.04 57.71

25+, Fem.

1.	ZURITA LOZANO, Valle				94	Vulcania					<b>2:59.91</b>	19,00
	50m:	41.89	41.89	100m:	1:27.37	45.48	150m:	2:14.13	46.76	200m:	2:59.91	45.78
2.	PERERA SUAREZ, Ylenia				96	LasPalmas					<b>3:41.17</b>	16,00
	50m:	52.24	52.24	100m:	1:47.36	55.12	150m:	2:44.81	57.45	200m:	3:41.17	56.36

30+, Fem.

1.	SANTAELLA TERUEL, Marta	91	TFMasters								<b>2:59.86</b>	19,00
	50m:	43.55	43.55	100m:	1:30.56	47.01	150m:	2:17.48	46.92	200m:	2:59.86	42.38
2.	SANTANA ALMEIDA, Ester	92	Aguacan								<b>3:10.43</b>	16,00
	50m:	43.89	43.89	100m:	1:31.50	47.61	150m:	2:21.71	50.21	200m:	3:10.43	48.72
3.	MARTINEZ GARCIA, Laura	89	San Blas								<b>3:12.18</b>	-
	50m:	44.97	44.97	100m:	1:33.28	48.31	150m:	2:23.09	49.81	200m:	3:12.18	49.09



Prueba 21, Fem., 200m Espalda, 30+

Clasificación	AN	Tiempo
4. MATOS MEJIAS, Sara	93	Faynagua
50m: 47.36 47.36 100m: 1:38.33 50.97 150m: 2:31.73 53.40 200m: 3:23.23 51.50		<b>3:23.23</b> 14,00

35+, Fem.

Baja MENDOZA MARTIN, Maria Jose	87	Valleverde	-
Baja ALONSO MILLAN, Lourdes Del Carmen	85	Cn.Salinas	-

40+, Fem.

1. CORTES ALVAREZ, Elisa	82	Jescagua	<b>3:50.30</b> 19,00
50m: 56.65 56.65 100m: 1:54.18 57.53 150m: 2:52.96 58.78 200m: 3:50.30 57.34			

45+, Fem.

1. GONZALES RAMIRES, Silvia	76	Cn.Salinas	<b>4:01.93</b> 19,00
50m: 54.72 54.72 100m: 1:54.81 1:00.09 150m: 2:59.68 1:04.87 200m: 4:01.93 1:02.25			

50+, Fem.

1. NEGRIN FIGUEROA, Elena	70	TFMasters	<b>3:06.68</b> 19,00
50m: 44.04 44.04 100m: 1:30.93 46.89 150m: 2:18.88 47.95 200m: 3:06.68 47.80			
2. PEREZ GARCIA, Noemi	73	TFMasters	<b>3:23.09</b> 16,00
50m: 46.79 46.79 100m: 1:38.41 51.62 150m: 2:31.55 53.14 200m: 3:23.09 51.54			
3. MORALES LOZANO, Gloria	72	Jescagua	<b>3:57.59</b> 14,00
50m: 55.77 55.77 100m: 1:56.76 1:00.99 150m: 2:56.68 59.92 200m: 3:57.59 1:00.91			
4. MARTIN CEDRES, Lidia Esther	69	Vulcania	<b>4:40.50</b> 13,00
50m: 1:03.31 1:03.31 100m: 2:17.74 1:14.43 150m: 3:28.76 1:11.02 200m: 4:40.50 1:11.74			

Baja ROSALES AROCHA, Ana Esther	69	Cn.Salinas	-
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55+, Fem.

1. ESCATLLAR FDEZ. DE MISA, Concepc	66	TFMasters	<b>2:44.98</b> 19,00
50m: 38.69 38.69 100m: 1:20.65 41.96 150m: 2:03.14 42.49 200m: 2:44.98 41.84			
2. PEREZ SANTANA, Aranzazu	66	Valleverde	<b>4:00.35</b> 16,00
50m: 57.33 57.33 100m: 1:58.33 1:01.00 150m: 3:00.04 1:01.71 200m: 4:00.35 1:00.31			
3. SARACENI, Paola Maria	65	Vulcania	<b>4:06.97</b> 14,00
50m: 56.97 56.97 100m: 1:59.79 1:02.82 150m: 3:03.74 1:03.95 200m: 4:06.97 1:03.23			
4. BENITEZ GONZALEZ, Maria Dolores	66	Cn.Salinas	<b>5:02.22</b> 13,00
50m: 1:10.19 1:10.19 100m: 2:26.79 1:16.60 150m: 3:43.26 1:16.47 200m: 5:02.22 1:18.96			

60+, Fem.

1. GONZALEZ LOPEZ, Mª Del Carmen	63	LasPalmas	<b>4:35.37</b> 19,00
50m: 1:04.71 1:04.71 100m: 2:17.32 1:12.61 150m: 3:30.90 1:13.58 200m: 4:35.37 1:04.47			

Prueba 21, 200m Espalda

70+, Fem.

DSQ GALBAN BENITEZ, Teresa Ana 52 Cn.Salinas -  
DNI - Desc Nado Irregular

Prueba 22 16/12/2023 Fem., 4 x 50m Estilos AG 80 - 399 Resultados

Clasificación

Tiempo

+80 (PRE-MASTER)

1. Nonadamos 80			Nonadamos		<b>2:39.04</b>	38,00
GIL MUÑOZ, Esmeralda	99		39.50 GONZALEZ BORGES, Maria	01	0.00	35.70
PICOS HERNÁNDEZ, Laura	97	0.00	49.32 RAMOS SANTANA, Laura María	98	0.00	34.52
2. Playuki 80			Playuki		<b>2:51.24</b>	32,00
GUILLEN CARRION, Andrea	00		50.77 ESPINEL ALEMÁN, Nerea	03	0.00	43.21
AFONSO GONZALEZ, Diana	99	0.00	46.64 JIMENEZ QUINTANA, Esther	01	0.00	30.62

+100

1. LasPalmas 100			LasPalmas		<b>2:44.03</b>	38,00
PERERA SUAREZ, Ylenia	96		48.78 RIVERO SANTANA, Sheila	96	0.00	42.00
HORTIGÜELA PINTADO, Marta	95	0.00	41.86 ARTILES CARBALLO, Irene	96	0.00	31.39

+120

1. Playuki 120			Playuki		<b>2:32.45</b>	38,00
MEDINA SANTANA, Beatriz	95		39.74 VEGA SANTANA, Ana	97	0.00	34.89
FERNANDEZ MEJIAS, Tamara	81	0.00	43.17 SANTANA MEDINA, Mirian	84	0.00	34.65
2. LasPalmas 120			LasPalmas		<b>2:46.56</b>	32,00
VELASCO PEREZ, Adriana	93		42.29 VALIDO CARREÑO, Isabel	74	0.00	35.61
CASIMIRO SUAREZ, Maria Melania	89	0.00	55.86 GARCIA DENIZ, Zaida	83	0.00	32.80
3. Vulcania 120			Vulcania		<b>2:56.31</b>	28,00
VALVERDE HERNANDEZ, Cristina	89		51.48 MARTINEZ DE LA CRUZ, Azahara	89	0.00	
NUDDS, Angela Louise	71	0.00	1:31.89 GUTIERREZ CRUZ, Laura	93	0.00	
4. Nonadamos 120			Nonadamos		<b>3:12.50</b>	26,00
GONZALEZ BORGES, Davina	97		44.50 DÍAZ MAYORDOMO PECHARROMA, Raquel	86	0.00	42.39
POMAR SARASA, Almudena	85	0.00	1:05.07 AVEDANO DIAZ, Pamela	92	0.00	40.54

DSQ Cn.Salinas 120 Cn.Salinas -  
ESTUPIÑAN CABRERA, Paula, LEON CAZORLA, Benayga, BLANCO BETANCOR, Cristina, GONZALES RAMIRES, Silvia

Baja TFMasters 120 TFMasters -

Prueba 22, Fem., 4 x 50m Estilos

+160

1.	TFMasters 160			TFMasters			<b>2:25.30</b>	38,00
	ESCATLLAR FDEZ. DE MISA, Conc66cion			36.29	SANTAELLA TERUEL, Marta	91	0.00	37.77
	CIERNA, Zuzana	83	0.00	39.57	ARANTZAMENDI LLULL, Jamila	81	0.00	31.67
2.	Nonadamos 160			Nonadamos			<b>2:47.73</b>	32,00
	RAMIREZ PERDOMO, Mª Begoña	73		44.75	GARCIA CERVANTES, Laura	89	0.00	34.15
	CERVILLA PEREZ, Cristina	79	0.00	51.13	BARRERO BERNAL, Laura	90	0.00	37.70
3.	Teimar 160			Teimar			<b>2:49.22</b>	28,00
	GRAU DE LOS REYES, Laura	91		48.64	ABASCAL RIVERO, Itziar	89	0.00	46.34
	GARCIA ALLO, Maria Victoria	79	0.00	36.02	BENAVENTE VELASCO, Sandra	73	0.00	38.22
4.	LasPalmas 160			LasPalmas			<b>3:05.51</b>	26,00
	GONZALEZ LOPEZ, Mª Del Carmer63			55.32	DIAZ CORUÑA, Elizabeth	86	0.00	41.63
	SANTANA MARTIN, Ylenia	85	0.00	49.03	MORALES SANTANA, Maria Isabel92		0.00	39.53
5.	Vulcania 160			Vulcania			<b>3:34.18</b>	24,00
	MARTIN CEDRES, Lidia Esther	69		1:02.34	RUIZ JIMENEZ, Ana Belen	82	0.00	50.21
	GUILLEN VARGAS, Lourdes	83	0.00	49.10	QUISHPE ALMEIDA, Josselin Kass931ra		0.00	52.53
DSQ	Cn.Salinas 160			Cn.Salinas			-	
	ALONSO MILLAN, Lourdes Del Carmen, HAMPLOVA, Eva, MONZON MEDINA, Gloria Maria, MARRERO CASERES, Sonia Rosa							

+200

1.	TFMasters 200			TFMasters			<b>2:46.97</b>	38,00
	NEGRIN FIGUEROA, Elena	70		41.29	PEREZ GARCIA, Noemi	73	0.00	42.36
	GUTIERREZ GARCIA, Noelia	78	0.00	45.29	TABARES DE NAVA, Nuria	69	0.00	38.03
2.	Vulcania 200			Vulcania			<b>3:08.16</b>	32,00
	LLOYD, Heather Rowenne	71		50.68	GARCIA ALARCOS, Sara	80	0.00	39.68
	BRANF, Judith Sarah	60	0.00	1:00.66	CABRERA RUIZ, Luz Marina	75	0.00	37.14
3.	Nonadamos 200			Nonadamos			<b>3:31.19</b>	28,00
	CABRERA RIVERA, Elena	76		1:01.31	GLAUBITZ, Susanne	70	0.00	49.99
	MONTEDEOCA ZAMORA, Rosa D71a		0.00	59.82	RAMIREZ PERDOMO, Fatima	70	0.00	40.07
4.	Valleverde 200			Valleverde			<b>4:01.86</b>	26,00
	PEREZ SANTANA, Aranzazu	66		53.69	RUIZ GARCIA, Olga	73	0.00	1:05.15
	PULIDO CASTELLANO, Agueda	69	0.00	1:20.20	JIMENEZ JIMENEZ, Leticia	77	0.00	42.82

+240

1.	Vulcania 240			Vulcania			<b>2:58.71</b>	38,00
	SARACENI, Paola Maria	65		56.71	LAIS, Cinzia	59	0.00	
	SEGARRA PEÑARROYA, Rosa	49	0.00		WINKLER, Nicole	71	0.00	34.53
2.	TFMasters 240			TFMasters			<b>3:04.53</b>	32,00
	BAEZ CEJAS, Maria Mercedes	60		51.10	LOPEZ GONZALEZ, Esther	55	0.00	
	MEDINA IBAÑEZ, Ana	68	0.00		MORENO ALOY, Rosa Ana	65	0.00	37.08
3.	Playuki 240			Playuki			<b>4:55.14</b>	28,00
	ALONSO CARDENES, Maria Del Pir49			1:29.96	DIAZ SANTANA, Luz Marina	76	0.00	44.59
	OJEDA GARCIA, Mª Dolores	42	0.00	1:56.94	UNGER, Caroline	72	0.00	43.65
Baja	Cn.Salinas 240			Cn.Salinas			-	

Prueba 23  
16/12/2023

Masc., 4 x 50m Estilos

AG 80 - 399  
Resultados

Clasificación

Tiempo

+100

1.	LasPalmas 100			LasPalmas		<b>2:01.81</b>	38,00
	SANTANA LOPEZ, Yoel	96		31.66	RUBIALES CACERES, Daniel	97	0.00 29.74
	SANTANA HERNANDEZ, Adrian	95	0.00	35.09	SOLIS CRUZ, Alejandro	91	0.00 25.32
2.	Vulcania 100			Vulcania		<b>2:13.13</b>	32,00
	CHISVERT MATEU, Isidro	90		41.32	RUIZ SEIJO, Brais	98	0.00 27.08
	CEBALLOS SANCHEZ, Martin	91	0.00	32.76	MACHIN VILCHES, Alexandre	98	0.00 31.97

+120

1.	Metropole 120			Metropole		<b>1:59.03</b>	38,00
	RAMIREZ O'SHANAHAN, Guillermo	93		29.07	GONZALEZ GARCIA, Alvaro	93	0.00 31.49
	RAMIREZ O'SHANAHAN, Leopoldo	91	0.00	30.93	NAVAS OJEDA, Angel Luis	93	0.00 27.54
2.	TFMasters 120			TFMasters		<b>1:59.41</b>	32,00
	BONILLA AVILA, Zebensui	81		33.66	ALONSO ALADRO, Juan	86	0.00 27.39
	RODRIGUEZ MARTIN, Eric	98	0.00	32.04	BAENAS NAVARRO, Pedro Angel	89	0.00 26.32
3.	Jerez 120			Jerez		<b>2:05.57</b>	28,00
	BARRO, Mario	86		34.29	BAS MARTINEZ, Francisco Javier	82	0.00 29.81
	AYALA MAESTRE, Alejandro	97	0.00	32.20	DE ARMAS PAGADOR, Javier	85	0.00 29.27
4.	Teimar 120			Teimar		<b>2:16.93</b>	26,00
	BRITO HERNANDEZ, Fernando	92		36.12	QUESADA PEREZ, Lorenzo	86	0.00 31.35
	MORALES MARTINEZ, Adrian Luis	89	0.00	36.79	FERNANDEZ PELAEZ, Unai	89	0.00 32.67
5.	Cn.Salinas 120			Cn.Salinas		<b>2:18.40</b>	24,00
	LOPEZ GARCIA, Andreas	98		30.63	HERNANDEZ PEREZ, Jonathan	82	0.00 32.60
	SARMIENTO LEON, Dailos	88	0.00	42.14	RODRIGO CAÑAS, Juan Miguel	87	0.00 33.03
6.	Nonadamos 120			Nonadamos		<b>2:20.49</b>	22,00
	JIMENEZ CASAS, Ignacio	79		36.92	CIRUGEDA LOPEZ, Aythami	97	0.00 33.68
	ACEITUNO MARTÍNEZ, Manuel	98	0.00	40.74	ACOSTA PERDOMO, Gabriel	94	0.00 29.15
7.	LasPalmas 120			LasPalmas		<b>2:36.17</b>	20,00
	DE CASTRO MONTERO, Adolfo	86		44.17	SUAREZ GARCIA, Adrian	96	0.00 32.38
	DE CASTRO MONTERO, Borja	89	0.00	46.32	QUINTANA GARCIA, Daniel	85	0.00 33.30

Baja	Playuki 120			Playuki		-	
Baja	Cristianos 120			Cristianos		-	
Baja	Vulcania 120			Vulcania		-	
Baja	Faynagua 120			Faynagua		-	

Prueba 23, Masc., 4 x 50m Estilos

+160

1.	Metropole 160			Metropole		<b>2:03.98</b>	38,00
	REINO ASCANIO, Abian	77		31.86	CAPELLA DE LAS HERAS, Daniel	80	0.00 29.90
	GARCIA FIERRO, Victor Manuel	88	0.00	35.32	ROJANO BROZ, Javier	79	0.00 26.90
2.	Vulcania 160			Vulcania		<b>2:08.70</b>	32,00
	,			33.23	,		0.00 27.53
	,		0.00	40.50	,		0.00 27.44
3.	LasPalmas 160			LasPalmas		<b>2:16.18</b>	28,00
	MARTINEZ SANTOS, Ricardo Jose	76		38.33	CABRERA PESTANA, Alejandro	80	0.00 35.25
	ST. MARY, Francisco	70	0.00	35.38	ROJO ORTEGA, Daniel	80	0.00 27.22
4.	TFMasters 160			TFMasters		<b>2:23.76</b>	26,00
	MORENO YÁÑEZ, Adán	77		35.77	MARTEL TOLEDO, Luis	71	0.00 33.67
	VIÑUELA LLANOS, Antonio	68	0.00	39.83	ABREU BENITO, Eugenio Manuel	79	0.00 34.49
5.	Teimar 160			Teimar		<b>2:25.45</b>	24,00
	BILBAO SIEYRO, German	73		41.18	CURBELO FAIRLEY, Miguel	72	0.00 38.90
	GONZALEZ GONZALEZ, Francisco	83	0.00	34.52	TERAN GUTIERREZ, Pablo	74	0.00 30.85
6.	Cn.Salinas 160			Cn.Salinas		<b>2:31.13</b>	22,00
	PEREZ LIRIA, Ancor	84		40.66	NIETO ARIAS, Oscar	81	0.00 31.78
	GOMEZ GOMEZ DE CADIÑANOS, Roberto	80	0.00	46.61	SÁNCHEZ JIMÉNEZ, Sergio	76	0.00 32.08
7.	Valleverde 160			Valleverde		<b>2:39.78</b>	20,00
	RODRIGUEZ PULIDO, Daniel	89		35.32	RODRIGUEZ SANTANA, Ernesto	70	0.00 40.72
	GUEDES ALONSO, Francisco Yera	80	0.00	43.32	NAVARRO PEREZ, Josymar	86	0.00 40.42
8.	Jescagua 160			Jescagua		<b>2:44.18</b>	18,00
	SÁNCHEZ ESTUPIÑÁN, Adriano Le	96		45.14	RIVERA VIÑA, Francisco Manuel	66	0.00 38.91
	QUEVEDO HERNANDEZ, Rafael	64	0.00	47.60	RODRIGUEZ GONZALEZ, sergio	94	0.00 32.53
9.	Playuki 160			Playuki		<b>2:54.23</b>	16,00
	ALAMO MARTINEZ, Fernando	69		49.37	TORRES BETANCOR, Francisco Ja	71	0.00 51.79
	HENDRIKUS VREEKAMP, Remko	67	0.00	41.30	SUAREZ LOPEZ, Alejandro	86	0.00 31.77
10.	Nonadamos 160			Nonadamos		<b>3:03.36</b>	14,00
	GARCIA DIAZ, Cayetano	71		52.20	GARCIA DE LA HOZ, Adrian Cipria	93	0.00 40.93
	SANTANA ALMEIDA, Gonzalo	66	0.00	52.21	SANTANA GUTIERREZ, Francisco	88	0.00 38.02
Baja	Aguacan 160			Aguacan			-
Baja	Cristianos 160			Cristianos			-
Baja	Swim&Train 160			Swim&Train			-

+200

1.	Metropole 200			Metropole		<b>2:07.30</b>	38,00
	TUYA, Ricardo	76		31.99	GUTIERREZ ASCANIO, Ciro	70	0.00 30.73
	TONELLI, Marcello	75	0.00	32.42	LUZARDO RODRIGUEZ, Gustavo	66	0.00 32.16
2.	TFMasters 200			TFMasters		<b>2:15.08</b>	32,00
	GONZALEZ PEREZ, Domingo	61		36.64	NUÑEZ NODA, Bernardo	65	0.00 28.90
	FERNANDEZ HERNANDEZ, Alonso	60	0.00	38.21	MAESO VERGARA, Miguel Benito	67	0.00 31.33
3.	Aguacan 200			Aguacan		<b>2:34.22</b>	28,00
	ELGUE GRANDI, Juan Carlos	52		47.87	ESPINO MORILLAS, Juan Luis	72	0.00 29.14
	NUEZ SÁNCHEZ, Carlos Luis	69	0.00	45.68	ARENCIBIA DE LA CRUZ, Alejandro	81	0.00 31.53
4.	Vulcania 200			Vulcania		<b>2:50.25</b>	26,00
	TORNERO GOMEZ, Tomas	79		39.34	CEJUDO DELGADO, Angel	63	0.00 35.11
	ALONSO ALONSO, Luis Alberto	61	0.00	52.87	PEREZ BARRAGAN, Victor Hugo	71	0.00 42.93

Prueba 23, Masc., 4 x 50m Estilos, +200

Clasificación

Tiempo

5.	LasPalmas 200		LasPalmas		<b>2:51.77</b>	24,00
	GOMEZ-GUILLAMON ARRABAL, L57		47.45	GIL HENRIQUEZ, Jorge Juan	72	0.00 43.30
	DEL ROSARIO RODRÍGUEZ, José /72onio 0.00		48.61	MARTINEZ IBORT, David	71	0.00 32.41
6.	Teimar 200		Teimar		<b>3:11.12</b>	22,00
	DIAZ DIAZ, Celso Julio 59		49.03	TAVIO VENTURA, José Marcial	58	0.00 1:02.81
	HERNANDEZ DE LA ROSA, Ignacio65anuel 0.00		48.72	LEON PINEDA, Aday	90	0.00 30.56
DSQ	Faynagua 200		Faynagua			-
	<i>DNI - Desc Nado Irregular</i>					
	SANTANA CABALLERO, José, NAVARRO FARIAS, Santiago, GUTIÉRREZ ROMERO, Ricardo, FARÍAS OROPESA, Juan Jesús					

+240

1.	Vulcania 240		Vulcania		<b>2:32.61</b>	38,00
	BINI, Bruno 60		40.07	VALLEJO ARROYO, Juan Carlos	63	0.00 32.05
	YURRITA DOMINGUEZ, Miguel Ang57 0.00		48.12	AMOZA IRIGOYEN, Andres	67	0.00 32.37
2.	TFMasters 240		TFMasters		<b>2:33.13</b>	32,00
	LUNA GIL, Antonio 55		40.38	TORRES MARZO, Jose Luis	57	0.00 38.35
	PERERA MOLINERO, Antonio 55 0.00		41.63	SALAS SABINA, Juan Manuel	63	0.00 32.77
3.	Cn.Salinas 240		Cn.Salinas		<b>2:55.64</b>	28,00
	CABRERA BARBUZANO, Fernand48		47.14	RODRIGUEZ SANTANA, Jose Jesu65		0.00 41.66
	MEJIAS PITTI, Julian Oscar 70 0.00		50.72	FRANCO QUINTANA, Pedro	64	0.00 36.12
4.	Playuki 240		Playuki		<b>3:13.65</b>	26,00
	JIMENEZ DE LA GUARDIA, Miguel /65		42.55	RODRIGUEZ HENRIQUEZ, Jose Mai64		0.00 50.23
	SUAREZ RODRIGUEZ, Manuel 66 0.00		55.68	CARBALLO CAMINO, Fco Javier	57	0.00 45.19
Baja	Metropole 240		Metropole			-

+280

1.	TFMasters 280		TFMasters		<b>3:34.44</b>	38,00
	RIERA MONTAL, Agustin 49		57.11	METZ, Michael Gustav	48	0.00 1:04.27
	CASTRILLÓN GARCÍA-DELGADO, 49se Lui0.00		55.02	MORENO PÉREZ, José Andrés	58	0.00 38.04
NP	Metropole 280		Metropole			-

+320

1.	TFMasters 320		TFMasters		<b>3:25.62</b>	38,00 R. MASTE
	LESTIDEAU, Jean Claude 46		40.49	BREMON PEREZ, Carlos	47	0.00
	ROEDER, Peter 37 0.00			BOSSERT SCHWARZE, Ingolf	40	0.00 48.56
NP	Metropole 320		Metropole			-

Prueba 24  
16/12/2023

Mixto, 4 x 50m Estilos

AG 80 - 399  
Resultados

Clasificación

Tiempo

**+80 (PRE MASTER)**

1. Faynagua 80			Faynagua	<b>2:11.29</b>	38,00
RAMIREZ MORALES, Sergio C.	03		32.19 DIAZ RODRIGUEZ, Grisela	02	0.00 31.49
SANTANA REYES, Carmelo	03	0.00	34.71 SANTANA REYES, Raquel	97	0.00 32.90
2. Playuki 80			Playuki	<b>2:41.25</b>	32,00
GUILLÉN CARRION, Andrea	00		52.17 VEGA SANTANA, Ana	97	0.00 35.02
PORTALES JULIÁ, Pedro	03	0.00	44.83 GARCIA HOFMANN, Miguel Angel	97	0.00 29.23

**+100**

1. Nonadamos 100			Nonadamos	<b>2:38.12</b>	38,00
GONZALEZ BORGES, Davina	97		43.56 ACOSTA PERDOMO, Gabriel	94	0.00
CIRUGEDA LOPEZ, Aythami	97	0.00	39.04 PICOS HERNÁNDEZ, Laura	97	0.00
2. Faynagua 100			Faynagua	<b>2:44.47</b>	32,00
ALONSO RAVELO, Beatriz	93		45.93 CAMPOS CUTILLAS, Eulogio Omar	93	0.00 34.43
SALAS NAVARRO, Marta	95	0.00	55.20 GARCIA CURBELO, Carlos	95	0.00 28.91

Baja Vulcania 100

Vulcania

-

**+120**

1. TFMasters 120			TFMasters	<b>2:10.01</b>	38,00
SANTAELLA TERUEL, Marta	91		39.13 BAENAS NAVARRO, Pedro Angel	89	0.00 27.99
CIERNA, Zuzana	83	0.00	37.98 RODRIGUEZ MARTIN, Eric	98	0.00 24.91
2. Metropole 120			Metropole	<b>2:21.14</b>	32,00
FRIAS ALVAREZ, Ariadna	95		38.80 EHRHARDT, Thomas	77	0.00 28.28
GOMEZ TRIGUEROS, Margarita	74	0.00	43.25 ARENCIBIA HERNANDEZ, Pedro	91	0.00 30.81
3. Swim&Train 120			Swim&Train	<b>2:22.57</b>	28,00
RODRIGUEZ RIVERO, Alejandro	99		33.34 GONZALEZ RODRÍGUEZ, Bernardc80		0.00 33.22
DIAZ AMORES, Jennifer	86	0.00	43.91 MUJICA GONZALEZ, Maria Tatiana92		0.00 32.10
4. Teimar 120			Teimar	<b>2:24.06</b>	26,00
BRITO HERNANDEZ, Fernando Jos92			34.80 ABASCAL RIVERO, Itziar	89	0.00 36.39
MORALES MARTINEZ, Adrian Luis 89		0.00	35.97 GRAU DE LOS REYES, Laura	91	0.00 36.90
5. Nonadamos 120			Nonadamos	<b>2:27.21</b>	24,00
JIMENEZ CASAS, Ignacio	79		35.08 GARCIA CERVANTES, Laura	89	0.00 37.57
ACEITUNO MARTÍNEZ, Manuel Jes98		0.00	40.02 RAMOS SANTANA, Laura María	98	0.00 34.54
6. Playuki 120			Playuki	<b>2:28.27</b>	22,00
GARCIA HERNANDEZ, Marcos	80		35.73 MEDINA SANTANA, Beatriz	95	0.00 36.41
FERNANDEZ MEJIAS, Tamara	81	0.00	44.16 SUAREZ LOPEZ, Alejandro	86	0.00 31.97
7. Vulcania 120			Vulcania	<b>2:29.36</b>	20,00
VAZQUEZ IGLESIAS, Jorge	81		33.22 CEBALLOS SANCHEZ, Martin	91	0.00 28.35
MARTINEZ DE LA CRUZ, Azahara 89		0.00	40.41 QUISHPE ALMEIDA, Josselin Kass931ra		0.00 47.38
8. Faynagua 120			Faynagua	<b>2:32.99</b>	18,00
FALCON LORENZO, Javier	94		33.40 MATOS MEJIAS, Sara	93	0.00 46.81
CASTRO TARAJO, Pedro Juan 93		0.00	34.50 CARAMES PEREZ, Carmen Dolores68		0.00 38.28



Prueba 24, Mixto, 4 x 50m Estilos, +120

Clasificación

Tiempo

Baja	San Blas 120	San Blas	-
Baja	Valleverde 120	Valleverde	-

+160

1.	TFMasters 160	TFMasters	2:23.28	38,00
	MORENO YÁÑEZ, Adán 77	35.63 ALONSO ALADRO, Juan 86	0.00	27.10
	GUTIERREZ GARCIA, Noelia 78 0.00	44.24 IZQUIERDO RODRIGUEZ, Cristina 74	0.00	36.31
2.	Teimar 160	Teimar	2:30.74	32,00
	GARCIA ALLO, Maria Victoria 79	47.57 QUESADA PEREZ, Lorenzo 86	0.00	31.30
	GONZALEZ GONZALEZ, Francisco 83 0.00	34.60 BENAVENTE VELASCO, Sandra 73	0.00	37.27
3.	Aguacan 160	Aguacan	2:32.63	28,00
	SANTANA ALMEIDA, Ester 92	43.74 ESPINO MORILLAS, Juan Luis 72	0.00	32.47
	ARENCIBIA DE LA CRUZ, Alejandro 81 0.00	41.33 DE NICASSIO RUIZ DE TEMIÑO, Ángel 73a	0.00	35.09
4.	Cn.Salinas 160	Cn.Salinas	2:51.19	26,00
	PEREZ LIRIA, Ancor 84	40.91 GOMEZ GOMEZ DE CADIÑANOS, Roberto 80	0.00	38.96
	LEON CAZORLA, Benayga 83 0.00	53.33 ALONSO MILLAN, Lourdes Del Carmen 85	0.00	37.99
5.	Playuki 160	Playuki	2:53.86	24,00
	UNGER, Caroline 72	51.73 SANTANA MEDINA, Mirian 84	0.00	40.96
	HENDRIKUS VREEKAMP, Remko 67 0.00	42.28 TORRES BETANCOR, Francisco Javier 71	0.00	38.89
6.	Vulcania 160	Vulcania	3:10.56	22,00
	CHISVERT MATEU, Isidro 90	42.29 MARTIN CEDRES, Lidia Esther 69	0.00	59.26
	PADILLA CARREÑO, Pedro Pablo 86 0.00	44.75 RUIZ JIMENEZ, Ana Belen 82	0.00	44.26

Baja	Metropole 160	Metropole	-
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+200

1.	TFMasters 200	TFMasters	2:24.76	38,00
	ESCATLLAR FDEZ. DE MISA, Concepcion 66	37.25 NUÑEZ NODA, Bernardo 65	0.00	28.92
	MAESO VERGARA, Miguel Benito 67 0.00	39.49 TABARES DE NAVA, Nuria 69	0.00	39.10
2.	Jescagua 200	Jescagua	2:59.55	32,00
	CORTES ALVAREZ, Elisa 82	51.00 RIVERA VIÑA, Francisco Manuel 66	0.00	39.20
	QUEVEDO HERNANDEZ, Rafael 64 0.00	48.88 MORALES LOZANO, Gloria 72	0.00	40.47
3.	Metropole 200	Metropole	3:03.41	28,00
	MARTINEZ LLISO, Claudio 66	46.77 HERRERA QUEVEDO, Evaristo 79	0.00	32.21
	ASPAS PALACIOS, Rosa Maria 70 0.00	52.96 SEJO PEREIRA, Patricia 74	0.00	51.47
4.	Valleverde 200	Valleverde	3:06.01	26,00
	PEREZ SANTANA, Aranzazu 66	56.17 CRESPO GARCIA, Alvaro 67	0.00	43.25
	GUEDES ALONSO, Francisco Yere 80 0.00	43.01 JIMENEZ JIMENEZ, Leticia 77	0.00	43.58
5.	Vulcania 200	Vulcania	3:11.84	24,00
	LLOYD, Heather Rowenne 71	52.25 TORNERO GOMEZ, Tomas 79	0.00	
	NUDDS, Angela Louise 71 0.00	ALONSO ALONSO, Luis Alberto 61	0.00	43.44

NP	Cn.Salinas 200	Cn.Salinas	-
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Prueba 24, Mixto, 4 x 50m Estilos

+240

1. Vulcania 240		Vulcania	<b>2:28.88</b>	38,00
ARANDA GALLEG0, Jose Juan 75	29.38	VALLEJO ARROYO, Juan Carlos 63		29.11
SEGARRA PEÑARROYA, Rosa 49	52.97	LAIS, Cinzia 59		37.42
2. TFMasters 240		TFMasters	<b>2:55.68</b>	32,00
BAEZ CEJAS, Maria Mercedes 60	52.05	TORRES MARZO, Jose Luis 57		
FERNANDEZ HERNANDEZ, Alonso 60	39.49	MEDINA IBAÑEZ, Ana 68		
3. Cn.Salinas 240		Cn.Salinas	<b>4:17.58</b>	28,00
GALBAN BENITEZ, Teresa Ana 52	1:26.34	CABRERA BARBUZANO, Fernando 48		
FRANCO QUINTANA, Pedro 64		MARRERO CASERES, Sonia Rosa 61		

Baja Metropole 240 Metropole -

+280

Baja Metropole 280 Metropole -

4 - 3ª jornada, 1ª sesión

17/12/2023

Prueba 25  
17/12/2023

Fem., 200m Libre

20 años y mayores  
Resultados

Clasificación	AN	Tiempo
20+		
1. MARTIN MELIAN, Raquel 99	Vulcania	<b>2:22.42</b> 19,00
50m: 33.34 33.34 100m: 1:08.88 35.54 150m: 1:45.55 36.67 200m: 2:22.42 36.87		
2. ESPINEL ALEMÁN, Nerea 03	Playuki	<b>3:00.43</b> 16,00
50m: 39.75 39.75 100m: 1:25.37 45.62 150m: 2:14.00 48.63 200m: 3:00.43 46.43		
25+		
1. PERERA SUAREZ, Ylenia 96	LasPalmas	<b>3:10.25</b> 19,00
50m: 44.54 44.54 100m: 1:32.70 48.16 150m: 2:21.95 49.25 200m: 3:10.25 48.30		
2. SANTANA DENIZ, Sonia Del Carmen 97	Cn.Salinas	<b>3:18.50</b> 16,00
50m: 46.72 46.72 100m: 1:37.29 50.57 150m: 2:29.81 52.52 200m: 3:18.50 48.69		
30+		
1. SANTAELLA TERUEL, Marta 91	TFMasters	<b>2:45.58</b> 19,00
50m: 39.39 39.39 100m: 1:22.34 42.95 150m: 2:05.68 43.34 200m: 2:45.58 39.90		
2. VELASCO PEREZ, Adriana 93	LasPalmas	<b>2:50.25</b> 16,00
50m: 39.12 39.12 100m: 1:22.64 43.52 150m: 2:06.99 44.35 200m: 2:50.25 43.26		
3. MARTINEZ GARCIA, Laura 89	San Blas	<b>2:50.51</b> -
50m: 37.00 37.00 100m: 1:19.93 42.93 150m: 2:05.16 45.23 200m: 2:50.51 45.35		
4. HERNANDEZ HERNANDEZ, Elena 89	Jerez	<b>3:38.56</b> -
50m: 47.90 47.90 100m: 1:44.52 56.62 150m: 2:44.35 59.83 200m: 3:38.56 54.21		

Prueba 25, Fem., 200m Libre, 30+

Clasificación	AN				Tiempo			
5. BAEZ PULIDO, Laura	92	LasPalmas			<b>3:46.26</b>	14,00		
50m: 51.01 51.01	100m: 1:49.21	58.20	150m: 2:48.26	59.05	200m: 3:46.26	58.00		
6. QUISHPE ALMEIDA, Josselin Kassandri	93	Vulcania			<b>3:54.39</b>	13,00		
50m: 51.76 51.76	100m: 1:49.72	57.96	150m: 2:51.51	1:01.79	200m: 3:54.39	1:02.88		
35+								
Baja MENDOZA MARTIN, Maria Jose	87	Valleverde				-		
Baja ALONSO MILLAN, Lourdes Del Carmen	85	Cn.Salinas				-		
40+								
1. GARCIA ALARCOS, Sara	80	Vulcania			<b>2:45.15</b>	19,00		
50m: 37.45 37.45	100m: 1:18.74	41.29	150m: 2:02.00	43.26	200m: 2:45.15	43.15		
50+								
1. NEGRIN FIGUEROA, Elena	70	TFMasters			<b>2:52.66</b>	19,00		
50m: 36.99 36.99	100m: 1:20.56	43.57	150m: 2:06.69	46.13	200m: 2:52.66	45.97		
2. BENAVENTE VELASCO, Sandra	73	Teimar			<b>3:17.39</b>	16,00		
50m: 45.41 45.41	100m: 1:35.14	49.73	150m: 2:29.72	54.58	200m: 3:17.39	47.67		
3. SANTANA GUERRA, Maria Dolores	69	Valleverde			<b>5:11.35</b>	14,00		
50m: 1:10.02 1:10.02	100m: 2:29.48	1:19.46	150m: 3:51.58	1:22.10	200m: 5:11.35	1:19.77		
55+								
1. CARAMES PEREZ, Carmen Dolores	68	Faynagua			<b>3:10.61</b>	19,00		
50m: 42.94 42.94	100m: 1:30.34	47.40	150m: 2:20.97	50.63	200m: 3:10.61	49.64		
2. MORENO ALOY, Rosa Ana	65	TFMasters			<b>3:13.14</b>	16,00		
50m: 43.63 43.63	100m: 1:32.61	48.98	150m: 2:23.75	51.14	200m: 3:13.14	49.39		
3. MONTERO SÁNCHEZ, Elsa Mª	65	Valleverde			<b>5:38.55</b>	14,00		
50m: 1:13.98 1:13.98	100m: 2:44.13	1:30.15	150m: 4:14.99	1:30.86	200m: 5:38.55	1:23.56		
60+								
1. CASTRO SANTANA, María José	63	A.D. S.C.			<b>3:00.48</b>	19,00		
50m: 42.35 42.35	100m: 1:28.91	46.56	150m: 2:15.24	46.33	200m: 3:00.48	45.24		
2. GONZALEZ LOPEZ, Mª Del Carmen	63	LasPalmas			<b>3:48.45</b>	16,00		
50m: 50.91 50.91	100m: 1:50.15	59.24	150m: 2:51.68	1:01.53	200m: 3:48.45	56.77		
3. MARRERO CASERES, Sonia Rosa	61	Cn.Salinas			<b>5:10.11</b>	14,00		
50m: 1:06.58 1:06.58	100m: 2:24.87	1:18.29	150m: 3:49.15	1:24.28	200m: 5:10.11	1:20.96		
70+								
1. GALBAN BENITEZ, Teresa Ana	52	Cn.Salinas			<b>4:51.21</b>	19,00		
50m: 1:04.24 1:04.24	100m: 2:17.69	1:13.45	150m: 3:34.61	1:16.92	200m: 4:51.21	1:16.60		

Prueba 26  
17/12/2023

Masc., 200m Libre

20 años y mayores  
Resultados

Clasificación	AN										Tiempo	
20+												
1.	RAMIREZ MORALES, Sergio C.				03	Faynagua					<b>2:03.61</b>	19,00
	50m:	28.93	28.93	100m:	59.63	30.70	150m:	1:31.35	31.72	200m:	2:03.61	32.26
2.	CABRERA WINTER, Álvaro				01	Metropole					<b>2:09.58</b>	16,00
	50m:	29.15	29.15	100m:	1:01.04	31.89	150m:	1:34.92	33.88	200m:	2:09.58	34.66
25+												
1.	SUAREZ GARCIA, Adrian				96	LasPalmas					<b>2:21.56</b>	19,00
	50m:	32.78	32.78	100m:	1:08.50	35.72	150m:	1:44.92	36.42	200m:	2:21.56	36.64
2.	GARCIA CURBELO, Carlos				95	Faynagua					<b>2:27.50</b>	16,00
	50m:	33.74	33.74	100m:	1:10.13	36.39	150m:	1:47.99	37.86	200m:	2:27.50	39.51
3.	MURESAN, Paul Antonio				96	Jerez					<b>3:07.67</b>	-
	50m:	41.32	41.32	100m:	1:28.29	46.97	150m:	2:19.73	51.44	200m:	3:07.67	47.94
30+												
1.	SOLIS CRUZ, Alejandro				91	LasPalmas					<b>2:03.78</b>	19,00
	50m:	29.48	29.48	100m:	1:00.76	31.28	150m:	1:32.51	31.75	200m:	2:03.78	31.27
2.	RAMIREZ O'SHANAHAN, Guillermo				93	Metropole					<b>2:05.54</b>	16,00
	50m:	28.07	28.07	100m:	59.14	31.07	150m:	1:31.86	32.72	200m:	2:05.54	33.68
3.	LOPEZ MENTADO, Marco A.				91	Metropole					<b>2:21.60</b>	14,00
	50m:	31.66	31.66	100m:	1:07.27	35.61	150m:	1:44.46	37.19	200m:	2:21.60	37.14
4.	SANTANA ALMEIDA, Sergio				91	Aguacan					<b>2:37.91</b>	13,00
	50m:	34.66	34.66	100m:	1:13.68	39.02	150m:	1:55.18	41.50	200m:	2:37.91	42.73
5.	LOPEZ DEL PINO, Miguel				89	Faynagua					<b>2:43.55</b>	12,00
	50m:	39.12	39.12	100m:	1:20.02	40.90	150m:	2:02.00	41.98	200m:	2:43.55	41.55
6.	ARENCIBIA HERNANDEZ, Pedro				91	Metropole					<b>2:50.77</b>	11,00
	50m:	37.67	37.67	100m:	1:21.32	43.65	150m:	2:07.17	45.85	200m:	2:50.77	43.60
7.	DIAZ VERA, Ivor Jose				93	Cn.Salinas					<b>4:28.72</b>	10,00
	50m:	59.42	59.42	100m:	2:09.18	1:09.76	150m:	3:21.47	1:12.29	200m:	4:28.72	1:07.25
Baja	SANTANA LOPEZ, Yosias				89	LasPalmas						-
35+												
1.	GARCIA JIMENEZ, Wilian				85	Swim&Train					<b>2:16.69</b>	19,00
	50m:	30.92	30.92	100m:	1:04.12	33.20	150m:	1:39.39	35.27	200m:	2:16.69	37.30
2.	NAVARRO PEREZ, Josymar				86	Valleverde					<b>3:08.80</b>	16,00
	50m:	42.78	42.78	100m:	1:29.63	46.85	150m:	2:20.05	50.42	200m:	3:08.80	48.75
Baja	RODRIGUEZ PEREZ, Angel				84	Teimar						

Prueba 26, Masc., 200m Libre

40+

1.	SANTANA SARMIENTO, Miguel	83	Faynagua						<b>2:06.79</b>	19,00
	50m: 30.98 30.98	100m: 1:03.06	32.08 150m: 1:35.44	32.38	200m: 2:06.79	31.35				
2.	GONZALEZ RODRÍGUEZ, Bernardo	80	Swim&Train						<b>2:17.09</b>	16,00
	50m: 34.83 34.83	100m: 1:09.15	34.32 200m: 2:17.09	1:07.94						
3.	GONZALEZ DIAZ, Yeray	83	Cn.Salinas						<b>2:20.61</b>	14,00
	50m: 32.78 32.78	100m: 1:09.05	36.27 150m: 1:44.61	35.56	200m: 2:20.61	36.00				
4.	NAVARRO FARIAS, Santiago	81	Faynagua						<b>2:29.93</b>	13,00
	50m: 34.69 34.69	100m: 1:12.14	37.45 150m: 1:50.95	38.81	200m: 2:29.93	38.98				
5.	GOMEZ GOMEZ DE CADIÑANOS, Alberto	80	Cn.Salinas						<b>2:40.40</b>	12,00
	50m: 35.55 35.55	100m: 1:14.61	39.06 150m: 1:57.07	42.46	200m: 2:40.40	43.33				
6.	MONZÓN VAN DER LOO, Guillermo	82	Aguacan						<b>3:03.89</b>	11,00
	50m: 40.24 40.24	100m: 1:25.68	45.44 150m: 2:15.02	49.34	200m: 3:03.89	48.87				
Baja	SUAREZ VEGA, Ariel	79	Playuki							-

45+

1.	SÁNCHEZ JIMÉNEZ, Sergio	76	Cn.Salinas						<b>2:23.22</b>	19,00
	50m: 33.80 33.80	100m: 1:11.18	37.38 150m: 1:48.21	37.03	200m: 2:23.22	35.01				
2.	MARTINEZ SANTOS, Ricardo Jose	76	LasPalmas						<b>2:30.38</b>	16,00
	50m: 33.65 33.65	100m: 1:10.59	36.94 150m: 1:49.91	39.32	200m: 2:30.38	40.47				
3.	TERAN GUTIERREZ, Pablo	74	Teimar						<b>2:34.44</b>	14,00
	50m: 35.45 35.45	100m: 1:14.81	39.36 150m: 1:56.08	41.27	200m: 2:34.44	38.36				
4.	CURBELO PAZ, Himar	78	Metropole						<b>2:46.95</b>	13,00
	50m: 36.00 36.00	100m: 1:17.95	41.95 150m: 2:02.77	44.82	200m: 2:46.95	44.18				
5.	PAPPALARDO, luca	76	Cristianos						<b>2:55.21</b>	12,00
	50m: 37.99 37.99	100m: 1:20.89	42.90 150m: 2:08.41	47.52	200m: 2:55.21	46.80				

50+

1.	MARTINEZ IBORT, David	71	LasPalmas						<b>2:48.58</b>	19,00
	50m: 36.75 36.75	100m: 1:18.86	42.11 150m: 2:04.37	45.51	200m: 2:48.58	44.21				
2.	NUEZ SÁNCHEZ, Carlos Luis	69	Aguacan						<b>2:50.91</b>	16,00
	50m: 37.59 37.59	100m: 1:19.92	42.33 150m: 2:05.26	45.34	200m: 2:50.91	45.65				
3.	FARÍAS OROPESA, Juan Jesús	70	Faynagua						<b>2:57.70</b>	14,00
	50m: 36.53 36.53	100m: 1:18.99	42.46 150m: 2:07.22	48.23	200m: 2:57.70	50.48				
4.	PEREZ ARAÑA, Juan Manuel	72	Cn.Salinas						<b>3:18.37</b>	13,00
	50m: 46.32 46.32	100m: 1:34.33	48.01 150m: 2:27.37	53.04	200m: 3:18.37	51.00				
5.	PEREZ BARRAGAN, Victor Hugo	71	Vulcania						<b>3:44.22</b>	12,00
	50m: 49.86 49.86	100m: 1:45.92	56.06 150m: 2:45.88	59.96	200m: 3:44.22	58.34				

55+

1.	LUZARDO RODRIGUEZ, Gustavo Adolf	66	Metropole						<b>2:42.40</b>	19,00
	50m: 36.36 36.36	100m: 1:16.72	40.36 150m: 1:59.52	42.80	200m: 2:42.40	42.88				

Prueba 26, Masc., 200m Libre, 55+

Clasificación	AN	Tiempo
2. RODRIGUEZ SANTANA, Jose Jesus	65 Cn.Salinas	<b>3:10.25</b> 16,00
50m: 42.28 42.28 100m: 1:28.59	46.31 150m: 2:22.37 53.78	200m: 3:10.25 47.88

Baja ARIAS FEBLES, Jose Manuel 64 Metropole -

60+

1. VALLEJO ARROYO, Juan Carlos	63 Vulcania	<b>2:19.57</b> 19,00
50m: 31.33 31.33 100m: 1:05.84	34.51 150m: 1:42.45 36.61	200m: 2:19.57 37.12
2. SALAS SABINA, Juan Manuel	63 TFMasters	<b>2:49.61</b> 16,00
50m: 38.87 38.87 100m: 1:22.28	43.41 150m: 2:06.57 44.29	200m: 2:49.61 43.04
3. CABRERA GONZALEZ, Marcos	60 TFMasters	<b>2:53.55</b> 14,00
50m: 42.94 42.94 100m: 1:26.35	43.41 150m: 2:10.65 44.30	200m: 2:53.55 42.90
4. ALONSO ALONSO, Luis Alberto	61 Vulcania	<b>3:09.49</b> 13,00
50m: 44.53 44.53 100m: 1:32.20	47.67 150m: 2:21.72 49.52	200m: 3:09.49 47.77

65+

1. TORRES MARZO, Jose Luis	57 TFMasters	<b>2:42.96</b> 19,00
50m: 38.44 38.44 100m: 1:20.44	42.00 150m: 2:03.59 43.15	200m: 2:42.96 39.37
2. LUNA GIL, Antonio	55 TFMasters	<b>2:50.42</b> 16,00
50m: 39.18 39.18 100m: 1:22.81	43.63 150m: 2:07.28 44.47	200m: 2:50.42 43.14
3. MORENO PÉREZ, José Andrés	58 TFMasters	<b>3:12.46</b> 14,00
50m: 45.17 45.17 100m: 1:35.06	49.89 150m: 2:25.84 50.78	200m: 3:12.46 46.62

70+

1. ELGUE GRANDI, Juan Carlos	52 Aguacan	<b>2:38.38</b> 19,00 R. MASTE
50m: 36.80 36.80 100m: 1:16.69	39.89 150m: 1:58.06 41.37	200m: 2:38.38 40.32

Prueba 27  
17/12/2023

Fem., 100m Mariposa

20 años y mayores  
Resultados

Clasificación	AN	Tiempo
20+		
1. DIAZ RODRIGUEZ, Grisela	02 Faynagua	<b>1:12.23</b> 19,00
50m: 33.66 33.66 100m: 1:12.23	38.57	
35+		
Baja BLANCO BETANCOR, Cristina	86 Cn.Salinas	-
40+		
1. GARCIA ALLO, Maria Victoria	79 Teimar	<b>1:47.74</b> 19,00
50m: 46.50 46.50 100m: 1:47.74	1:01.24	

Prueba 27, Fem., 100m Mariposa

50+

1.	VALLE MUÑOZ, Maria Almudena	72	4K	<b>1:29.18</b>	-
	50m: 40.10 40.10 100m: 1:29.18 49.08				
2.	GLAUBITZ, Susanne	70	Nonadamos	<b>1:53.44</b>	19,00
	50m: 52.87 52.87 100m: 1:53.44 1:00.57				
3.	MARTIN CEDRES, Lidia Esther	69	Vulcania	<b>2:15.90</b>	16,00
	50m: 1:01.28 1:01.28 100m: 2:15.90 1:14.62				
4.	RUIZ GARCIA, Olga	73	Valleverde	<b>2:36.88</b>	14,00
	50m: 1:15.28 1:15.28 100m: 2:36.88 1:21.60				

Prueba 28  
17/12/2023

Masc., 100m Mariposa

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+

1.	CABALLERO PEÑATE, Ángel José	01	Jescagua	<b>1:28.09</b>	19,00
	50m: 40.02 40.02 100m: 1:28.09 48.07				

Baja	CERPA CABALLERO, Jonay Salvador	99	Aguacan		-
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25+

1.	RUIZ SEIJO, Brais	98	Vulcania	<b>1:01.53</b>	19,00
	50m: 28.78 28.78 100m: 1:01.53 32.75				

Baja	LOPEZ GARCIA, Andreas	98	Cn.Salinas		-
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30+

1.	BAENAS NAVARRO, Pedro Angel	89	TFMasters	<b>1:04.21</b>	19,00
	50m: 29.99 29.99 100m: 1:04.21 34.22				

2.	GARCIA DE LA HOZ, Adrian Cipriano	93	Nonadamos	<b>1:46.67</b>	16,00
	50m: 49.96 49.96 100m: 1:46.67 56.71				

35+

1.	ALONSO ALADRO, Juan	86	TFMasters	<b>1:03.91</b>	19,00
	50m: 29.24 29.24 100m: 1:03.91 34.67				

2.	ORTEGA MONTERO, Jorge	84	Valleverde	<b>2:19.42</b>	16,00
	50m: 59.61 59.61 100m: 2:19.42 1:19.81				

40+

1.	CAPELLA DE LAS HERAS, Daniel	80	Metropole	<b>1:05.28</b>	19,00
	50m: 30.03 30.03 100m: 1:05.28 35.25				

2.	ARENCIBIA DE LA CRUZ, Alejandro	81	Aguacan	<b>1:26.53</b>	16,00
	50m: 39.15 39.15 100m: 1:26.53 47.38				

Prueba 28, Masc., 100m Mariposa, 40+

Clasificación	AN	Tiempo
3. GUEDES ALONSO, Francisco Yeray	80 Valleverde	<b>1:29.96</b> 14,00
50m: 41.23 41.23 100m: 1:29.96	48.73	
NP NIETO ARIAS, Oscar	81 Cn.Salinas	-

45+

1. RODRIGUEZ REYES, Miguel A	77 LasPalmas	<b>1:13.37</b> 19,00
50m: 34.33 34.33 100m: 1:13.37	39.04	

50+

1. GUTIERREZ ASCANIO, Ciro	70 Metropole	<b>1:07.63</b> 19,00
50m: 31.92 31.92 100m: 1:07.63	35.71	
2. NAVARRO AREITIO, Jose Maria	72 Metropole	<b>1:19.19</b> 16,00
50m: 36.25 36.25 100m: 1:19.19	42.94	

55+

1. NUÑEZ NODA, Bernardo	65 TFMasters	<b>1:06.59</b> 19,00
50m: 31.17 31.17 100m: 1:06.59	35.42	
2. CRESPO GARCIA, Alvaro	67 Valleverde	<b>1:44.82</b> 16,00
50m: 46.49 46.49 100m: 1:44.82	58.33	

75+

1. BREMON PEREZ, Carlos	47 TFMasters	<b>1:57.02</b> 19,00
50m: 53.26 53.26 100m: 1:57.02	1:03.76	

Prueba 29  
17/12/2023

Fem., 50m Espalda

20 años y mayores  
Resultados

Clasificación	AN	Tiempo
20+		
1. GIL MUÑOZ, Esmeralda	99 Nonadamos	<b>38.84</b> 19,00
Baja HERNÁNDEZ CASTRILLO, Yessica	00 Aguacan	-
25+		
1. SANTANA REYES, Raquel	97 Faynagua	<b>40.04</b> 19,00
2. SANTANA DENIZ, Sonia Del Carmen	97 Cn.Salinas	<b>53.18</b> 16,00
30+		
1. SANTAELLA TERUEL, Marta	91 TFMasters	<b>37.67</b> 19,00
2. SANTANA ALMEIDA, Ester	92 Aguacan	<b>39.41</b> 16,00
3. SANCHEZ SANTANA, Belmira	92 Metropole	<b>46.03</b> 14,00
4. BAEZ PULIDO, Laura	92 LasPalmas	<b>59.69</b> 13,00

Prueba 29, Fem., 50m Espalda

40+

1. ARANTZAMENDI LLULL, Jamila	81	TFMasters	<b>37.13</b>	19,00
Baja RAMIREZ DEL PINO, Daida	83	Faynagua		-

45+

1. CAMPOS ABDULAH, Maria del Carmen	78	Solventia	<b>59.55</b>	19,00
2. MARTÍN HERNÁNDEZ, Cecilia	77	Solventia	<b>1:00.82</b>	16,00
3. SEIJO PEREIRA, Patricia	74	Metropole	<b>1:00.98</b>	14,00
4. RAMIREZ RAMOS, Cecilia	77	Jescagua	<b>1:29.86</b>	13,00

50+

1. RAMIREZ PERDOMO, M <sup>a</sup> Begoña	73	Nonadamos	<b>41.72</b>	19,00
2. LLOYD, Heather Rowenne	71	Vulcania	<b>51.13</b>	16,00
3. DE LEÓN FDEZ.-OLIVA, María Adela	71	TFMasters	<b>1:03.45</b>	14,00
4. SANTANA GUERRA, Maria Dolores	69	Valleverde	<b>1:18.16</b>	13,00

55+

1. SARACENI, Paola Maria	65	Vulcania	<b>54.28</b>	19,00
2. MONTERO SÁNCHEZ, Elsa M <sup>a</sup>	65	Valleverde	<b>1:29.82</b>	16,00

60+

1. LAIS, Cinzia	59	Vulcania	<b>42.65</b>	19,00
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70+

1. SEGARRA PEÑARROYA, Rosa	49	Vulcania	<b>48.94</b>	19,00
Baja GONZÁLEZ MARTEL, Andrea	51	Jescagua		-

Prueba 30  
17/12/2023

Masc., 50m Espalda

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

25+

1. SANTANA LOPEZ, Yoel	96	LasPalmas	<b>31.42</b>	19,00
2. FALCON LORENZO, Javier	94	Faynagua	<b>32.89</b>	16,00

30+

Baja WATSON, Tom Mark	91	Vulcania		-
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35+

1. QUESADA PEREZ, Lorenzo	86	Teimar	<b>37.89</b>	19,00
2. PEREZ LIRIA, Ancor	84	Cn.Salinas	<b>40.32</b>	16,00
3. SANTANA GUTIERREZ, Francisco Jose	88	Nonadamos	<b>56.15</b>	14,00
4. NAVARRO PEREZ, Josymar	86	Valleverde	<b>57.08</b>	13,00



Prueba 30, Masc., 50m Espalda, 35+

Clasificación	AN	Tiempo
DSQ ORTEGA MONTERO, Jorge <i>DNI - Desc Nado Irregular</i>	84 Valleverde	-
40+		
1. VAZQUEZ IGLESIAS, Jorge	81 Vulcania	<b>32.68</b> 19,00
2. GONZALEZ DIAZ, Yeray	83 Cn.Salinas	<b>33.58</b> 16,00
3. BONILLA AVILA, Zebensui	81 TFMasters	<b>33.68</b> 14,00
Baja IZQUIERDO MAYOR, Andres	81 Jescagua	-
45+		
1. AGUILAR MERINO, Roberto	77 4K	<b>32.93</b> -
2. GARCÍA OJEDA, Justo Manuel	78 Jescagua	<b>48.18</b> 19,00
50+		
1. LOPEZ ALVARADO, Javier	71 Metropole	<b>34.08</b> 19,00
DSQ ALAMO MARTINEZ, Fernando <i>DVI - Desc Viraje Irregular</i>	69 Playuki	-
DSQ SANTANA CABALLERO, José <i>DND - Desc no realiar toda la distancia</i>	69 Faynagua	-
55+		
1. JIMENEZ DE LA GUARDIA, Miguel A	65 Playuki	<b>42.34</b> 19,00
60+		
1. BINI, Bruno	60 Vulcania	<b>39.53</b> 19,00
2. DIAZ DIAZ, Celso Julio	59 Teimar	<b>47.77</b> 16,00
65+		
1. BARRIOS BORGES, Jose Ramon	54 TFMasters	<b>41.91</b> 19,00
70+		
1. CASTRILLÓN GARCÍA-DELGADO, Jos49uis	49 TFMasters	<b>1:02.10</b> 19,00
75+		
1. LESTIDEAU, Jean Claude	46 TFMasters	<b>39.37</b> 19,00
DSQ TAPIA REYES, Alvaro <i>DCC - Desc Cambio de calle</i>	46 TFMasters	-

Prueba 31  
17/12/2023

400m Estilos

20 años y mayores  
Resultados

Clasificación

AN

Tiempo

20+, Masc.

1. MENESES MEDERO, Alejandro 99 A.D. S.C. **6:13.34** 19,00  
50m: 38.45 38.45 150m: 2:10.71 45.80 250m: 3:52.17 56.58 350m: 5:32.43 43.64  
100m: 1:24.91 46.46 200m: 2:55.59 44.88 300m: 4:48.79 56.62 400m: 6:13.34 40.91

30+, Masc.

1. CEBALLOS SANCHEZ, Martin 91 Vulcania **5:11.60** 19,00  
50m: 33.92 33.92 150m: 1:51.96 40.25 250m: 3:16.63 44.79 350m: 4:37.41 36.07  
100m: 1:11.71 37.79 200m: 2:31.84 39.88 300m: 4:01.34 44.71 400m: 5:11.60 34.19

35+, Masc.

1. GARCIA FIERRO, Victor Manuel 88 Metropole **5:40.57** 19,00  
50m: 34.54 34.54 150m: 2:02.42 45.63 250m: 3:34.53 45.38 350m: 5:02.23 40.43  
100m: 1:16.79 42.25 200m: 2:49.15 46.73 300m: 4:21.80 47.27 400m: 5:40.57 38.34

Baja HENRIQUEZ HERNANDEZ, Rafael 87 Aguacan -

40+, Masc.

1. GONZALEZ DIAZ, Yeray 83 Cn.Salinas **5:51.17** 19,00  
50m: 35.48 35.48 150m: 2:01.68 45.01 250m: 3:36.50 51.25 350m: 5:09.05 41.36  
100m: 1:16.67 41.19 200m: 2:45.25 43.57 300m: 4:27.69 51.19 400m: 5:51.17 42.12

45+, Masc.

1. REINO ASCANIO, Abian 77 Metropole **5:12.01** 19,00  
50m: 33.20 33.20 150m: 1:53.54 41.90 250m: 3:19.25 45.87 350m: 4:40.09 35.31  
100m: 1:11.64 38.44 200m: 2:33.38 39.84 300m: 4:04.78 45.53 400m: 5:12.01 31.92

50+, Masc.

1. BILBAO SIEYRO, German 73 Teimar **6:51.89** 19,00  
50m: 43.96 43.96 150m: 2:31.18 53.49 250m: 4:24.49 1:01.39 350m: 6:10.01 45.81  
100m: 1:37.69 53.73 200m: 3:23.10 51.92 300m: 5:24.20 59.71 400m: 6:51.89 41.88

2. GIL HENRIQUEZ, Jorge Juan 72 LasPalmas **7:27.98** 16,00  
50m: 46.72 46.72 150m: 2:42.62 59.92 250m: 4:53.85 1:12.88 350m: 6:47.28 42.22  
100m: 1:42.70 55.98 200m: 3:40.97 58.35 300m: 6:05.06 1:11.21 400m: 7:27.98 40.70

3. RODRIGUEZ SANTANA, Ernesto 70 Valleverde **8:08.58** 14,00  
50m: 54.37 54.37 150m: 3:01.49 1:05.29 250m: 5:16.42 1:12.15 350m: 7:20.46 52.77  
100m: 1:56.20 1:01.83 200m: 4:04.27 1:02.78 300m: 6:27.69 1:11.27 400m: 8:08.58 48.12

55+, Masc.

1. MARTINEZ LLISO, Claudio 66 Metropole **7:40.39** 19,00  
50m: 51.33 51.33 150m: 3:00.70 1:08.48 250m: 5:12.47 1:06.14 350m: 7:00.01 43.49  
100m: 1:52.22 1:00.89 200m: 4:06.33 1:05.63 300m: 6:16.52 1:04.05 400m: 7:40.39 40.38

Baja VIÑUELA LLANOS, Antonio 68 TFMasters -

Prueba 32  
17/12/2023

Fem., 50m Libre

20 años y mayores  
Resultados

Clasificación	AN		Tiempo
<b>20+</b>			
1. DIAZ RODRIGUEZ, Grisela	02	Faynagua	<b>30.32</b> 19,00
2. GONZALEZ BORGES, Maria	01	Nonadamos	<b>34.34</b> 16,00
3. SANTANA ALLES, Yurena	02	Teimar	<b>37.59</b> 14,00
Baja JIMENEZ QUINTANA, Esther	01	Playuki	-
<b>25+</b>			
1. PULIDO MAYOR, Sheila	98	Faynagua	<b>28.80</b> 19,00
2. MEDINA SANTANA, Beatriz	95	Playuki	<b>32.08</b> 16,00
3. SANTANA REYES, Raquel	97	Faynagua	<b>32.59</b> 14,00
4. RAMOS SANTANA, Laura María	98	Nonadamos	<b>33.66</b> 13,00
5. FRIAS ALVAREZ, Ariadna	95	Metropole	<b>33.95</b> 12,00
6. GONZALEZ BORGES, Davina	97	Nonadamos	<b>36.73</b> 11,00
7. PICOS HERNÁNDEZ, Laura	97	Nonadamos	<b>37.04</b> 10,00
8. SALAS NAVARRO, Marta	95	Faynagua	<b>40.88</b> 9,00
9. GONZALEZ RAMOS, Raquel	95	Playuki	<b>44.61</b> 8,00
10. DONIS HERRERA, Amanda	94	Teimar	<b>46.28</b> 7,00
<b>30+</b>			
1. GARCIA CERVANTES, Laura	89	Nonadamos	<b>30.79</b> 19,00
2. BARRERO BERNAL, Laura	90	Nonadamos	<b>37.29</b> 16,00
3. AVEDANO DIAZ, Pamela	92	Nonadamos	<b>40.40</b> 14,00
4. FEIJOO CASAGAYA, veronica	90	Teimar	<b>48.52</b> 13,00
5. QUISHPE ALMEIDA, Josselin Kassand	93	Vulcania	<b>51.20</b> 12,00
<b>35+</b>			
1. DÍAZ MAYORDOMO PECHARROMÁN,	86	Nonadamos	<b>41.86</b> 19,00
2. POMAR SARASA, Almudena	85	Nonadamos	<b>46.51</b> 16,00
Baja MARTINEZ CERVANTES, Caridad	86	Teimar	-
<b>40+</b>			
1. ARANTZAMENDI LLULL, Jamila	81	TFMasters	<b>32.33</b> 19,00
2. GARCIA DENIZ, Zaida	83	LasPalmas	<b>32.99</b> 16,00
3. RUIZ JIMENEZ, Ana Belen	82	Vulcania	<b>40.61</b> 14,00
Baja RAMIREZ DEL PINO, Daida	83	Faynagua	-
Baja LAZZARATO, Giorgia	81	Cn.Salinas	-
<b>45+</b>			
1. CABRERA RUIZ, Luz Marina	75	Vulcania	<b>36.50</b> 19,00
2. IZQUIERDO RODRIGUEZ, Cristina	74	TFMasters	<b>36.88</b> 16,00
3. ASENSIO PEREZ, Mª Jose	74	Cristianos	<b>37.83</b> 14,00
4. CABRERA RIVERA, Elena	76	Nonadamos	<b>41.06</b> 13,00
5. MARTÍN HERNÁNDEZ, Cecilia	77	Solventia	<b>48.83</b> 12,00

Prueba 32, Fem., 50m Libre, 45+

Clasificación	AN		Tiempo
6. CAMPOS ABDULAH, Maria del Carmen	78	Solventia	<b>50.16</b> 11,00
7. SEIJO PEREIRA, Patricia	74	Metropole	<b>51.36</b> 10,00
8. RAMIREZ RAMOS, Cecilia	77	Jescagua	<b>58.94</b> 9,00

50+

1. WINKLER, Nicole	71	Vulcania	<b>34.28</b> 19,00
2. GONZALEZ ALBUJAR, Maria Rosa	70	Metropole	<b>35.41</b> 16,00
3. BENAVENTE VELASCO, Sandra	73	Teimar	<b>37.60</b> 14,00
4. RAMIREZ PERDOMO, Fatima	70	Nonadamos	<b>40.55</b> 13,00
5. DE LEÓN FDEZ.-OLIVA, María Adela	71	TFMasters	<b>47.85</b> 12,00
6. SANTANA GUERRA, Maria Dolores	69	Valleverde	<b>1:05.67</b> 11,00

55+

1. MORENO ALOY, Rosa Ana	65	TFMasters	<b>37.87</b> 19,00
2. MONTERO SÁNCHEZ, Elsa Mª	65	Valleverde	<b>1:06.48</b> 16,00

60+

1. LARRODE GARCIA, Pilar	59	TFMasters	<b>50.27</b> 19,00
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70+

Baja GONZÁLEZ MARTEL, Andrea	51	Jescagua	-
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Prueba 33  
17/12/2023

Masc., 50m Libre

20 años y mayores  
Resultados

Clasificación	AN		Tiempo
20+			
1. RIPPA, Francisco	00	TFMasters	<b>25.36</b> 19,00
2. LEON TRUJILLO, Ernesto	01	Cn.Salinas	<b>26.27</b> 16,00
3. SANTANA REYES, Carmelo	03	Faynagua	<b>26.52</b> 14,00
4. MEDINA DEL MORAL, Ignacio	00	LasPalmas	<b>26.69</b> 13,00
5. RODRIGUEZ MORALES, Agoney	99	Cristianos	<b>27.27</b> 12,00
NP RODRIGUEZ RIVERO, Alejandro	99	Swim&Train	-

25+

1. DELGADO MELIAN, Carlos Javier	95	Cristianos	<b>27.19</b> 19,00
2. GARCIA CURBELO, Carlos	95	Faynagua	<b>30.26</b> 16,00
3. MACHIN VILCHES, Alexandre Gines	98	Vulcania	<b>32.03</b> 14,00
4. ACEITUNO MARTÍNEZ, Manuel Jesús	98	Nonadamos	<b>33.40</b> 13,00
5. MURESAN, Paul Antonio	96	Jerez	<b>39.21</b> -
NP DIAZ CARMONA, Nestor	96	Solventia	-

Prueba 33, Masc., 50m Libre

30+

1.	RAMIREZ O'SHANAHAM, Leopoldo	91	Metropole	<b>24.98</b>	19,00
2.	SOLIS CRUZ, Alejandro	91	LasPalmas	<b>25.56</b>	16,00
3.	BAENAS NAVARRO, Pedro Angel	89	TFMasters	<b>26.21</b>	14,00
4.	LOPEZ MENTADO, Marco A.	91	Metropole	<b>29.58</b>	13,00
5.	ARENCIBIA HERNANDEZ, Pedro	91	Metropole	<b>30.71</b>	12,00
6.	CAMPOS CUTILLAS, Eulogio Omar	93	Faynagua	<b>31.44</b>	11,00
7.	CHISVERT MATEU, Isidro	90	Vulcania	<b>31.91</b>	10,00
8.	DÍAZ JIMENEZ, Enrique	91	Swim&Train	<b>32.57</b>	9,00
9.	FERNANDEZ PELAEZ, Unai	89	Teimar	<b>32.86</b>	8,00
Baja	SANTANA LOPEZ, Yosias	89	LasPalmas		-
Baja	ALEMAN AMADOR, Santiago	89	Faynagua		-

35+

1.	ALONSO ALADRO, Juan	86	TFMasters	<b>25.98</b>	19,00
2.	MEZZANZANICA, Fabio	85	Cristianos	<b>27.94</b>	16,00
3.	BARRO, Mario	86	Jerez	<b>28.76</b>	-
4.	JOVER CASTRO, Javier Alejandro	87	A.D. S.C.	<b>28.79</b>	14,00
5.	GARCIA JIMENEZ, Wilian	85	Swim&Train	<b>28.88</b>	13,00
6.	SANTANA GUTIERREZ, Francisco Jose	88	Nonadamos	<b>39.30</b>	12,00
7.	ORTEGA MONTERO, Jorge	84	Valleverde	<b>44.76</b>	11,00
Baja	RODRIGUEZ PEREZ, Angel	84	Teimar		-

40+

1.	ROJANO BROZ, Javier	79	Metropole	<b>26.92</b>	19,00
2.	ROJO ORTEGA, Daniel	80	LasPalmas	<b>27.23</b>	16,00
3.	BAS MARTINEZ, Francisco Javier	82	Jerez	<b>27.52</b>	-
4.	BONILLA AVILA, Zebensui	81	TFMasters	<b>28.88</b>	14,00
5.	CABRERA PESTANA, Alejandro	80	LasPalmas	<b>29.29</b>	13,00
6.	TORNERO GOMEZ, Tomas	79	Vulcania	<b>30.88</b>	12,00
7.	MONZÓN VAN DER LOO, Guillermo	82	Aguacan	<b>33.66</b>	11,00
8.	JIMENEZ LOPEZ, Angel	82	San Blas	<b>34.02</b>	-
NP	RUIZ PEREZ, Fernando	81	A.D. S.C.		-
Baja	IZQUIERDO MAYOR, Andres	81	Jescagua		-

45+

1.	GARCIA BORJA, Raul	78	Swimfaster	<b>24.79</b>	-
2.	SÁNCHEZ JIMÉNEZ, Sergio	76	Cn.Salinas	<b>29.12</b>	19,00
3.	PAPPALARDO, luca	76	Cristianos	<b>33.65</b>	16,00
4.	GARCÍA OJEDA, Justo Manuel	78	Jescagua	<b>35.67</b>	14,00

Prueba 33, Masc., 50m Libre

50+

1.	GUTIERREZ ASCANIO, Ciro	70	Metropole	<b>26.87</b>	19,00
2.	LOPEZ ALVARADO, Javier	71	Metropole	<b>27.34</b>	16,00
3.	MARTEL TOLEDO, Luis	71	TFMasters	<b>30.15</b>	14,00
4.	NAVARRO AREITIO, Jose Maria	72	Metropole	<b>31.02</b>	13,00
5.	FARÍAS OROPESA, Juan Jesús	70	Faynagua	<b>31.87</b>	12,00
6.	CURBELO FAIRLEY, Miguel	72	Teimar	<b>32.13</b>	11,00
7.	SANTANA CABALLERO, José	69	Faynagua	<b>33.61</b>	10,00
8.	GARCIA DIAZ, Cayetano	71	Nonadamos	<b>36.64</b>	9,00
NP	GOMEZ PRIETO, David Carlos	73	LasPalmas		-
Baja	MELIAN VILLALOBOS, Jose	73	LasPalmas		-
Baja	ALZOLA MEDINA, Victor	69	Faynagua		-

55+

1.	MAESO VERGARA, Miguel Benito	67	TFMasters	<b>31.09</b>	19,00
2.	AMOZA IRIGOYEN, Andres	67	Vulcania	<b>32.55</b>	16,00
3.	GUTIÉRREZ ROMERO, Ricardo	64	Faynagua	<b>34.83</b>	14,00
Baja	RAMIREZ MARRERO, Javier	67	LasPalmas		-

60+

1.	CEJUDO DELGADO, Angel	63	Vulcania	<b>31.35</b>	19,00
2.	SALAS SABINA, Juan Manuel	63	TFMasters	<b>33.66</b>	16,00

65+

1.	WINTER ALTHAUS, Gabriel	57	Metropole	<b>30.38</b>	19,00
2.	TORRES MARZO, Jose Luis	57	TFMasters	<b>32.30</b>	16,00
3.	YURRITA DOMINGUEZ, Miguel Angel	57	Vulcania	<b>33.37</b>	14,00
4.	TAVIO VENTURA, José Marcial	58	Teimar	<b>43.47</b>	13,00

70+

1.	ELGUE GRANDI, Juan Carlos	52	Aguacan	<b>33.47</b>	19,00
2.	CASTRILLÓN GARCÍA-DELGADO, José Luis	49	TFMasters	<b>41.47</b>	16,00

75+

1.	CABRERA BARBUZANO, Fernando	48	Cn.Salinas	<b>37.36</b>	19,00
2.	TAPIA REYES, Alvaro	46	TFMasters	<b>42.44</b>	16,00
3.	METZ, Michael Gustav	48	TFMasters	<b>44.89</b>	14,00

80+

1.	BOSSERT SCHWARZE, Ingolf	40	TFMasters	<b>46.94</b>	19,00
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Prueba 34  
17/12/2023

Mixto, 4 x 200m Libre

AG 80 - 399  
Resultados

Clasificación

Tiempo

+80 (PRE MASTER)

Baja Faynagua 80

Faynagua

-

+100

Baja Faynagua 100

Faynagua

-

+120

Baja Faynagua 120

Faynagua

-

+160

Baja Valleverde 160

Valleverde

-

+200

Baja Valleverde 200

Valleverde

-

+240

1. Vulcania 240

Vulcania

**10:30.55**

- R. MASTE

VALLEJO ARROYO, Juan Carlos

63

31.78

34.90

35.93

35.41

2:18.02

SEGARRA PEÑARROYA, Rosa

49

0.00

43.60

45.87

46.63

46.98

3:03.08

LAIS, Cinzia

59

0.00

40.46

46.03

48.67

47.81

3:02.97

ARANDA GALLEGO, Jose Juan

75

0.00

29.28

32.60

32.39

32.21

2:06.48

Prueba 35  
17/12/2023

Fem., 4 x 200m Libre

AG 80 - 399  
Resultados

Clasificación

Tiempo

Prueba 36  
17/12/2023

Masc., 4 x 200m Libre

AG 80 - 399  
Resultados

Clasificación

Tiempo

+120

1. Jerez 120

Jerez

**9:37.94**

-

BARRO, Mario

86

33.83

36.87

40.36

42.11

2:33.17

BAS MARTINEZ, Francisco Javier

82

32.01

35.95

37.72

36.21

2:21.89

DE ARMAS PAGADOR, Javier

85

33.82

38.15

39.83

39.27

2:31.07

AYALA MAESTRE, Alejandro

97

29.81

32.49

34.30

35.21

2:11.81

Baja Faynagua 120

Faynagua

-

Prueba 36, Masc., 4 x 200m Libre

+200

Baja Faynagua 200

Faynagua

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